# Incompatible Sets of Gradients and Metastability 

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Communicated by D. Kinderlehrer


#### Abstract

We give a mathematical analysis of a concept of metastability induced by incompatibility. The physical setting is a single parent phase, just about to undergo transformation to a product phase of lower energy density. Under certain conditions of incompatibility of the energy wells of this energy density, we show that the parent phase is metastable in a strong sense, namely it is a local minimizer of the free energy in an $L^{1}$ neighbourhood of its deformation. The reason behind this result is that, due to the incompatibility of the energy wells, a small nucleus of the product phase is necessarily accompanied by a stressed transition layer whose energetic cost exceeds the energy lowering capacity of the nucleus. We define and characterize incompatible sets of matrices, in terms of which the transition layer estimate at the heart of the proof of metastability is expressed. Finally we discuss connections with experiments and place this concept of metastability in the wider context of recent theoretical and experimental research on metastability and hysteresis.


## 1. Introduction

Materials that undergo first order phase transformations without diffusion typically exhibit hysteresis loops, that is, loops in a plot of a measured property vs. temperature as the temperature is cycled back and forth through the transformation temperature. It is the rule rather than the exception that the area within these loops does not tend to zero as the temperature is cycled more and more slowly. Thus, while there is an issue of the time-scale of such experiments, hysteresis is apparently not entirely due to viscosity or other thermally activated mechanisms. An alternative explanation is metastability, as quantified by the presence of local minimizers in a continuum level elastic energy. This paper is a mathematical analysis of this possibility appropriate to cases in which the two phases are geometrically incompatible in a certain precise sense.

To illustrate our analysis in a simple case, let $\Omega \subset \mathbb{R}^{n}$ be a bounded domain with sufficiently smooth boundary $\partial \Omega$, and consider the energy functional

$$
\begin{equation*}
I(y)=\int_{\Omega} W(D y(x)) \mathrm{d} x \tag{1.1}
\end{equation*}
$$

defined for mappings $y: \Omega \rightarrow \mathbb{R}^{m}$, where $D y(x)=\left(\frac{\partial y_{i}}{\partial x_{\alpha}}(x)\right)$ denotes the gradient of $y$, so that $D y(x)$ belongs to the set $M^{m \times n}$ of real $m \times n$ matrices for each $x$. Suppose that $W: M^{m \times n} \rightarrow \mathbb{R}$ is a continuous function satisfying $W(A) \geqq$ $C\left(1+|A|^{p}\right)$ for constants $C>0, p>1$, and having exactly two local minimizers at matrices $A_{1}, A_{2}$ with $W\left(A_{1}\right)>W\left(A_{2}\right)$. Thus, imposing no boundary conditions on $\partial \Omega$, the global minimizers of $I$ are given by affine mappings $y_{\min }(x)=a_{2}+$ $A_{2} x, a_{2} \in \mathbb{R}^{m}$, having constant gradient $A_{2}$. Under suitable structural conditions on $W$, we prove that if $A_{1}, A_{2}$ are incompatible in the sense that rank $\left(A_{1}-A_{2}\right)>1$, and if $W\left(A_{1}\right)-W\left(A_{2}\right)$ is sufficiently small, then $y^{*}(x)=a_{1}+A_{1} x, a_{1} \in \mathbb{R}^{m}$, is a local minimizer of $I$ in $L^{1}$, that is there exists $\sigma>0$ such that $I(y) \geqq I\left(y^{*}\right)$ if $\left\|y-y^{*}\right\|_{1}<\sigma$.

Notice that if $\left\|y-y^{*}\right\|_{1}<\sigma$ then it can happen that $D y(x)$ belongs to a small neighbourhood of $A_{2}$ on a set $E \subset \Omega$ of positive measure, so that $W(D y(x))<$ $W\left(A_{1}\right)$ for $x \in E$. The basic idea underlying the analysis is that, if a nucleus $E$ of the product phase of arbitrary form is introduced in this way so as to lower the energy, then, due to the incompatibility between the two phases, this nucleus is necessarily accompanied by a transition layer that interpolates between the nucleus and the parent phase $A_{1}$. This transition layer costs more energy than the lowering of energy due to the presence of the new phase. The analysis is delicate because the energy (1.1) contains no contribution from interfacial energy that would dominate at small scales. Thus, for example, scaling down of the nucleus and transition layer using geometric similarity preserves the ratio of transition layer and nucleus energies.

The above result is a special case of the considerably more general metastability theorem (Theorem 21) proved in this paper, in which the parent and product phases are represented by disjoint compact sets of matrices $K_{1}$ and $K_{2}$ respectively. Since the multiwell elastic energies we consider can exhibit nonattainment of the minimum of $I$, we formulate the problem more generally in terms of gradient Young measures, so that the metastability theorem applies to microstructures. We assume that $K_{1}, K_{2}$ are incompatible in the sense that if an $L^{\infty}$ gradient Young measure $v=\left(v_{x}\right)_{x \in \Omega}$ is such that supp $v_{x} \subset K_{1} \cup K_{2}$ for almost every $x \in \Omega$, then either $\operatorname{supp} v_{x} \subset K_{1}$ for almost every $x \in \Omega$, or supp $v_{x} \subset K_{2}$ for almost every $x \in \Omega$. We can then estimate the energy of a transition layer that must be present if a gradient Young measure has nontrivial support near both $K_{1}$ and $K_{2}$. The delicate case is when the support of the gradient Young measure near either $K_{1}$ or $K_{2}$ is vanishingly small; to handle this, we find a way of moving and rescaling suitable convex subsets of $\Omega$ so as to get half of the support of the gradient Young measure in the subset near $K_{1}$, and half near $K_{2}$, which enables us to use a version of the Vitali covering lemma to obtain the desired estimate. This method of varying the volume fractions of a gradient Young measure has other applications and will be developed in a forthcoming paper [13]. Using the estimate for the energy of the
transition layer, we show that a gradient Young measure supported on $K_{1}$ is a local minimizer with respect to the $L^{1}$ norm of the difference between the underlying deformations, for energy densities that have a well at $K_{1}$ and a slightly lower well at $K_{2}$.

The shape of the domain $\Omega$ matters for our analysis. It is possible to defeat metastability as discussed here using the "rooms and passages" domain of Fraenkel [39], which consists of a bounded domain formed from an infinite sequence of rooms of vanishingly small diameters, each connected to the two adjacent rooms by passages of even smaller diameter. For such a domain the parent phase is not an $L^{1}$ local minimizer, because one can reduce the energy through deformations that are arbitrarily close in $L^{1}$, whose gradients lie entirely in the parent phase except for a nucleus of the product phase occupying a single room, together with transition layers in the two adjacent passages. To quantify the effect of domain shape on metastability we introduce a concept of a domain connected with respect to rigid-body motions of a convex set $C$ (see Section 2), for which the method outlined in the previous paragraph can be applied, the constants in the transition layer estimate depending on $C$. This shape dependence is expected to have physical implications regarding the size of the hysteresis, for example in more conventional domains with sharply outward pointing corners. This phenomenon is therefore different from the well-known lowering of hysteresis that occurs in magnetism due to sharp inward pointing corners, and which is one explanation of the coercivity paradox.

In applications, $K_{2}$ usually grows with a parameter, either stress or temperature (Section 6). As discussed by CHU and the authors [11], one can derive upper bounds to the size of the hysteresis by considering test functions. The easiest upper bound is found when the stress, say, reaches a point where $K_{2}$ has grown sufficiently that there are matrices $A \in K_{1}$ and $B \in K_{2}$ such that rank $(B-A)=1$. This upper bound is directly related to the Schmid Law [66], though the conventional reasoning behind this law is completely different than the one offered here (see Section 6.1). In fact, for the problem of variant rearrangement discussed in [11] and Section 6.1 there is a more complicated test function that implies a loss of metastability earlier than the simple rank-one connection between $A$ and $B$ [11]. Curiously, these more complicated test functions require $\partial \Omega$ to have a sharp corner. A more careful analysis of Forclaz [38] seems to suggest that this is necessary.

Our differential constraint implying compatibility conditions is curl $F=0$, where $F$ is a gradient. Our framework applies to other constraints in the theory of compensated compactness, except possibly that, in the case of compact sets $K_{1}$ and $K_{2}$, we use Zhang's lemma (see [82] and Lemma 1) to show that the definition of incompatibility is independent of the Sobolev exponent $p$. The interesting question of what are the incompatible sets for other important differential constraints seems not to have been explicitly investigated.

The first metastability result of the type given here is due to Kohn and SternBERG [51] who used $\Gamma$-convergence to prove under quasiconvexity assumptions the existence of local minimizers for (1.1) with gradient near $A_{1}$ (see also [50] for an improved version, in particular showing that $y^{*}$ is a local minimizer). Our work is also related to the important results of Grabovsky and Mengesha [40]. They
prove, under assumptions of quasiconvexity, quasiconvexity at the boundary, and nonegativity of the second variation, all imposed locally at the gradients of a $C^{1}$ solution of the Euler-Lagrange equations, that this solution is an $L^{\infty}$-local minimizer. Our approach differs from theirs in that we assume a multiwell structure of the energy, but make much weaker assumptions on the eventual local minimizer, which in our case is allowed to be a gradient Young measure. The idea behind the concept of metastability that we discuss here was first introduced without proof by Chu and the authors in [11,15].

The plan of the paper is as follows. In Section 2 we give some necessary technical background and preliminary results concerning gradient Young measures, quasiconvexity and quasiconvexifications, and define and discuss $C$-connected domains. In Section 3 we define incompatible sets, and characterize them in terms of quasiconvexity, analyzing various examples. The fundamental transition layer estimate is proved in Section 4, and applied to prove metastability in Section 5. Finally, in Section 6, we give various applications of the metastability theorem. The first application is to the experiments of Chu and James on variant rearrangement in CuAlNi single crystals under biaxial dead loads, which originally motivated this paper. Then we discuss purely dilatational phase transformations, and the interesting case of Terephthalic acid. Finally, in Section 7, we give a perspective on metastability and hysteresis, discussing in particular other concepts of metastability $[23,32,42,48,49,86,87]$ that have recently appeared in the literature, as well as experiments that show a dramatic dependence of the size of the hysteresis on conditions of compatibility [28,67,80,86]. These observations answer some questions and raise others.

## 2. Technical Preliminaries

### 2.1. Gradient Young Measures and Quasiconvexity

Let $m \geqq 1, n \geqq 1$. We denote by $M^{m \times n}$ the set of real $m \times n$ matrices, and by $S O(n)$ the rotation group of matrices $R \in M^{n \times n}$ with $R^{T} R=\mathbf{1}$, $\operatorname{det} R=1$. Lebesgue measure in $\mathbb{R}^{n}$ is denoted by $\mathcal{L}^{n}$. Let $\Omega \subset \mathbb{R}^{n}$ be a bounded domain. Fix $p$ with $1 \leqq p \leqq \infty$. We consider $\mathbb{R}^{m}$-valued distributions $y$ in $\Omega$ whose gradients $D y$ belong to $L^{p}\left(\Omega ; M^{m \times n}\right)$. Without further hypotheses on $\Omega$ such distributions need not in general belong to $W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$, but it is proved in MAZ'YA [55, p. 21] that they do so if $\Omega$ satisfies the cone condition with respect to a fixed cone $C^{*}=\left\{x \in \mathbb{R}^{n}:|x| \leqq \rho, x \cdot e_{1} \geqq|x| \cos \alpha\right\}$, where $\rho>0,0<\alpha<\frac{\pi}{2}$; that is, any point $x \in \Omega$ is the vertex of a cone congruent to $C^{*}$ and contained in $\Omega$, so that $x+Q C^{*} \subset \Omega$ for some $Q \in S O(n)$.

Given a sequence $y^{(j)}$ such that $D y^{(j)}$ is weakly convergent in $L^{p}\left(\Omega ; M^{m \times n}\right)$ (weak* if $p=\infty$ ) there exist (see, for example, [8]) a subsequence $y^{(\mu)}$ and a family of probability measures $\left(v_{x}\right)_{x \in \Omega}$ on $M^{m \times n}$, depending measurably on $x \in \Omega$, such that for any continuous function $f: M^{m \times n} \rightarrow \mathbb{R}$ and measurable $G \subset \Omega$

$$
f\left(D y^{(\mu)}\right) \rightharpoonup\left\langle v_{x}, f\right\rangle \text { in } L^{1}(G)
$$

whenever this weak limit exists. We call the family $v=\left(v_{x}\right)_{x \in \Omega}$ the $L^{p}$ gradient Young measure generated by the sequence $D y^{(\mu)}$ (alternative names in common
use are $W^{1, p}$ gradient Young measure, or $p$-gradient Young measure). If $v_{x}=v$ is independent of $x$ we say that the gradient Young measure is homogeneous. If $1<p \leqq \infty$ then the weak relative compactness condition is equivalent to boundedness of $D y^{(j)}$ in $L^{p}\left(\Omega ; M^{m \times n}\right)$, whereas if $p=1$ it is equivalent to equiintegrability of $D y^{(j)}$. If $K \subset M^{m \times n}$ is closed and $D y^{(\mu)} \rightarrow K$ in measure, that is

$$
\lim _{j \rightarrow \infty} \mathcal{L}^{n}\left(\left\{x \in \Omega: \operatorname{dist}\left(D y^{(\mu)}(x), K\right)>\varepsilon\right\}\right)=0 \text { for all } \varepsilon>0
$$

then supp $v_{x} \subset K$ for almost everywhere $x \in \Omega$.
Definition 1. A function $\varphi: M^{m \times n} \rightarrow \mathbb{R}$ is quasiconvex if

$$
\begin{equation*}
f_{G} \varphi(A+D \theta(x)) \mathrm{d} x \geqq \varphi(A) \tag{2.1}
\end{equation*}
$$

for any bounded open set $G \subset \mathbb{R}^{n}$, all $A \in M^{m \times n}$ and any $\theta \in W_{0}^{1, \infty}\left(G ; \mathbb{R}^{m}\right)$, whenever the integral on the left-hand side exists.

As is well known (see, for example, [29, p. 172]) this definition does not depend on $G$. Also any quasiconvex function $\varphi: M^{m \times n} \rightarrow \mathbb{R}$ is rank-one convex and thus continuous (see [60, Lemma 4.3]).

We recall the characterization of $L^{p}$ gradient Young measures in terms of quasiconvexity due to Kinderlehrer and Pedregal. In the following statement we combine together various of their results.

Theorem 1. (Kinderlehrer and Pedregal $[43,44])$ Let $1 \leqq p \leqq \infty$. A family $v=$ $\left(v_{x}\right)_{x \in \Omega}$ of probability measures on $M^{m \times n}$, depending measurably on $x$, is an $L^{p}$ gradient Young measure if and only if
(i) $\bar{v}_{x}:=\int_{M^{m \times n}} A \mathrm{~d} v_{x}(A)=D y(x)$ for almost everywhere $x \in \Omega$ and some $\mathbb{R}^{m}$-valued distribution $y$ with $D y \in L^{p}\left(\Omega ; M^{m \times n}\right)$
(ii) for any quasiconvex $\varphi: M^{m \times n} \rightarrow \mathbb{R}$ satisfying $|\varphi(A)| \leqq C\left(1+|A|^{p}\right)$ for all $A \in M^{m \times n}$, where $C>0$ is constant, (no growth condition required if $p=\infty$ ) we have

$$
\left\langle v_{x}, \varphi\right\rangle:=\int_{M^{m \times n}} \varphi(A) \mathrm{d} v_{x}(A) \geqq \varphi\left(\bar{v}_{x}\right) \text { for almost everywhere } x \in \Omega
$$

(iii) if $1 \leqq p<\infty$ then $\int_{\Omega} \int_{M^{m \times n}}|A|^{p} \mathrm{~d} v_{x}(A) \mathrm{d} x<\infty$; if $p=\infty$ then supp $v_{x} \subset$ $G$ for some compact $G \subset M^{m \times n}$.
Furthermore, if $1 \leqq p<\infty$ any $L^{p}$ gradient Young measure $\left(v_{x}\right)_{x \in \Omega}$ is generated by some sequence of gradients $D z^{(j)}$ (possibly different from the generating sequence $D y^{(j)}$ in the definition) such that $\left|D z^{(j)}\right|^{p}$ converges weakly in $L^{1}(\Omega)$ to some $g \in L^{1}(\Omega)$.

Remark 1. In [44] no assumption is stated concerning the bounded domain $\Omega$, but the proof uses the Sobolev embedding theorem for $\Omega$ and thus implicitly makes some assumption. However, the proof can be easily modified, in Lemma 5.1, by writing $\Omega$ as a disjoint union of scaled copies of a cube, rather than of scaled copies of $\Omega$. For an alternative approach to $L^{p}$ gradient Young measures see Sychev [72].

We will make frequent use of the following version of Zhang's lemma that is a consequence of MüLLER [59, Corollary 3]. The original version is due to Zhang [82, Lemma 3.1].

Lemma 1. Let $K \subset M^{m \times n}$ be compact, and suppose $v=\left(v_{x}\right)_{x \in \Omega}$ is an $L^{1}$ gradient Young measure with supp $v_{x} \subset K$ for almost every $x \in \Omega$. Then $v$ is an $L^{\infty}$ gradient Young measure; that is, it can be generated by a sequence $z^{(j)}$ whose gradients $D z^{(j)}$ are bounded in $L^{\infty}\left(\Omega ; M^{m \times n}\right)$.

### 2.2. Quasiconvex Functions Taking the Value $+\infty$

Some care needs to be taken when defining quasiconvexity for functions which take the value $+\infty$. For example, as pointed out in [19, Example 3.5], the function $\varphi$ defined by $\varphi(0)=\varphi(a \otimes b)=0, \varphi(A)=+\infty$ otherwise, where $a \in \mathbb{R}^{m}, b \in \mathbb{R}^{n}$ are nonzero vectors, satisfies (2.1) for any bounded open set $G \subset \mathbb{R}^{n}$, all $A \in M^{m \times n}$ and any $\theta \in W_{0}^{1, \infty}\left(G ; \mathbb{R}^{m}\right)$, even though $\varphi$ is not rank-one convex and $I(y)=$ $\int_{\Omega} \varphi(D y) \mathrm{d} x$ is not sequentially weak* lower semicontinuous in $W^{1, \infty}\left(\Omega ; \mathbb{R}^{m}\right)$. See [10, p. 9] for further discussion, and another example related to Example 6. In this paper we will define quasiconvexity for functions which take the value $+\infty$ differently from in [19], as follows.

Definition 2. A function $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{\infty\}$ is quasiconvex if there exists a nondecreasing sequence $\varphi^{(j)}: M^{m \times n} \rightarrow \mathbb{R}$ of continuous quasiconvex functions with

$$
\varphi(A)=\lim _{j \rightarrow \infty} \varphi^{(j)}(A) \text { for all } A \in M^{m \times n}
$$

Remark 2. Note that any quasiconvex $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{\infty\}$ is lower semicontinuous because it is the supremum of continuous functions.

Remark 3. Suppose $\varphi: M^{m \times n} \rightarrow \mathbb{R}$ is quasiconvex according to the above definition. Let $G$ be a bounded domain, $A \in M^{m \times n}, \theta \in W_{0}^{1, \infty}\left(G ; \mathbb{R}^{m}\right)$. Then for each $j$ we have

$$
f_{G} \varphi(A+D \theta(x)) \mathrm{d} x \geqq f_{G} \varphi^{(j)}(A+D \theta(x)) \mathrm{d} x \geqq \varphi^{(j)}(A)
$$

the left-hand integral being well defined by Remark 2, so that passing to the limit $j \rightarrow \infty$ we deduce that (2.1) holds. Thus $\varphi$ is quasiconvex in the sense of Definition 1 .

Let $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{\infty\}$ be quasiconvex. Let $\left(v_{x}\right)_{x \in \Omega}$ be an $L^{\infty}$ gradient Young measure corresponding to a sequence $y^{(k)}$ with $D y^{(k)} \stackrel{*}{\longrightarrow} D y$ in $L^{\infty}\left(\Omega ; \mathbb{R}^{m}\right)$. For each $j$ we have

$$
\int_{\Omega} \varphi^{(j)}\left(D y^{(k)}\right) \mathrm{d} x \leqq \int_{\Omega} \varphi\left(D y^{(k)}\right) \mathrm{d} x
$$

Since $\varphi^{(j)}$ is quasiconvex, letting $k \rightarrow \infty$ we obtain, using the lower semicontinuity of $\int_{\Omega} \varphi^{(j)}(D z) \mathrm{d} x$ with respect to weak* convergence in $W^{1, \infty}\left(\Omega ; \mathbb{R}^{m}\right)$ (see, for example, [29, p. 369]),

$$
\int_{\Omega} \varphi^{(j)}(D y) \mathrm{d} x \leqq \int_{\Omega}\left\langle v_{x}, \varphi^{(j)}\right\rangle \mathrm{d} x \leqq \liminf _{k \rightarrow \infty} \int_{\Omega} \varphi\left(D y^{(k)}\right) \mathrm{d} x
$$

(In order to apply the lower semicontinuity when we just have $D y^{(k)} \stackrel{*}{\rightharpoonup} D y$ in $L^{\infty}$, we can, for example, write $\Omega$ as a disjoint union of cubes. In each cube we can fix $y^{(k)}$ to be zero at the centre of the cube, from which weak* convergence in $W^{1, \infty}$ follows. Thus we have the desired lower semicontinuity on each cube, from which that on $\Omega$ follows.) Letting $j \rightarrow \infty$, noting that $\varphi^{(j)}(D y) \geqq \varphi^{(1)}(D y)$, and using monotone convergence, it follows that

$$
-\infty<\int_{\Omega} \varphi(D y) \mathrm{d} x \leqq \int_{\Omega}\left\langle v_{x}, \varphi\right\rangle \mathrm{d} x \leqq \liminf _{k \rightarrow \infty} \int_{\Omega} \varphi\left(D y^{(k)}\right) \mathrm{d} x
$$

Thus the functional

$$
I(y)=\int_{\Omega} \varphi(D y) \mathrm{d} x
$$

is sequentially lower semicontinuous with respect to weak* convergence of the gradient in $L^{\infty}$. Also, if $v_{x}=v$ is homogeneous then we obtain

$$
\varphi(\bar{v}) \leqq\langle\nu, \varphi\rangle
$$

Lemma 2. Assume that $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{+\infty\}$ is such that $\operatorname{dom} \varphi=\{A \in$ $\left.M^{m \times n}: \varphi(A)<\infty\right\}$ is bounded. Then $\varphi$ is quasiconvex if and only if $\varphi$ is lower semicontinuous and $\langle\mu, \varphi\rangle \geqq \varphi(\bar{\mu})$ for all homogeneous $L^{\infty}$ gradient Young measures $\mu$.

Proof. The necessity of the conditions has already been proved without the extra condition on $\varphi$. Conversely, suppose that $\varphi$ is lower semicontinuous and that $\langle\mu, \varphi\rangle \geqq \varphi(\bar{\mu})$ for all homogeneous gradient Young measures $\mu$. Since dom $\varphi$ is bounded and $\varphi$ lower semicontinuous, $\varphi$ is bounded below. Also, the lower semicontinuity implies (for example by [56, Theorem 3.8, p. 76]) that there is a nondecreasing sequence of continuous functions $\psi^{(j)}$ such that $\lim _{j \rightarrow \infty} \psi^{(j)}(A)=\varphi(A)$ for all $A \in M^{m \times n}$. Since dom $\varphi$ is bounded we may also assume that $\psi^{(j)}(A) \geqq$ $C|A|^{p}-C_{1}$ for all $A \in M^{m \times n}$, where $C>0$ and $C_{1}$ are constants and $p>1$. Let $\varphi^{(j)}=\left(\psi^{(j)}\right)^{\text {qc }}$ be the quasiconvexification of $\psi^{(j)}$, that is the supremum of all continuous real-valued quasiconvex functions less than or equal to $\psi^{(j)}$. Then $\varphi^{(j)}$ is continuous and quasiconvex [29, p. 271], and it suffices to show that $\lim _{j \rightarrow \infty} \varphi^{(j)}(A)=\varphi(A)$ for all $A$. Suppose this is not the case, that there exists $A \in M^{m \times n}$ with $\varphi^{(j)}(A) \leqq M<\infty$, where $M<\varphi(A)$. By the characterization [29, p. 271] of quasiconvexifications,

$$
\varphi^{(j)}(A)=\inf _{\theta \in W_{0}^{1, \infty}\left(Q ; \mathbb{R}^{m}\right)} f_{Q} \psi^{(j)}(A+D \theta) \mathrm{d} x
$$

where $Q=(0,1)^{n}$. Hence there exist $\varepsilon>0$ and a sequence $\theta^{(j)} \in W_{0}^{1, \infty}\left(Q ; \mathbb{R}^{m}\right)$ such that

$$
f_{Q} \psi^{(j)}\left(A+D \theta^{(j)}\right) \mathrm{d} x \leqq M+\varepsilon<\varphi(A) .
$$

Thus for any $j \geqq k$ we have

$$
f_{Q} \tilde{\psi}^{(k)}\left(A+D \theta^{(j)}\right) \mathrm{d} x \leqq f_{Q} \psi^{(k)}\left(A+D \theta^{(j)}\right) \mathrm{d} x \leqq M+\varepsilon,
$$

where $\tilde{\psi}^{(k)}=\min \left(k, \psi^{(k)}\right)$. From the growth condition on $\psi^{(j)}$, a subsequence (not relabelled) of $A+D \theta^{(j)}$ generates an $L^{p}$ gradient Young measure $\left(v_{x}\right)_{x \in \Omega}$. Passing to the limit $j \rightarrow \infty$, noting that $\tilde{\psi}^{(k)}$ is bounded, we deduce that

$$
f_{Q}\left\langle v_{x}, \tilde{\psi}^{(k)}\right\rangle \mathrm{d} x \leqq M+\varepsilon,
$$

and then letting $k \rightarrow \infty$ we obtain by monotone convergence that

$$
f_{Q}\left\langle v_{x}, \varphi\right\rangle \mathrm{d} x \leqq M+\varepsilon
$$

But then $\langle\mu, \varphi\rangle \leqq M+\varepsilon$, where $\mu=f_{Q} v_{x} \mathrm{~d} x$, which by [44, Theorem 3.1] is a homogeneous $L^{p}$ gradient Young measure with centre of mass $\bar{\mu}=A$. Since $\varphi(A)=\infty$ for $A \notin \operatorname{dom} \varphi$ we deduce that supp $\mu \subset \overline{\operatorname{dom} \varphi}$. Since $\overline{\operatorname{dom} \varphi}$ is compact, it follows from Lemma 1 that $\mu$ is an $L^{\infty}$ gradient Young measure. Hence by our assumption we have that $\varphi(A) \leqq M+\varepsilon<\varphi(A)$, a contradiction.

Remark 4. Lemma 2 is a $p=\infty$ version of a result of Kristensen [52], who showed using a similar argument that if $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{+\infty\}$ satisfies the growth condition

$$
\begin{equation*}
\varphi(A) \geqq C|A|^{p}-C_{1} \text { for all } A \in M^{m \times n}, \tag{2.2}
\end{equation*}
$$

for some $C>0, C_{1}, p>1$, then $\varphi$ is the supremum of a nondecreasing sequence of continuous quasiconvex functions $\varphi^{(j)}: M^{m \times n} \rightarrow \mathbb{R}$ satisfying $M \leqq \varphi^{(j)}(A) \leqq$ $\alpha_{j}|A|^{p}+\beta_{j}$ for constants $\alpha_{j}>0, \beta_{j}, M$ (so that in particular $\varphi$ is quasiconvex according to Definition 2) if and only if $\varphi$ is lower semicontinuous and

$$
\begin{equation*}
\langle\mu, \varphi\rangle \geqq \varphi(\bar{\mu}) \tag{2.3}
\end{equation*}
$$

for any homogeneous $L^{p}$ gradient Young measure $\mu$ (that is, $\varphi$ is closed $W^{1, p}$ quasiconvex in the sense of Pedregal [63]).

Note, however, that (2.3) is not in general a necessary condition for such $\varphi$ to be quasiconvex, as can be seen by taking $\varphi$ to be a finite quasiconvex function satisfying (2.2) that is not $W^{1, p}$ quasiconvex (see [19] with, for example, $m=n=3, p=2$ ).

Remark 5. The same proof shows that if $\varphi: M^{m \times n} \rightarrow \mathbb{R} \cup\{+\infty\}$ is a lower semicontinuous function with $\operatorname{dom} \varphi$ bounded, and if $A \in M^{m \times n}$, then there exists
a nondecreasing sequence of continuous quasiconvex functions $\varphi^{(j)}: M^{m \times n} \rightarrow \mathbb{R}$ with $\varphi^{(j)}(A) \rightarrow \varphi(A)$ if and only if $\varphi$

$$
\begin{equation*}
\langle\mu, \varphi\rangle \geqq \varphi(A) \tag{2.4}
\end{equation*}
$$

for all homogeneous gradient Young measures $\mu$ with $\bar{\mu}=A$.

### 2.3. Quasiconvexification of Sets

A closed set $G \subset M^{m \times n}$ is quasiconvex if $G=\varphi^{-1}(0)$ for some nonnegative finite quasiconvex function $\varphi$. Given $H \subset M^{m \times n}$ we can thus define the quasiconvexification $H^{\text {qc }}$ of $H$ by

$$
H^{\mathrm{qc}}=\bigcap\{G \supset H: G \text { quasiconvex }\} .
$$

We recall the following equivalent characterizations of $K^{\text {qc }}$ for compact $K \subset$ $M^{m \times n}$ :

Proposition 2. If $K \subset M^{m \times n}$ is compact then

$$
\begin{aligned}
K^{\mathrm{qc}} & =\{\bar{v}: v \text { a homogeneous gradient Young measure with supp } v \subset K\} \\
& =\left\{A \in M^{m \times n}: \varphi(A) \leqq \max _{B \in K} \varphi(B) \text { for all finite quasiconvex } \varphi\right\} \\
& =\left(\operatorname{dist}_{\mathrm{K}}^{\mathrm{qc}}\right)^{-1}(0),
\end{aligned}
$$

where dist $_{\mathrm{K}}$ is the distance function to the set $K$.
Proof. The equality of the three sets in the proposition is proved in [60, Theorem 4.10, p. 54]. Since $\left(\operatorname{dist}_{\mathrm{K}}^{\mathrm{qc}}\right)^{-1}(0)$ is quasiconvex and $\operatorname{dist}_{\mathrm{K}}^{\mathrm{qc}}(\mathrm{A})=0$ for all $A \in K$, we have that $K^{\mathrm{qc}} \subset\left(\operatorname{dist}_{\mathrm{K}}^{\mathrm{qc}}\right)^{-1}(0)$. But if $\varphi(A) \leqq \max _{B \in K} \varphi(B)$ for all finite quasiconvex $\varphi$ then $A$ belongs to any quasiconvex set $G \supset K$. Hence $K^{\mathrm{qc}} \subset\{A \in$ $M^{m \times n}: \varphi(A) \leqq \max _{B \in K} \varphi(B)$ for all finite quasiconvex $\left.\varphi\right\} \subset K^{\text {qc }}$, so that all three sets in the proposition equal $K^{\mathrm{qc}}$.

Theorem 3. Let $K_{1}, \ldots, K_{N}$ be compact subsets of $M^{m \times n}$ whose quasiconvexifications $K_{r}^{\mathrm{qc}}$ are disjoint. Let $v=\left(v_{x}\right)_{x \in \Omega}$ be an $L^{\infty}$ gradient Young measure such that supp $v_{x} \subset \bigcup_{r=1}^{N} K_{r}^{\text {qc }}$ for almost every $x \in \Omega$. Then there is an $L^{\infty}$ gradient Young measure $v^{*}=\left(v_{x}^{*}\right)_{x \in \Omega}$ such that supp $v_{x}^{*} \subset \bigcup_{r=1}^{N} K_{r}, \bar{v}_{x}^{*}=\bar{v}_{x}$ and $v_{x}^{*}\left(K_{r}\right)=v_{x}\left(K_{r}^{\mathrm{qc}}\right), r=1, \ldots, N$, for almost every $x \in \Omega$. If $v$ is homogeneous then $v^{*}$ can be chosen to be homogeneous.

In order to prove Theorem 3 we will need two technical lemmas. Let $\mathcal{P}\left(M^{m \times n}\right)$ denote the set of probability measures on $M^{m \times n}$. Given a compact set $K \subset M^{m \times n}$ we denote by GYM $(K)$ the set of homogeneous $\left(L^{\infty}\right)$ gradient Young measures $\mu$ with supp $\mu \subset K$.

Lemma 3. Let $K \subset M^{m \times n}$ be compact. For $A \in K^{\text {qc }}$ define

$$
F(A)=\{\mu \in \operatorname{GYM}(K): \bar{\mu}=A\}
$$

Then $F(A)$ is a nonempty, sequentially weak* closed subset of $\mathcal{P}\left(M^{m \times n}\right)$.

Proof. Let $\mu_{j} \in F(A)$ with $\mu_{j} \xrightarrow{*} \mu$ (that is, $\left\langle\mu_{j}, f\right\rangle \rightarrow\langle\mu, f\rangle$ for all $f \in$ $C_{0}\left(M^{m \times n}\right)$, where $C_{0}\left(M^{m \times n}\right)$ denotes the space of all continuous functions $f$ : $M^{m \times n} \rightarrow \mathbb{R}$ such that $\left.\lim _{|A| \rightarrow \infty} f(A)=0\right)$. If $\psi \in C_{0}\left(M^{m \times n}\right)$ with $\psi=0$ on $K$, then $\langle\mu, \psi\rangle=\lim _{j \rightarrow \infty}\left\langle\mu_{j}, \psi\right\rangle=0$, and so supp $\mu \subset K$. Then, choosing $f \in C_{0}\left(M^{m \times n}\right)$ with $f=1$ on $K$, and noting that $\left\langle\mu_{j}, f\right\rangle=1$, we have that $\langle\mu, f\rangle=\mu(K)=1$, and so $\mu \in \mathcal{P}\left(M^{m \times n}\right)$. Let $h \in C_{0}\left(M^{m \times n}\right)$ with $h(B)=B$ for all $B \in K$. Then $A=\bar{\mu}_{j}=\left\langle\mu_{j}, h\right\rangle$, so that $\lim _{j \rightarrow \infty}\left\langle\mu_{j}, h\right\rangle=\langle\mu, h\rangle=\bar{\mu}=$ $A$. If $g$ is finite and quasiconvex, we have by Theorem 1 that $\left\langle\mu_{j}, g\right\rangle \geqq g(A)$ for all $j$, so that passing to the limit (using supp $\mu_{j} \subset K$ ) we obtain $\langle\mu, g\rangle \geqq g(A)$, so that, again using Theorem 1, we have $\mu \in \operatorname{GYM}(K)$ as required.

Lemma 4. There is a Borel measurable map $A \mapsto \mu_{A}$ from $K^{\text {qc }}$ to the set $\mathcal{P}(K)$ of probability measures on $K$ endowed with the weak* topology, such that $\mu_{A} \in F(A)$ for all $A \in K^{\mathrm{qc}}$.

Proof. By Parthasarathy [62, Theorems 6.3, 6.4, $6.5 \mathrm{pp} .44-46] \mathcal{P}(K)$ endowed with the weak* topology is a Polish space, that is, separable and completely metrizable. We first claim that the multivalued map $F: K^{\mathrm{qc}} \rightarrow \mathcal{P}(K)$ is upper semicontinuous, that is, for every closed $G \subset \mathcal{P}(K)$ the set $\left\{A \in K^{q c}: F(A) \cap G \neq \emptyset\right\}$ is closed in $M^{m \times n}$. Indeed if $A_{j} \in K^{q c}$ with $\mu_{A_{j}} \in F\left(A_{j}\right) \cap G$ and $A_{j} \rightarrow A$ then we may assume that $\mu_{A_{j}} \xrightarrow{*} \mu$ (since $\mu_{A_{j}}$ is bounded in the dual space of $C_{0}\left(M^{m \times n}\right)$, namely the space of measures). By a similar argument to that of the proof of Lemma 3 we deduce that $\mu \in F(A) \cap G$ as required.

We now apply the measurable selection theorem of Kuratowski and RyllNardzewski [53], which in the statement by Wagner [75, Theorem 4.1] implies that a Borel measurable selection $\mu_{A} \in F(A)$ exists whenever $F(A)$ is closed for all $A \in K^{\mathrm{qc}}$ and $A \mapsto F(A)$ is weakly measurable. In our case weak measurability means that $\left\{A \in K^{q c}: F(A) \cap U \neq \emptyset\right\}$ is Borel measurable, and it is shown in [75, Theorem 4.2] that this is implied by upper semicontinuity, giving the required result since $F(A)$ is closed by Lemma 3.

Proof of Theorem 3. Let $\mathcal{K}=\cup_{r=1}^{N} K_{r}$. We apply Lemma 4 to each compact set $K_{r}$, and denote the corresponding Borel measurable selection $\mu_{A}^{r}$, so that for each $r=1, \ldots, N$ and $A \in K_{r}^{\text {qc }}$ we have $\mu_{A}^{r} \in \operatorname{GYM}\left(K_{r}\right)$ with $\bar{\mu}_{A}^{r}=A$. We then define the required gradient Young measure $v^{*}=\left(v_{x}^{*}\right)_{x \in \Omega}$ by the action of $v_{x}^{*}$ on functions $f \in C(\mathcal{K})$ through the formula

$$
\begin{equation*}
\left\langle v_{x}^{*}, f\right\rangle=\sum_{r=1}^{N}\left\langle v_{x},\left\langle\mu_{A}^{r}, f\right\rangle\right\rangle \tag{2.5}
\end{equation*}
$$

that is

$$
\begin{equation*}
\left\langle v_{x}^{*}, f\right\rangle=\sum_{r=1}^{N} \int_{K_{r}^{\mathrm{qc}}} \int_{K_{r}} f(B) \mathrm{d} \mu_{A}^{r}(B) \mathrm{d} v_{x}(A) . \tag{2.6}
\end{equation*}
$$

(Note that $\left\langle v_{x}^{*}, f\right\rangle$ is well defined because we can extend $f$ outside the compact set $\mathcal{K}$ to a function $f \in C_{0}\left(M^{m \times n}\right)$ and supp $\mu_{A}^{r} \subset K_{r}$.) Since $\left\langle v_{x}^{*}, f\right\rangle \geqq 0$ for $f \geqq 0, v_{x}^{*}$ is a positive measure. Choosing $f=1$ we see that $\int_{M^{m \times n}} \mathrm{~d} v_{x}(A)=$
$\int_{M^{m \times n}} \mathrm{~d} v_{x}^{*}(A)=1$, so that $v_{x}^{*} \in \mathcal{P}(\mathcal{K})$. Similarly, choosing $f(A)=A$ we deduce that $\bar{v}_{x}^{*}=\sum_{r=1}^{N} \int_{K_{r}^{\text {qc }}} A \mathrm{~d} v_{x}(A)=\bar{v}_{x}$. In particular $\bar{v}_{x}^{*}=D y(x)$ for some $D y \in$ $L^{\infty}\left(\Omega ; M^{m \times n}\right)$. If $\varphi$ is finite and quasiconvex, then

$$
\begin{aligned}
\left\langle v_{x}^{*}, \varphi\right\rangle & \geqq \sum_{r=1}^{N} \int_{K_{r}^{\mathrm{qc}}} \varphi\left(\bar{\mu}_{A}^{r}\right) \mathrm{d} v_{x}(A) \\
& =\sum_{r=1}^{N} \int_{K_{r}^{\mathrm{qc}}} \varphi(A) \mathrm{d} v_{x}(A) \\
& =\int_{M^{m \times n}} \varphi(A) \mathrm{d} v_{x}(A) \geqq \varphi\left(\bar{v}_{x}\right),
\end{aligned}
$$

where we have used the necessity of condition (ii) of Theorem 1 twice. By construction supp $v_{x}^{*} \subset \mathcal{K}$. Hence, by the sufficiency part of Theorem 1 , $v^{*}$ is an $L^{\infty}$ gradient Young measure, which is homogeneous if $v$ is homogeneous. Finally, choosing $f$ to be the characteristic function of $K_{s}$ we see that $v_{x}^{*}\left(K_{s}\right)=v_{x}\left(K_{s}^{\mathrm{qc}}\right)$ as required.

### 2.4. Domains Connected with Respect to Rigid Motion of a Convex Set

Let $n>1$. We recall that two subsets $G_{1}, G_{2}$ of $\mathbb{R}^{n}$ are directly congruent if

$$
\begin{equation*}
G_{1}=\xi+Q G_{2} \quad \text { for some } \xi \in \mathbb{R}^{n}, Q \in \mathrm{SO}(n) . \tag{2.7}
\end{equation*}
$$

Let $\Omega \subset \mathbb{R}^{n}$ be a bounded domain, and let $C \subset \mathbb{R}^{n}$ be bounded, open and convex. We suppose without loss of generality that $0 \in C$; this implies in particular that $\lambda C \subset C$ for any $\lambda \in[0,1]$.

We define the outer radius $R(C)$ by

$$
\begin{equation*}
R(C)=\inf \left\{\rho>0: B(a, \rho) \supset C \text { for some } a \in \mathbb{R}^{n}\right\} \tag{2.8}
\end{equation*}
$$

the inner radius $r(C)$ by

$$
\begin{equation*}
r(C)=\sup \left\{\rho>0: B(a, \rho) \subset C \text { for some } a \in \mathbb{R}^{n}\right\} \tag{2.9}
\end{equation*}
$$

and the eccentricity $E(C)$ by

$$
\begin{equation*}
E(C)=\sqrt{1-\frac{r(C)^{2}}{R(C)^{2}}} \tag{2.10}
\end{equation*}
$$

Note that there exists a unique minimal ball $B(a(C), R(C))$ containing $C$, but that there may be infinitely many maximal balls $B(b(C), r(C))$ contained in $C$.

Definition 3. $\Omega$ is $C$-filled if any $x \in \Omega$ belongs to a subset of $\Omega$ that is directly congruent to $C$.

Thus $\Omega$ is $C$-filled if and only if

$$
\begin{equation*}
\Omega=\bigcup\{G \subset \Omega: G \text { directly congruent to } C\} \tag{2.11}
\end{equation*}
$$

Definition 4. Let $C_{1}, C_{2}$ be subsets of $\Omega$ directly congruent to $C$. We say that $C_{1}, C_{2}$ are congruently connected, written $C_{1} \sim C_{2}$, if $C_{1}$ can be moved continuously to $C_{2}$ as a rigid body while remaining in $\Omega$, that is, there exist continuous maps $\xi:[0,1] \rightarrow \mathbb{R}^{n}, Q:[0,1] \rightarrow S O(n)$, such that $C_{1}=\xi(0)+Q(0) C, C_{2}=$ $\xi(1)+Q(1) C$ and $\xi(t)+Q(t) C \subset \Omega$ for all $t \in[0,1]$.

Clearly $\sim$ is an equivalence relation on the family $\mathcal{K}(C)$ of subsets of $\Omega$ that are directly congruent to $C$.

Definition 5. $\Omega$ is $C$-connected if there is an equivalence class of $\mathcal{K}(C)$ with respect to $\sim$ that covers $\Omega . \Omega$ is strongly $C$-connected if it is $C$-filled and every pair of subsets of $\Omega$ directly congruent to $C$ are congruently connected.

Thus $\Omega$ is $C$-connected if $\Omega$ is covered by a collection of directly congruent copies of $C$ any pair of which can be moved from one to the other as a rigid body while remaining in $\Omega$, while $\Omega$ is strongly $C$-connected if in addition there is a single equivalence class with respect to $\sim$. Example 2 below shows that $C$-connectedness does not imply strong $C$-connectedness.

Proposition 4. Let $0<\lambda \leqq 1$, and let $\Omega$ be convex. Then the subsets of $\Omega$ of the form $a+\lambda \Omega, a \in \mathbb{R}^{n}$, cover $\Omega$ and are pairwise congruently connected. In particular $\Omega$ is strongly $\lambda \Omega$-connected.

Proof. Let $x \in \Omega$. Since $\Omega$ is convex, $\lambda(\Omega-x) \subset \Omega-x$, and hence $x \in$ $(1-\lambda) x+\lambda \Omega \subset \Omega$. Thus the subsets of $\Omega$ of the form $a+\lambda \Omega$ cover $\Omega$.

If $a_{1}+\lambda \Omega$ and $a_{2}+\lambda \Omega$ are two such subsets then $t \mapsto(1-t) a_{1}+t a_{2}+\lambda \Omega$, $t \in[0,1]$, defines a suitable continuous path of directly congruent subsets of $\Omega$ joining them.

If $\Omega$ is $C$-connected then obviously $\Omega$ is $C$-filled. The following example shows that if $\Omega$ is $C$-filled then it need not be $C$-connected.

Example 1. For $0<\alpha<1$ define $\Omega^{\alpha} \subset \mathbb{R}^{n}$ by

$$
\Omega^{\alpha}=B(0,1) \cup B\left((2-\alpha) e_{1}, 1\right)
$$

Then $\Omega^{\alpha}$ is $B(0,1)$-filled but is only $B(0, r)$-connected for $0<r \leqq r_{\alpha}=$ $\sqrt{\alpha-\frac{1}{4} \alpha^{2}}$, since the diameter of the opening joining the two balls comprising $\Omega^{\alpha}$ is $2 r_{\alpha}$.

Proposition 5. If $\Omega$ is $C$-filled, it is $\lambda C$-connected for all sufficiently small $\lambda>0$.
To prove Proposition 5 we need the following definition and lemma.
Definition 6. If $\delta>0$, a $\delta$-tube joining $x_{1}, x_{2} \in \Omega$ is a continuous path $\xi:[0,1] \rightarrow$ $\Omega$ with $\xi(0)=x_{1}, \xi(1)=x_{2}$ such that $\xi(t)+\overline{B(0, \delta)} \subset \Omega$ for all $t \in[0,1]$.

Lemma 6. Let $\Omega$ be a bounded domain and let $\varepsilon>0$ be sufficiently small. Then there exists $\delta=\delta(\varepsilon)>0$ such that any pair of points $x_{1}, x_{2} \in \Omega$ with dist $\left(x_{i}, \partial \Omega\right) \geqq \varepsilon$ are joined by a $\delta$-tube.

Proof. Fix $\bar{x} \in \Omega$ with dist $(\bar{x}, \partial \Omega) \geqq \varepsilon$. For $\delta>0$ let $E_{\delta}=\{x \in \Omega$ : there exists a $\delta$-tube joining $\bar{x}$ and $x\}$. We claim that $E_{\delta} \supset\{x \in \Omega: \operatorname{dist}(x, \partial \Omega) \geqq \varepsilon\}$ for $\delta$ sufficiently small. If not there would exist $x^{(j)} \in \Omega$ with dist $\left(x^{(j)}, \partial \Omega\right) \geqq \varepsilon$ such that there is no $\frac{1}{j}$-tube joining $\bar{x}$ to $x^{(j)}, j=1,2, \ldots$. But we may assume that $x^{(j)} \rightarrow x$ with dist $(x, \partial \Omega) \geqq \varepsilon$. Since $\Omega$ is connected there is a $\delta$-tube joining $\bar{x}$ to $x$ for some $\delta>0$, so that this path followed by the straight line from $x$ to $x^{(j)}$ defines a $\frac{1}{j}$-tube for large $j$, a contradiction. Hence for $\delta$ sufficiently small any points $x_{1}, x_{2} \in \Omega$ with dist $\left(x_{i}, \partial \Omega\right) \geqq \varepsilon$ are joined to $\bar{x}$, and hence to each other, by a $\delta$-tube.

Proof of Proposition 5. Let $\varepsilon>0$ be such that $B(0, \varepsilon) \subset C$, and let $\delta=\delta(\varepsilon)$ be as in Lemma 6 . Pick $\lambda>0$ sufficiently small so that $\lambda C \subset B(0, \delta)$.

Let $\mathcal{E}_{\lambda}(C)=\left\{b+\lambda Q C: b \in \mathbb{R}^{n}, Q \in S O(n), b+\lambda Q C \subset a+Q C \subset \Omega\right.$ for some $\left.a \in \mathbb{R}^{n}\right\}$. Since $\Omega$ is $C$-filled, $\mathcal{K}(C)$ covers $\Omega$, and by Proposition 4 applied to $a+Q C$, so does $\mathcal{E}_{\lambda}(C)$.

Suppose that $b_{i}+\lambda Q_{i} C \in \mathcal{E}_{\lambda}(C), i=1,2$. Then by Proposition $4, b_{i}+\lambda Q_{i} C$ is congruently connected to $a_{i}+\lambda Q_{i} C$, where $a_{i}+Q_{i} C \subset \Omega, i=1$, 2. But $a_{i}+\lambda Q_{i} C \subset B\left(a_{i}, \delta\right)$ and dist $\left(a_{i}, \partial \Omega\right) \geqq \operatorname{dist}\left(a_{i}, \partial\left(a_{i}+Q_{i} C\right)\right) \geqq \varepsilon$. Hence by Lemma 6 there exists a $\delta$-tube $\xi:[0,1] \rightarrow \Omega$ joining $a_{1}$ and $a_{2}$. Let $Q:[0,1] \rightarrow$ $S O(n)$ be continuous with $Q(0)=Q_{1}, Q(1)=Q_{2}$. Then $\xi(t)+\lambda Q(t) C \subset \Omega$ for all $t \in[0,1]$, and so $a_{1}+\lambda Q_{1} C, a_{2}+\lambda Q_{2} C$ are congruently connected. Hence $b_{1}+\lambda Q_{1} C, b_{2}+\lambda Q_{2} C$ are congruently connected. Hence $\Omega$ is $\lambda C$-connected.

The following example shows that Proposition 5 does not hold for strong $C$ connectedness. That is, a bounded domain may be $C$-filled but not strongly $\lambda C$ connected for all sufficiently small $\lambda>0$.

Example 2. Let $C \subset \mathbb{R}^{2}$ be the interior of the equilateral triangle of side 1 with vertices at $(0,0),\left(\frac{\sqrt{3}}{2}, \pm \frac{1}{2}\right)$. Let $\Omega$ consist of a large ball $B(0, R)$ from which the origin $(0,0)$ and the points $A_{i}=\left(\frac{2^{-i}}{\sqrt{3}}, \frac{2^{-i}}{3}\right), B_{i}=\left(\frac{2^{-i}}{\sqrt{3}},-\frac{2^{-i}}{3}\right), i=0,1,2, \ldots$, are removed. The points $A_{i}, B_{i}$ lie on the half-lines $L_{A}$ and $L_{B}$ defined by $\left\{\sqrt{3} x_{2}-\right.$ $\left.x_{1}=0, x_{1} \geqq 0\right\}$ and $\left\{\sqrt{3} x_{2}+x_{1}=0, x_{1} \geqq 0\right\}$ respectively, which meet at the origin at an angle of $60^{\circ}$. Then $\Omega$ is $C$-filled. Indeed $\Omega$ consists of $C$ together with points lying outside $C$ which are clearly inside congruent copies of $C$ lying in $\Omega$ (for example, for the points on $L_{A}, L_{B}$ we can use an equilateral triangle of side 1 which lies outside $C$ except for a small region near one of its vertices).

Now consider the open equilateral triangle $\Delta$ of side 1 with vertices at $\left(\frac{2}{\sqrt{3}}, 0\right)$ and $\left(\frac{1}{2 \sqrt{3}}, \pm \frac{1}{2}\right)$, and the corresponding scaled equilateral triangles $\Delta_{i}=2^{-i} \Delta$ of side $2^{-i}$. Note that $\Delta_{i} \subset \Omega$, and that the edges of $\Delta_{i}$ intersect $L_{A}$ and $L_{B}$ in the points $A_{i}, A_{i+1}$ and $B_{i}, B_{i+1}$ respectively. We claim that $\Delta_{i}$ cannot be continuously moved to a position far from the origin while remaining in $\Omega$. This is even true for a slightly smaller equilateral triangle contained in $\Delta_{i}$. A rigorous proof can be constructed by noting that the width of $\Delta_{i}$, that is the minimal distance between parallel lines that enclose $\Delta_{i}$, is $2^{-(i+1)} \sqrt{3}$, which is greater than any of the distances of the
openings through which it would have to pass, namely $\left|A_{i} A_{i+1}\right|=\left|B_{i} B_{i+1}\right|=\frac{2^{-i}}{3}$ and $\left|A_{i} B_{i}\right|=\frac{2^{1-i}}{3}$ (see Strang [69]). Hence $\Omega$ is not strongly $\lambda C$-connected for sufficiently small $\lambda>0$.
Proposition 7. The bounded domain $\Omega$ is $C$-connected for some bounded open convex $C$ if and only if $\Omega$ satisfies the cone condition with respect to some cone $C^{*}$.
Proof. Let $\Omega$ satisfy the cone condition with respect to $C^{*}$. If $x \in \Omega$ with $x+$ $Q C^{*} \subset \Omega$ then $x \in x+Q\left(C^{*}-\varepsilon e_{1}\right) \subset \Omega$ for $\varepsilon>0$ sufficiently small. Hence $\Omega$ is (int $\left.C^{*}\right)$-filled, and hence, by Proposition 5, $\lambda$ (int $C^{*}$ )-connected for sufficiently small $\lambda>0$.

Conversely, let $\Omega$ be $C$-connected for some $C$. Since $C$ is convex it is Lipschitz (see Morrey [58, p. 72]) and hence satisfies the cone condition with respect to some $C^{*}$. Since $\Omega$ is $C$-filled it follows immediately that $\Omega$ also satisfies the cone condition with respect to $C^{*}$.

Despite this result, the concept of $C$-connectedness is of interest since we will show that the constants in the transition layer estimate of Theorem 13 can be chosen to depend on $\Omega$ through $C$.

### 2.5. The Vitali Covering Lemma

The following simpler version [68] of the Vitali covering lemma is used in an important way in the transition layer estimate.
Lemma 8. Let $G$ be a measurable subset of $\mathbb{R}^{n}$ which is covered by the union of a family of balls $\left\{B_{i}\right\}$ of bounded diameter. From this family we can select a countable or finite disjoint subsequence $B_{i(k)}, k=1,2, \ldots$ such that

$$
\sum_{k} \mathcal{L}^{n}\left(B_{i(k)}\right) \geqq c_{n} \mathcal{L}^{n}(G)
$$

Here, $c_{n}>0$ depends only on the dimension $n$. The choice $c_{n}=5^{-n}$ suffices.

## 3. Incompatible Sets

Let $\Omega \subset \mathbb{R}^{n}$ be a bounded domain. Fix $p$ with $1 \leqq p \leqq \infty$.
Definition 7. The closed subsets $K_{1}, \ldots, K_{N}$ of $M^{m \times n}$ are $L^{p}$ incompatible if they are disjoint, and if whenever $v=\left(v_{x}\right)_{x \in \Omega}$ is an $L^{p}$ gradient Young measure satisfying

$$
\operatorname{supp} v_{x} \subset \bigcup_{r=1}^{N} K_{r} \quad \text { for almost every } x \in \Omega
$$

then for some $i, 1 \leqq i \leqq N$,

$$
\operatorname{supp} v_{x} \subset K_{i} \quad \text { for almost every } x \in \Omega
$$

Remark 6. a. It is easily seen that the sets $K_{1}, \ldots, K_{N}$ are $L^{p}$ incompatible if and only if for each $i=1, \ldots, N$ the pair of sets $K_{i}, \bigcup_{r \neq i} K_{r}$ are $L^{p}$
incompatible. The latter condition is obviously necessary, and it is sufficient since if supp $v_{x} \subset \bigcup_{r=1}^{N} K_{r}$ for almost every $x \in \Omega$ then we have for each $i$ either

$$
\text { supp } v_{x} \subset K_{i} \text { for almost every } x \in \Omega
$$

or

$$
\operatorname{supp} v_{x} \subset \bigcup_{r \neq i} K_{r},
$$

and $\bigcap_{i=1}^{N} \bigcup_{r \neq i} K_{r}$ is empty. For this reason we can often restrict attention to the case $N=2$.
b. The definition does not depend on $\Omega$. By the above remark we may assume that $N=2$. So let $K_{1}, K_{2}$ be $L^{p}$ incompatible with respect to $\Omega$ and let $\tilde{\Omega} \subset \mathbb{R}^{n}$ be another bounded domain. Let $D \tilde{y}^{(j)}$ be a sequence of gradients that is relatively weakly compact in $L^{p}\left(\tilde{\Omega} ; M^{m \times n}\right)$ with corresponding gradient Young measure $\left(\tilde{v}_{x}\right)_{x \in \tilde{\Omega}}$ satisfying supp $\tilde{v}_{x} \subset K_{1} \cup K_{2}$ for almost every $x \in \tilde{\Omega}$. Let $G_{1}=\left\{x \in \tilde{\Omega}: \operatorname{supp} \tilde{v}_{x} \cap K_{1} \neq \emptyset\right\}, G_{2}=\left\{x \in \tilde{\Omega}: \operatorname{supp} \tilde{v}_{x} \cap K_{2} \neq \emptyset\right\}$ and suppose for contradiction that $\mathcal{L}^{n}\left(G_{1}\right)>0, \mathcal{L}^{n}\left(G_{2}\right)>0$. By hypothesis we have that

$$
\begin{equation*}
\mathcal{L}^{n}\left(\tilde{\Omega} \backslash\left(G_{1} \cup G_{2}\right)\right)=0 \tag{3.1}
\end{equation*}
$$

Let $x_{1}, x_{2}$ be Lebesgue points of $G_{1}, G_{2}$ respectively. Since $\tilde{\Omega}$ is connected there is a continuous arc $x(t), t \in[0,1]$, with $x(0)=x_{1}, x(1)=x_{2}$ and $x(t) \in \tilde{\Omega}$ for all $t \in[0,1]$. Then there exists $\varepsilon_{1}>0$ such that $x(t)+\varepsilon \Omega \subset \tilde{\Omega}$ for all $t \in[0,1], 0<\varepsilon \leqq \varepsilon_{1}$. Fix $0<\varepsilon \leqq \varepsilon_{1}$ sufficiently small so that $\mathcal{L}^{n}\left(\left(x_{1}+\varepsilon \Omega\right) \cap G_{1}\right)>0$ and $\mathcal{L}^{n}\left(\left(x_{2}+\varepsilon \Omega\right) \cap G_{2}\right)>0$, which is possible since $x_{1}, x_{2}$ are Lebesgue points. Define for $i=1,2$

$$
f_{i}(t)=\frac{\mathcal{L}^{n}\left((x(t)+\varepsilon \Omega) \cap G_{i}\right)}{\varepsilon^{n} \mathcal{L}^{n}(\Omega)}
$$

Then each $f_{i}$ is continuous in $t$, and by construction $f_{1}(0)>0, f_{2}(1)>0$. But from (3.1)

$$
f_{1}(t)+f_{2}(t) \geqq 1,
$$

from which it follows easily that there exists $t_{0} \in[0,1]$ with $0<f_{i}\left(t_{0}\right) \leqq 1$ for $i=1,2$, that is,

$$
\begin{equation*}
\mathcal{L}^{n}\left(\left(x\left(t_{0}\right)+\varepsilon \Omega\right) \cap G_{1}\right)>0, \quad \mathcal{L}^{n}\left(\left(x\left(t_{0}\right)+\varepsilon \Omega\right) \cap G_{2}\right)>0 . \tag{3.2}
\end{equation*}
$$

Now let $y^{(j)}(x)=\varepsilon^{-1} \tilde{y}^{(j)}\left(x\left(t_{0}\right)+\varepsilon x\right)$, which is well defined because $\tilde{y}^{(j)} \in$ $L_{\text {loc }}^{1}\left(\tilde{\Omega} ; \mathbb{R}^{m}\right)$. Then $D y^{(j)}(x)=D \tilde{y}^{(j)}\left(x\left(t_{0}\right)+\varepsilon x\right)$ and so $D y^{(j)}$ is relatively weakly compact in $L^{p}\left(\Omega ; M^{m \times n}\right)$ and has Young measure

$$
\begin{equation*}
v_{x}=\tilde{v}_{x\left(t_{0}\right)+\varepsilon x}, \quad x \in \Omega \tag{3.3}
\end{equation*}
$$

Furthermore supp $v_{x} \subset K_{1} \cup K_{2}$ for almost every $x \in \Omega$, and so either $\operatorname{supp} v_{x} \subset K_{1}$ for almost every $x \in \Omega$ or $\operatorname{supp} v_{x} \subset K_{2}$ for almost every
$x \in \Omega$. This implies that $\operatorname{supp} \tilde{v}_{x} \subset K_{1}$ for almost every $x \in x\left(t_{0}\right)+\varepsilon \Omega$ or $\operatorname{supp} \tilde{v}_{x} \subset K_{2}$ for almost every $x \in x\left(t_{0}\right)+\varepsilon \Omega$, contradicting (3.2).
c. If the sets $K_{1}, \ldots, K_{N}$ are compact then the definition is independent of $p$. Consequently in this case we say simply that $K_{1}, \ldots, K_{n}$ are incompatible. In fact suppose that $K_{1}, \ldots, K_{N}$ are compact and $L^{\infty}$ incompatible. Let $1 \leqq p<$ $\infty$ and let $D y^{(j)}$ be weakly relatively compact in $L^{p}$ and have Young measure $\left(v_{x}\right)_{x \in \Omega}$ with supp $v_{x} \subset \bigcup_{r=1}^{N} K_{r}$ for almost every $x \in \Omega$. Then by Lemma 1 there is a sequence of gradients $D z^{(j)}$ which is bounded in $L^{\infty}$ and has the same Young measure, so that $K_{1}, \ldots, K_{n}$ are $L^{p}$ incompatible.
d. The case $p=1$. An alternative definition of $L^{1}$ incompatible sets would have been to replace the weak relative compactness of $D y^{(j)}$ by boundedness of $D y^{(j)}$ in $L^{1}\left(\Omega ; M^{m \times n}\right)$. But with such a modification no family of disjoint closed subsets of $M^{m \times n}$ would be $L^{1}$ incompatible. In fact if $K_{1}, K_{2}$ were a pair of $L^{1}$ incompatible sets in this sense, we could let $\Omega=[-1,1]^{n}, A \in$ $K_{1}, B \in K_{2}$, and define

$$
y^{(j)}(x)= \begin{cases}A x & \text { if } x_{1} \leqq 0 \\ j x_{1} B x+\left(1-j x_{1}\right) A x & \text { if } 0<x_{1}<\frac{1}{j} \\ B x & \text { if } x_{1} \geqq \frac{1}{j}\end{cases}
$$

Then

$$
D y^{(j)}(x)=j x_{1} B+\left(1-j x_{1}\right) A+j(B-A) x \otimes e_{1}
$$

for $0<x_{1}<\frac{1}{j}$, so that

$$
\int_{[-1,1]^{n}}\left|D y^{(j)}\right| \mathrm{d} x \leqq C<\infty
$$

But the corresponding Young measure $\left(v_{x}\right)_{x \in \Omega}$ is given by

$$
v_{x}=\left\{\begin{array}{l}
\delta_{A} \text { if } x_{1}<0 \\
\delta_{B} \text { if } x_{1}>0
\end{array}\right.
$$

Definition 8. The closed subsets $K_{1}, \ldots, K_{n}$ of $M^{m \times n}$ are homogeneously $L^{p}$ incompatible if they are disjoint, and if whenever $v$ is a homogeneous $L^{p}$ gradient Young measure generated by a sequence satisfying

$$
\operatorname{supp} v \subset \bigcup_{r=1}^{N} K_{r},
$$

then for some $i, 1 \leqq i \leqq N$,

$$
\operatorname{supp} v \subset K_{i} .
$$

The same arguments as in Remark 6 show that this definition too is independent of $\Omega$ and, in the case when the $K_{r}$ are compact, also of $p$ with $1 \leqq p \leqq \infty$ (in which case we say that the $K_{r}$ are homogeneously incompatible).

Definition 9. The closed subsets $K_{1}, \ldots, K_{N}$ of $M^{m \times n}$ are $L^{p}$ gradient incompatible if they are disjoint, and if whenever $D y \in L^{p}\left(\Omega ; M^{m \times n}\right)$ with

$$
D y(x) \in \bigcup_{r=1}^{N} K_{r} \quad \text { for almost every } x \in \Omega
$$

then

$$
D y(x) \in K_{i} \quad \text { for almost every } x \in \Omega
$$

for some $i$.
Again the definition is independent of $\Omega$ and, in the case when the $K_{r}$ are compact, also of $p$ with $1 \leqq p \leqq \infty$ (in which case we say that the $K_{r}$ are gradient incompatible).

Note that if $n=1$ or $m=1$ then no pair of disjoint nonempty closed sets $K_{1}, K_{2}$ can be homogeneously $L^{p}$ incompatible, since if $A_{1} \in K_{1}, A_{2} \in K_{2}$ then rank $\left(A_{1}-A_{2}\right)=1$, so that $\frac{1}{2}\left(\delta_{A_{1}}+\delta_{A_{2}}\right)$ is a homogeneous $L^{\infty}$ gradient Young measure supported nontrivially on $K_{1} \cup K_{2}$; similarly $K_{1}$ and $K_{2}$ are not $L^{\infty}$ gradient incompatible. Thus most of the results of this paper are only relevant for $n \geqq 2$ and $m \geqq 2$.

Of course if $K_{1}, \ldots, K_{N}$ are $L^{p}$ incompatible they are also $L^{p}$ gradient incompatible. However the converse is false (for other examples see Examples 5, 6).

Example 3. Let $m=n=2,\left\{e_{1}, e_{2}\right\}$ be an orthonormal basis of $\mathbb{R}^{2}, K_{1}=$ $\{\mathbf{1}\}, K_{2}=\left\{\mathbf{0}, 2 e_{2} \otimes e_{2}\right\}$. Then $K_{1}, K_{2}$ are not incompatible. To see this note that $\mathbf{1}=e_{1} \otimes e_{1}+e_{2} \otimes e_{2}$, so that

$$
\begin{align*}
\mathbf{1}-e_{2} \otimes e_{2} & =e_{1} \otimes e_{1} \\
e_{2} \otimes e_{2} & =\frac{1}{2}\left(\mathbf{0}+2 e_{2} \otimes e_{2}\right) . \tag{3.4}
\end{align*}
$$

Thus a double laminate can be constructed having homogeneous gradient Young measure

$$
v=\frac{1}{2} \delta_{\mathbf{1}}+\frac{1}{4} \delta_{\mathbf{0}}+\frac{1}{4} \delta_{2 e_{2} \otimes e_{2}} .
$$

However, $K_{1}, K_{2}$ are gradient incompatible. In fact if $D y(x) \in K_{1} \cup K_{2}$ almost everywhere in $\Omega=(0,1)^{2}$, we have

$$
D y(x)=\lambda(x) \mathbf{1}+2 \mu(x) e_{2} \otimes e_{2},
$$

where $\lambda(x) \mu(x)=0, \lambda(x) \in\{0,1\}$ and $\mu(x) \in\{0,1\}$ almost everywhere. Hence $y_{, 1}=\lambda e_{1}, y_{, 2}=(\lambda+2 \mu) e_{2}$ and so

$$
\lambda_{, 2}=(\lambda+2 \mu)_{, 1}=0
$$

in the sense of distributions. Hence $\lambda=\lambda\left(x_{1}\right), \lambda+2 \mu=f\left(x_{2}\right)$ from which it follows easily that either $\lambda=0$ almost everywhere or $\lambda=1$ almost everywhere as required.

### 3.1. Characterization of Incompatible Sets

Clearly if $K_{1}, \ldots, K_{N}$ are $L^{p}$ incompatible they are homogeneously $L^{p}$ incompatible. We do not know if the converse holds, even if the $K_{r}$ are compact (but see Remark 7 for the case $m=n=2$ ). It is possible to characterize homogeneously incompatible sets in terms of quasiconvex functions. We first prove some preliminary results relating incompatibility of the sets $K_{r}$ to that of the sets $K_{r}^{\mathrm{qc}}$.

Lemma 5. If $K_{1}, \ldots, K_{N}$ are homogeneously $L^{\infty}$ incompatible then $\left(\bigcup_{r=1}^{N} K_{r}\right)^{\text {qc }}$ is the disjoint union of the sets $K_{r}^{\mathrm{qc}}$.

Proof. We first show that $K_{r}^{\mathrm{qc}} \bigcap K_{s}^{\mathrm{qc}}$ is empty if $r \neq s$. Suppose the contrary, that there exists an $A \in K_{r}^{\mathrm{qc}} \cap K_{s}^{\mathrm{qc}}$. Then there exist homogeneous $L^{\infty}$ Young measures $v^{r}$ and $\nu^{s}$ with $\operatorname{supp} \nu^{r} \subset K_{r}$, $\operatorname{supp} \nu^{s} \subset K_{s}$ and $\bar{v}^{r}=\bar{v}^{s}=A$. But the set of homogeneous $L^{\infty}$ Young measures with a given centre of mass $A$ is convex (Kinderlehrer and Pedregal [43]), and thus $v=\frac{1}{2}\left(v^{r}+v^{s}\right)$ is a homogeneous $L^{\infty}$ Young measure with supp $v \subset K_{r} \cup K_{s}$ and both supp $v \cap K_{r}$ and supp $v \cap K_{S}$ nonempty. Thus $K_{1}, \ldots, K_{N}$ are not homogeneously $L^{\infty}$ incompatible.

Next, let $A \in\left(\bigcup_{r=1}^{N} K_{r}\right)^{\mathrm{qc}}$. Then $A=\bar{v}$ for some homogeneous $L^{\infty}$ Young measure $v$ with $\operatorname{supp} v \subset \bigcup_{r=1}^{N} K_{r}$, and by hypothesis supp $v \subset K_{i}$ for some $i$. Hence $A \in K_{i}^{\mathrm{qc}}$, completing the proof.

Proposition 9. The compact sets $K_{1}, \ldots, K_{N}$ are incompatible (resp. homogeneously incompatible) if and only if $K_{1}^{\mathrm{qc}}, \ldots, K_{N}^{\mathrm{qc}}$ are incompatible (resp. homogeneously incompatible).

Proof. Suppose that $K_{1}, \ldots, K_{N}$ are incompatible. By Lemma 5 the $K_{r}^{\mathrm{qc}}$ are disjoint. Let $v=\left(v_{x}\right)_{x \in \Omega}$ be an $L^{\infty}$ gradient Young measure with supp $v_{x} \subset$ $\bigcup_{r=1}^{N} K_{r}^{\mathrm{qc}}$ for almost every $x \in \Omega$. Then by Theorem 3 there is an $L^{\infty}$ gradient Young measure $v^{*}=\left(v_{x}^{*}\right)_{x \in \Omega}$ with $\operatorname{supp} v_{x}^{*} \subset \bigcup_{r=1}^{N} K_{r}$ and $v_{x}^{*}\left(K_{r}\right)=v_{x}\left(K_{r}^{\mathrm{qc}}\right)$ for all $r$ and almost every $x \in \Omega$. Since the $K_{r}$ are incompatible, we have that $v_{x}^{*}\left(K_{i}\right)=1$ for some $i$ and almost every $x \in \Omega$. Hence $v_{x}\left(K_{i}^{\mathrm{qc}}\right)=1$ for almost every $x \in \Omega$ and thus $K_{1}^{\mathrm{qc}}, \ldots, K_{N}^{\mathrm{qc}}$ are incompatible. The same argument shows that if the $K_{r}$ are homogeneously incompatible then so are the $K_{r}^{\mathrm{qc}}$. The converse direction is obvious.

Theorem 10. The compact sets $K_{1}, \ldots, K_{N}$ are homogeneously incompatible if and only if
(i) the sets $K_{r}^{\mathrm{qc}}, r=1, \ldots, N$, are disjoint,
(ii) for each $i=1, \ldots, N$ the function $\varphi_{i}: M^{m \times n} \longrightarrow[0, \infty]$ defined by

$$
\varphi_{i}(A)= \begin{cases}1 & \text { if } A \in K_{i}^{\mathrm{qc}} \\ 0 & \text { if } A \in \bigcup_{r \neq i}^{\mathrm{qc}} \\ +\infty & \text { otherwise }\end{cases}
$$

is quasiconvex.

Proof. Let $K_{1}, \ldots, K_{N}$ be homogeneously incompatible. Then (i) holds by Lemma 5. To prove (ii), by Lemma 2 with $K=\bigcup_{r=1}^{N} K_{r}$ it suffices to show that

$$
\begin{equation*}
\left\langle\mu, \varphi_{i}\right\rangle \geqq \varphi_{i}(\bar{\mu}) \tag{3.5}
\end{equation*}
$$

for any homogeneous $L^{\infty}$ gradient Young measure $\mu$. Since (3.5) obviously holds if $\left\langle\mu, \varphi_{i}\right\rangle=\infty$, we may assume that $\operatorname{supp} v \subset \bigcup_{r=1}^{N} K_{r}^{\mathrm{qc}}$. Then it follows from Proposition 9 that supp $\mu \subset K_{j}^{\mathrm{qc}}$ for some $j$, so that also $\bar{\mu} \in K_{j}^{\mathrm{qc}}$. Thus if $j \neq i$ both sides of (3.5) are zero, while if $j=i$ then both sides are one.

Conversely, suppose that (i) and (ii) hold, and let $v$ be a homogeneous $L^{\infty}$ gradient Young measure with supp $v \subset \bigcup_{r=1}^{N} K_{r}$. Then $v=\sum_{r=1}^{N} \lambda_{r} \nu^{r}$, where $\lambda_{r} \geqq 0, \sum_{r=1}^{N} \lambda_{r}=1$ and $\nu^{r}$ is a probability measure with supp $\nu^{r} \subset K_{r}$. For any $k$ we have (since $\varphi_{k}$ is quasiconvex)

$$
\varphi_{k}(\bar{v}) \leqq\left\langle v, \varphi_{k}\right\rangle=\lambda_{k}
$$

In particular $\varphi_{k}(\bar{v})<\infty$ and so $\bar{v} \in K_{i}^{\mathrm{qc}}$ for some $i$. Choosing $k=i$ we obtain $\lambda_{i} \geqq 1$ and so $v=v^{i}$ and $\operatorname{supp} v \subset K_{i}$. Hence $K_{1}, \ldots, K_{N}$ are homogeneously incompatible.
Theorem 11. The compact sets $K_{1}, \ldots, K_{N}$ are incompatible if and only if
(i) The sets $K_{1}^{q c}, \ldots, K_{N}^{q c}$ are gradient incompatible,
(ii) for each $i=1, \ldots, N$ the function $\varphi_{i}: M^{m \times n} \longrightarrow[0, \infty]$ defined by

$$
\varphi_{i}(A)= \begin{cases}1 & \text { if } A \in K_{i}^{\mathrm{qc}} \\ 0 & \text { if } A \in \bigcup_{r \neq i}^{\mathrm{qc}} \\ +\infty & \text { otherwise }\end{cases}
$$

is quasiconvex.
Proof. Let $K=\bigcup_{r=1}^{N} K_{r}$. Suppose that $K_{1}, \ldots, K_{N}$ are incompatible. Then $K_{1}, \ldots, K_{N}$ are homogeneously incompatible, so that by Lemma 5 and Theorem 10 the sets $K_{r}^{\mathrm{qc}}$ are disjoint, $K^{\mathrm{qc}}=\bigcup_{r=1}^{N} K_{r}^{\mathrm{qc}}$ and (ii) holds. To show that the $K_{r}^{\mathrm{qc}}$ are gradient incompatible, suppose that $D y \in L^{\infty}\left(\Omega ; M^{m \times n}\right)$ satisfies $D y(x) \in K^{\mathrm{qc}}$ almost everywhere. It follows from Theorem 3 applied to the gradient Young measure $v=\left(\delta_{D y(x)}\right)_{x \in \Omega}$ that there exists a gradient Young measure $\left(v_{x}^{*}\right)_{x \in \Omega}$ with $\operatorname{supp} v_{x}^{*} \subset K$ and $\bar{v}_{x}^{*}=D y(x)$ almost everywhere. But then by hypothesis supp $v_{x}^{*} \subset K_{s}$ almost everywhere for some $s$ and so $D y(x) \in K_{s}^{\mathrm{qc}}$ almost everywhere.

Conversely, let (i) and (ii) hold, and let $\left(\nu_{x}\right)_{x \in \Omega}$ be an $L^{\infty}$ gradient Young measure with supp $v_{x} \subset \bigcup_{r=1}^{N} K_{r}$ almost everywhere. Then, for almost every $x \in \Omega, v_{x}$ is a homogeneous $L^{\infty}$ gradient Young measure, and so by Theorem 10 supp $v_{x} \subset K_{r(x)}$ for some $r(x)$, and hence $\bar{v}_{x} \in K_{r(x)}^{\mathrm{qc}}$. Thus $D y(x)=\bar{v}_{x} \in$ $\bigcup_{r=1}^{N} K_{r}^{\mathrm{qc}}$ almost everywhere, and so $D y(x) \in K_{s}^{\mathrm{qc}}$ almost everywhere for some $s$. Since the $K_{r}^{\mathrm{qc}}$ are disjoint, $r(x)=s$ almost everywhere and hence supp $v_{x} \subset K_{s}$ almost everywhere.
Corollary 12. The compact sets $K_{1}, \ldots, K_{N}$ are incompatible if and only if $K_{1}, \ldots$, $K_{N}$ are homogeneously incompatible and $K_{1}^{\mathrm{qc}}, \ldots, K_{N}^{\mathrm{qc}}$ are gradient incompatible.
Proof. This follows immediately from Theorems 10, 11.

Remark 7. When $m=n=2$, Kirchheim and Székelyhidi [47], using results from Faraco and Székelyhidi [36], show that two disjoint compact sets $K_{1}, K_{2}$ are incompatible if and only if $\left(K_{1} \cup K_{2}\right)^{\mathrm{rc}}$ is the disjoint union of $K_{1}^{\mathrm{rc}}$ and $K_{2}^{\mathrm{rc}}$, where $K^{\mathrm{rc}}$ denotes the rank-one convexification of a compact set $K \subset M^{m \times n}$ defined by

$$
K^{\mathrm{rc}}=\left\{A \in M^{m \times n}: \varphi(A) \leqq \max _{B \in K} \varphi(B) \text { for all finite rank-one convex } \varphi\right\}
$$

They also show that $K_{1}, K_{2}$ are incompatible if and only if they are homogeneously incompatible, and if and only if they are incompatible for laminates. Since Székelyhidi [73] has provided a simple and algorithmically testable criterion for incompatibility of $K_{1}, K_{2}$ for laminates, this completely classifies incompatible compact subsets of $M^{2 \times 2}$. Using these results, Heinz [41] found necessary and sufficient conditions for incompatibility for compact sets $K_{1}, K_{2} \subset M^{2 \times 2}$ that are left invariant under $S O(2)$ and consist of matrices with positive determinant.

### 3.2. Examples

A necessary condition that $K_{1}, \ldots, K_{N}$ be homogeneously $L^{\infty}$ incompatible is that there are no rank-one connections between any of the $K_{r}$. This follows from Lemma 5 and the fact that quasiconvex sets are rank-one convex. However the absence of such rank-one connections is not sufficient (see the well-known Example 6 below).

Example 4. (Two matrices) If $K_{1}=\{A\}, K_{2}=\{B\}$, where $A, B \in M^{m \times n}$ with rank $(A-B)>1$, then $K_{1}, K_{2}$ are $L^{p}$ incompatible for any $p>1$. We give two proofs of this fact.

First proof. Let $\left(v_{x}\right)_{x \in \Omega}$ be an $L^{p}$ gradient Young measure with supp $v_{x} \subset\{A, B\}$ for almost every $x \in \Omega$, that is, $\nu_{x}=\lambda(x) \delta_{A}+(1-\lambda(x)) \delta_{B}$ where $0 \leqq \lambda(x) \leqq 1$. In particular supp $v_{x}$ is contained in a bounded set for almost every $x$, and so $\left(v_{x}\right)_{x \in \Omega}$ is an $L^{\infty}$ gradient Young measure by Lemma 1. Thus by the results in [14], based on the weak continuity of minors, $v_{x}=\delta_{A}$ for almost every $x \in \Omega$ or $v_{x}=\delta_{B}$ for almost every $x \in \Omega$ as required.
Second proof. This was communicated to us by Šverák (see [70] and MüLler [60, Section 2.6]). Without loss of generality we suppose that $A=0$ and define $h(D)=(\operatorname{dist}(D, L))^{2}$ for $D \in M^{m \times n}$, where $L=\{t B ; t \in \mathbb{R}\}$. Thus

$$
h(D)=|D|^{2}-\frac{(D \cdot B)^{2}}{|B|^{2}}
$$

$h$ is quadratic and strongly elliptic, since $t B$ is not rank-one for any $t$. If $D y^{(j)}$ is bounded in $L^{p}\left(\Omega ; M^{m \times n}\right)$ with supp $v_{x} \subset\{A, B\}$ then $D h\left(D y^{(j)}\right) \rightarrow 0$ in measure, and hence $\operatorname{Dh}\left(D y^{(j)}\right) \rightarrow 0$ strongly in $L^{s}\left(\Omega ; M^{m \times n}\right)$ if $1<s<p$. So

$$
\operatorname{div} D h\left(D y^{(j)}\right)=\operatorname{div} f^{(j)}, \quad x \in \Omega
$$

where $f^{(j)} \rightarrow 0$ strongly in $L^{s}\left(\Omega ; M^{m \times n}\right)$. By elliptic regularity theory this implies that $D y^{(j)}$ is relatively compact in $L_{\mathrm{loc}}^{s}\left(\Omega ; M^{m \times n}\right)$, so that $v_{x}=\delta_{D y(x)}$ almost everywhere for some $y$ with $D y(x) \in\{A, B\}$ almost everywhere. But elliptic regularity implies that $D y$ is smooth, so that $v_{x}=\delta_{A}$ almost everywhere or $v_{x}=\delta_{B}$ almost everywhere, as required.

Example 5. (3 matrices) Let $K_{1}=\left\{A_{1}\right\}, K_{2}=\left\{A_{2}\right\}, K_{3}=\left\{A_{3}\right\}$, where $A_{r} \in$ $M^{m \times n}$ with rank $\left(A_{r}-A_{s}\right)>1$ for $r \neq s$. Then $K_{1}, K_{2}, K_{3}$ are incompatible. This is a consequence of a deep result of ŠVERÁK [70,71], which uses in particular the result of Zhang [81] that $K_{1}, K_{2}, K_{3}$ are gradient incompatible. See also the discussion after Corollary 19.

Example 6. (4 matrices) Let $K_{r}=\left\{A_{r}\right\}, 1 \leqq r \leqq 4$, with rank $\left(A_{r}-A_{s}\right)>1$ for $r \neq s$. Then $K_{1}, \ldots, K_{4}$ are not in general incompatible. This follows from the construction of [20] that was motivated by the example of [3] and Tartar [74]. Chlebík and Kirchheim [25] showed that $K_{1}, \ldots, K_{4}$ are nevertheless gradient incompatible.

Example 7. (5 matrices) Let $K_{r}=\left\{A_{r}\right\}, 1 \leqq r \leqq 5$, with $\operatorname{rank}\left(A_{r}-A_{s}\right)>1$ for $r \neq s$. Then $K_{1}, \ldots, K_{5}$ are not in general gradient incompatible (Kirchieim and Preiss [45,46]).

Example 8. (Incompatible energy wells in $M^{2 \times 2}$ ) Let $K_{r}=S O(2) U_{r}, 1 \leqq r \leqq N$, where $U_{r}=U_{r}^{T}>0$ and there are no rank-one connections between the different $K_{r}$. Then $K_{1}, \ldots, K_{N}$ are incompatible. This follows from the results of Firoozye [ 20,37$]$ and Š̌VERÁK [71].

Example 9. (Incompatible energy wells in $M^{3 \times 3}$ ) Let $K_{1}=S O(3) U_{1}, K_{2}=$ $S O(3) U_{2}$, where $U_{1}=U_{1}^{T}>O, U_{2}=U_{2}^{T}>O$, and $\operatorname{rank}\left(A_{1}-A_{2}\right)>1$ for all $A_{1} \in K_{1}, A_{2} \in K_{2}$. Then it is not known whether in general $K_{1}, K_{2}$ are incompatible. However under stronger conditions on $U_{1}, U_{2}$ incompatibility is proved by Dolzmann, Kirchheim, Müller and Šverák [34] (see also Matos [54] and Kohn, Lods and Haraux [50]). In this case incompatibility is equivalent to the two-well rigidity estimate of Chaudhuri and Müller [21], as proved by De Lellis and Székelyhidi [31] using the transition layer technique from (earlier expositions of) the present paper. Chaudhuri and Müller [22] used their rigidity estimate to study the scaling behaviour of thin martensitic films. If $K_{1}, K_{2}, K_{3}$ are three such energy wells without rank-one connections then it is shown in [20] that $K_{1}, K_{2}, K_{3}$ need not be incompatible, using Example 6.

## 4. The Transition Layer Estimate

In this section we suppose that $K_{1}, \ldots, K_{N}$ are disjoint compact subsets of $M^{m \times n}$. Given $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ and $\varepsilon>0$ we consider for $r=1, \ldots, N$ the sets

$$
\Omega_{r, \varepsilon}(y):=\left\{x \in \Omega: D y(x) \in N_{\varepsilon}\left(K_{r}\right)\right\},
$$

where

$$
N_{\varepsilon}(K):=\left\{A \in M^{m \times n}: \operatorname{dist}(A, K) \leqq \varepsilon\right\},
$$

and the corresponding 'transition layer'

$$
T_{\varepsilon}(y):=\left\{x \in \Omega: D y(x) \notin \bigcup_{r=1}^{N} N_{\varepsilon}\left(K_{r}\right)\right\} .
$$

The main result is
Theorem 13. Let $1<p<\infty$ and let $\Omega$ be $C$-connected. Then $K_{1}, \ldots, K_{N}$ are incompatible if and only if there exist constants $\varepsilon_{0}>0$ and $\gamma>0$ such that if $0 \leqq \varepsilon<\varepsilon_{0}$ and $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ then

$$
\begin{equation*}
\int_{T_{\varepsilon}(y)}\left(1+|D y|^{p}\right) \mathrm{d} x \geqq \gamma \max _{1 \leqq r \leqq N} \min \left(\mathcal{L}^{n}\left(\Omega_{r, \varepsilon}(y)\right), \mathcal{L}^{n}\left(\bigcup_{s \neq r} \Omega_{s, \varepsilon}(y)\right)\right) \tag{4.1}
\end{equation*}
$$

The constant $\varepsilon_{0}$ can be chosen to depend only on the eccentricity $E(C)$, the sets $K_{1}, \ldots, K_{N}$ and $p$, while the constant $\gamma$ can be chosen to depend only on these quantities and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$.

Remark 8. An alternative way of writing the right-hand side of (4.1) is

$$
\gamma \min \left(\mathcal{L}^{n}\left(\Omega_{\bar{r}, \varepsilon}(y)\right), \sum_{r \neq \bar{r}} \mathcal{L}^{n}\left(\Omega_{r, \varepsilon}(y)\right)\right)
$$

where $\bar{r}=\bar{r}(\varepsilon, y)$ is such that

$$
\mathcal{L}^{n}\left(\Omega_{\bar{r}, \varepsilon}(y)\right)=\max _{1 \leqq r \leqq N} \mathcal{L}^{n}\left(\Omega_{r, \varepsilon}(y)\right) .
$$

To see this, fix $\varepsilon$ and $y$ and let $a_{r}=\mathcal{L}^{n}\left(\Omega_{r, \varepsilon}(y)\right)$. Suppose without loss of generality that $a_{N} \geqq a_{N-1} \geqq \cdots \geqq a_{1}$ and let $c=\sum_{r=1}^{N} a_{r}$. Then we have to show that

$$
\max _{1 \leqq r \leqq N} \min \left(a_{r}, c-a_{r}\right)=\min \left(a_{N}, c-a_{N}\right) .
$$

But this follows from the fact that $a_{r} \leqq c-a_{N}$ if $1 \leqq r<N$.
We state the case $N=2$ of Theorem 13 separately.
Theorem 14. Let $1<p<\infty$ and let $\Omega$ be $C$-connected. Two disjoint compact sets $K_{1}, K_{2}$ are incompatible if and only if there exist constants $\varepsilon_{0}>0$ and $\gamma>0$ such that if $0 \leqq \varepsilon<\varepsilon_{0}$ and $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ then

$$
\begin{equation*}
\int_{T_{\varepsilon}(y)}\left(1+|D y|^{p}\right) \mathrm{d} x \geqq \gamma \min \left(\mathcal{L}^{n}\left(\Omega_{1, \varepsilon}(y)\right), \mathcal{L}^{n}\left(\Omega_{2, \varepsilon}(y)\right)\right) \tag{4.2}
\end{equation*}
$$

The constant $\varepsilon_{0}$ can be chosen to depend only on $E(C), K_{1}, K_{2}$ and $p$, while the constant $\gamma$ can be chosen to depend only on these quantities and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$.

Note that Theorem 13 follows from Theorem 14 by applying it to the pair of sets $K_{r}$ and $\bigcup_{s \neq r} K_{s}$ for each $r$, remarking that the set $T_{\varepsilon}(y)$ is the same for each $r$, and applying Remark 6a. It therefore suffices to prove Theorem 14. We use the following lemma.

Lemma 15. Let $0 \leqq E<1$, and let $K_{1}, K_{2}$ be incompatible. Then there exist constants $\varepsilon_{0}=\varepsilon_{0}\left(E, K_{1}, K_{2}, p\right)>0$ and $\gamma_{0}=\gamma_{0}\left(E, K_{1}, K_{2}, p\right)>0$ such that if $\tilde{C} \subset \mathbb{R}^{n}$ is any bounded open convex set with $E(\tilde{C}) \leqq E$ and if $0 \leqq \varepsilon<\varepsilon_{0}$, $y \in W^{1, p}\left(\tilde{C} ; \mathbb{R}^{m}\right)$, with for some $i=1,2$

$$
\frac{3}{4} \mathcal{L}^{n}(\tilde{C}) \geqq \mathcal{L}^{n}\left(\left\{x \in \tilde{C}: D y(x) \in N_{\varepsilon}\left(K_{i}\right)\right\}\right) \geqq \frac{1}{4} \mathcal{L}^{n}(\tilde{C})
$$

then

$$
\int_{T_{\varepsilon, \tilde{C}^{( }(y)}}\left(1+|D y|^{p}\right) \mathrm{d} x \geqq \gamma_{0} \mathcal{L}^{n}(\tilde{C})
$$

where $T_{\varepsilon, \tilde{C}}(y):=\left\{x \in \tilde{C}: D y(x) \notin N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right\}$.
Proof. Suppose not. Then for $j=1,2, \ldots$ there exist $\varepsilon^{(j)} \leqq 1 / j$, bounded open convex sets $C^{(j)} \subset \mathbb{R}^{n}$ with $E\left(C^{(j)}\right) \leqq E$ and mappings $y^{(\bar{j})} \in W^{1, p}\left(C^{(j)} ; \mathbb{R}^{m}\right)$ with for some $i=1,2$ (independent of $j$ )

$$
\begin{equation*}
\frac{3}{4} \mathcal{L}^{n}\left(C^{(j)}\right) \geqq \mathcal{L}^{n}\left(\left\{x \in C^{(j)}: D y^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{i}\right)\right\}\right) \geqq \frac{1}{4} \mathcal{L}^{n}\left(C^{(j)}\right) \tag{4.3}
\end{equation*}
$$

and

$$
\int_{T_{\varepsilon}(j), C^{(j)}\left(y^{(j)}\right)}\left(1+\left|D y^{(j)}\right|^{p}\right) \mathrm{d} x \leqq \frac{1}{j} \mathcal{L}^{n}\left(C^{(j)}\right)
$$

For definiteness we suppose (4.3) holds for $i=1$. Let $B\left(a^{(j)}, R_{j}\right)$ be the unique minimal ball containing $C^{(j)}$, so that $R_{j}=R\left(C^{(j)}\right)$. We normalize $C^{(j)}$ by setting

$$
\begin{equation*}
\tilde{C}^{(j)}=\frac{1}{R_{j}}\left(C^{(j)}-a^{(j)}\right) \tag{4.4}
\end{equation*}
$$

Thus $R\left(\tilde{C}^{(j)}\right)=1$ and $B(0,1)$ is the unique minimal ball containing $\tilde{C}^{(j)}$. Define $z^{(j)} \in W^{1, p}\left(\tilde{C}^{(j)} ; \mathbb{R}^{m}\right)$ by

$$
\begin{equation*}
z^{(j)}(x)=\frac{1}{R_{j}} y^{(j)}\left(a^{(j)}+R_{j} x\right) \tag{4.5}
\end{equation*}
$$

Then

$$
\begin{equation*}
D z^{(j)}(x)=D y^{(j)}\left(a^{(j)}+R_{j} x\right) \tag{4.6}
\end{equation*}
$$

and we have that

$$
\begin{equation*}
\frac{3}{4} \mathcal{L}^{n}\left(\tilde{C}^{(j)}\right) \geqq \mathcal{L}^{n}\left(\left\{x \in \tilde{C}^{(j)}: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right) \geqq \frac{1}{4} \mathcal{L}^{n}\left(\tilde{C}^{(j)}\right) \tag{4.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{T_{j}}\left(1+\left|D z^{(j)}\right|^{p}\right) \mathrm{d} x \leqq \frac{1}{j} \mathcal{L}^{n}\left(\tilde{C}^{(j)}\right) \tag{4.8}
\end{equation*}
$$

where $T_{j}:=\left\{x \in \tilde{C}^{(j)}: D z^{(j)}(x) \notin N_{\varepsilon^{(j)}}\left(K_{1}\right) \cup N_{\varepsilon^{(j)}}\left(K_{2}\right)\right\}$. Since the closures $D^{(j)}$ of $\tilde{C}^{(j)}$ lie in $\overline{B(0,1)}$, a subsequence (which we do not relabel) of the $D^{(j)}$ converges in the Hausdorff metric to a closed convex set $D \subset \overline{B(0,1)}$. Since $E\left(\tilde{C}^{(j)}\right)=E\left(C^{(j)}\right) \leqq E$, there is a closed ball $B_{j}$ contained in $D^{(j)}$ with radius at least $\sqrt{1-E^{2}}$. We can suppose that these balls also converge to a ball $B \subset D$ of radius at least $\sqrt{1-E^{2}}>0$, and hence $D$ has nonempty interior $\tilde{C}$. Note that $\mathcal{L}^{n}\left(\tilde{C}^{(j)}\right) \rightarrow \mathcal{L}^{n}(\tilde{C})$. Let $G$ be open and convex with $\bar{G} \subset \tilde{C}$ and $\mathcal{L}^{n}(\tilde{C} \backslash G)<$ $\frac{1}{8} \mathcal{L}^{n}(\tilde{C})$. Then for sufficiently large $j$ we have $G \subset \tilde{C}^{(j)}$. Hence, for sufficiently large $j$,

$$
\begin{equation*}
\mathcal{L}^{n}\left(\tilde{C}^{(j)}\right)<\frac{8}{7} \mathcal{L}^{n}(G) \tag{4.9}
\end{equation*}
$$

Also, by (4.7),

$$
\begin{align*}
& \mathcal{L}^{n}\left(\left\{x \in \tilde{C}^{(j)}: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right) \\
& \quad \geqq \mathcal{L}^{n}\left(\left\{x \in G: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right) \\
& \geqq \mathcal{L}^{n}\left(\left\{x \in \tilde{C}^{(j)}: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right)-\mathcal{L}^{n}\left(\tilde{C}^{(j)} \backslash G\right) \\
& \quad \geqq \frac{1}{4} \mathcal{L}^{n}\left(\tilde{C}^{(j)}\right)-\mathcal{L}^{n}\left(\tilde{C}^{(j)} \backslash G\right) \\
& \quad \geqq \frac{1}{8} \mathcal{L}^{n}(G) . \tag{4.10}
\end{align*}
$$

Hence, combining (4.9), (4.10) and the left-hand inequality in (4.7), we have

$$
\begin{equation*}
\frac{6}{7} \mathcal{L}^{n}(G) \geqq \mathcal{L}^{n}\left(\left\{x \in G: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right) \geqq \frac{1}{8} \mathcal{L}^{n}(G) \tag{4.11}
\end{equation*}
$$

Since $K_{1}, K_{2}$ are bounded, it follows in particular from (4.8) that $D z^{(j)}$ is bounded in $L^{p}\left(G ; M^{m \times n}\right)$, and so we may assume that $D z^{(j)}$ generates a Young measure $\left(v_{x}\right)_{x \in G}$. Let $U_{1}, U_{2}$ be open neighbourhoods of $K_{1}, K_{2}$ respectively. Since $\left\{x \in G: D z^{(j)}(x) \notin U_{1} \cup U_{2}\right\} \subset T_{j}$ for sufficiently large $j$, and $\mathcal{L}^{n}\left(T_{j}\right) \rightarrow 0$, we have that $D z^{(j)}(x) \rightarrow K_{1} \cup K_{2}$ in measure, and hence supp $v_{x} \subset K_{1} \cup K_{2}$ for almost every $x \in G$. Since $K_{1}, K_{2}$ are incompatible we thus have either supp $v_{x} \subset$ $K_{1}$ almost everywhere or $\operatorname{supp} v_{x} \subset K_{2}$ almost everywhere in $G$. Now let $\varphi_{i}$ : $M^{m \times n} \rightarrow[0,1], i=1,2$, be continuous functions such that $\varphi_{i}=1$ on $N_{\delta / 2}\left(K_{i}\right)$, $\varphi_{i}=0$ outside $N_{\delta}\left(K_{i}\right)$, where $\delta>0$ is sufficiently small so that $N_{\delta}\left(K_{1}\right) \cap N_{\delta}\left(K_{2}\right)$ is empty. Then from (4.11) we have that

$$
\begin{equation*}
\int_{G} \varphi_{1}\left(D z^{(j)}\right) \mathrm{d} x \geqq \frac{1}{8} \mathcal{L}^{n}(G) \tag{4.12}
\end{equation*}
$$

for all sufficiently large $j$. Since for sufficiently large $j$

$$
\begin{aligned}
& \mathcal{L}^{n}\left(\left\{x \in G: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{2}\right)\right\}\right) \\
& \quad \geqq \mathcal{L}^{n}(G)-\mathcal{L}^{n}\left(\left\{x \in G: D z^{(j)}(x) \in N_{\varepsilon^{(j)}}\left(K_{1}\right)\right\}\right)-\mathcal{L}^{n}\left(T_{j}\right)
\end{aligned}
$$

we have from (4.7), (4.8) that for sufficiently large $j$

$$
\mathcal{L}^{n}\left(\left\{x \in G: D z^{(j)}(x) \in N_{\delta / 2}\left(K_{2}\right)\right\}\right) \geqq \frac{1}{7} \mathcal{L}^{n}(G)-\frac{1}{j} \mathcal{L}^{n}\left(\tilde{C}^{(j)}\right)
$$

and thus

$$
\begin{equation*}
\int_{G} \varphi_{2}\left(D z^{(j)}(x)\right) \mathrm{d} x \geqq \frac{1}{8} \mathcal{L}^{n}(G) . \tag{4.13}
\end{equation*}
$$

But

$$
\lim _{j \rightarrow \infty} \int_{G} \varphi_{i}\left(D z^{(j)}\right) \mathrm{d} x=\int_{G}\left\langle v_{x}, \varphi_{i}\right\rangle \mathrm{d} x
$$

for $i=1,2$, and one of these integrals is zero, contradicting (4.12), (4.13).
Proof of Theorem 14. Sufficiency. Let $D y^{(j)}$ be bounded in $L^{\infty}\left(\Omega ; M^{m \times n}\right)$ and have Young measure $\left(v_{x}\right)_{x \in \Omega}$ with supp $v_{x} \subset K_{1} \cup K_{2}$ almost everywhere. Choose $\varepsilon \in\left(0, \varepsilon_{0}\right)$ sufficiently small so that $N_{\varepsilon}\left(K_{1}\right), N_{\varepsilon}\left(K_{2}\right)$ are disjoint. Then since $D y^{(j)} \rightarrow K_{1} \cup K_{2}$ in measure we have $\lim _{j \rightarrow \infty} \mathcal{L}^{n}\left(T_{\varepsilon}\left(y^{(j)}\right)\right)=0$ and hence by (4.2)

$$
\begin{equation*}
\min \left(\mathcal{L}^{n}\left(\Omega_{1, \varepsilon}\left(y^{(j)}\right)\right), \quad \mathcal{L}^{n}\left(\Omega_{2, \varepsilon}\left(y^{(j)}\right)\right)\right) \rightarrow 0 \tag{4.14}
\end{equation*}
$$

Let $f: M^{m \times n} \rightarrow[0,1]$ be continuous with $f=1$ on $K_{1}, f=0$ outside $N_{\varepsilon}\left(K_{1}\right)$. Then

$$
\begin{equation*}
\lim _{j \rightarrow \infty} f_{\Omega} f\left(D y^{(j)}\right) \mathrm{d} x=f_{\Omega}\left\langle v_{x}, f\right\rangle \mathrm{d} x=f_{\Omega} v_{x}\left(K_{1}\right) \mathrm{d} x \tag{4.15}
\end{equation*}
$$

From (4.14) there exists a subsequence $y^{\left(j_{k}\right)}$ of $y^{(j)}$ such that either $\mathcal{L}^{n}\left(\Omega_{1, \varepsilon}\left(y^{\left(j_{k}\right)}\right)\right) \rightarrow 0$ or $\mathcal{L}^{n}\left(\Omega_{2, \varepsilon}\left(y^{\left(j_{k}\right)}\right)\right) \rightarrow 0$, and so from (4.15) we have that

$$
f_{\Omega} v_{x}\left(K_{1}\right) \mathrm{d} x=0 \text { or } 1,
$$

implying either that supp $v_{x} \subset K_{1}$ almost everywhere or that supp $v_{x} \subset K_{2}$ almost everywhere as required.

Necessity. Fix $\varepsilon$ with $0 \leqq \varepsilon<\varepsilon_{0}$, where $\varepsilon_{0}$ is given by Lemma 15 with $E$ being the eccentricity of $C$ (so that in particular $N_{\varepsilon}\left(K_{1}\right)$ and $N_{\varepsilon}\left(K_{2}\right)$ are disjoint), and let $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$. First suppose that

$$
\mathcal{L}^{n}\left(T_{\varepsilon}(y)\right) \geqq \frac{1}{4} \mathcal{L}^{n}(C) .
$$

Then

$$
\int_{T_{\varepsilon}(y)}\left(1+|D y|^{p}\right) \mathrm{d} x \geqq \frac{1}{4} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(\Omega)} \mathcal{L}^{n}(\Omega),
$$

so that (4.2) holds with $\gamma=\frac{1}{4} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(\Omega)}$.

We thus assume that

$$
\begin{equation*}
\mathcal{L}^{n}\left(T_{\varepsilon}(y)\right)<\frac{1}{4} \mathcal{L}^{n}(C) \tag{4.16}
\end{equation*}
$$

Since $\Omega$ is $C$-connected, there is an equivalence class $\mathcal{C}$ of $\mathcal{K}(C)$ with respect to $\sim$ that covers $\Omega$. Suppose that there exist two sets $C_{1}, C_{2} \in \mathcal{C}$ (in particular, both directly congruent to $C$ ) such that

$$
\begin{equation*}
\mathcal{L}^{n}\left(\left\{x \in C_{i}: D y(x) \in N_{\varepsilon}\left(K_{i}\right)\right\}\right) \geqq \frac{1}{4} \mathcal{L}^{n}(C) \tag{4.17}
\end{equation*}
$$

for $i=1,2$. By the definition of $\sim$ there exist continuous functions $\xi:[0,1] \rightarrow$ $\Omega, Q:[0,1] \rightarrow S O(n)$, such that $\xi(0)+Q(0) C=C_{1}, \xi(1)+Q(1) C=C_{2}$, and $C(t):=\xi(t)+Q(t) C \subset \Omega$ for all $t \in[0,1]$. For $i=1,2$ define

$$
\theta_{i}(t)=\frac{\mathcal{L}^{n}\left(\left\{x \in C(t): D y(x) \in N_{\varepsilon}\left(K_{i}\right)\right\}\right)}{\mathcal{L}^{n}(C)}
$$

Then by (4.16) $\theta_{i}:[0,1] \rightarrow[0,1]$ is continuous, $\theta_{1}(t)+\theta_{2}(t) \geqq \frac{3}{4}$ for all $t \in[0,1]$, and by (4.17) $\theta_{1}(0) \geqq \frac{1}{4}, \theta_{2}(1) \geqq \frac{1}{4}$. Hence there exists $\tau \in[0,1]$ with $\theta_{1}(\tau) \geqq \frac{1}{4}$, $\theta_{2}(\tau) \geqq \frac{1}{4}$. Indeed if $\theta_{2}(0) \geqq \frac{1}{4}$ we can take $\tau=0$. Otherwise $\theta_{2}(0)<\frac{1}{4}$ and so there exists $\tau \in[0,1]$ with $\theta_{2}(\tau)=\frac{1}{4}$ and then $\theta_{1}(\tau)=\theta_{1}(\tau)+\theta_{2}(\tau)-\frac{1}{4} \geqq \frac{1}{2}$. By Lemma 15 applied to $\tilde{C}=C(\tau)$ we deduce that

$$
\int_{T_{\varepsilon}(y)}\left(1+|D y|^{p}\right) \mathrm{d} x \geqq \gamma_{0} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(\Omega)} \mathcal{L}^{n}(\Omega)
$$

so that (4.2) holds with $\gamma=\gamma_{0} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(\Omega)}$.
It therefore remains to consider the case when for some $i=1,2$

$$
\begin{equation*}
\mathcal{L}^{n}\left(\left\{x \in D: D y(x) \in N_{\varepsilon}\left(K_{i}\right)\right\}\right)<\frac{1}{4} \mathcal{L}^{n}(C) \tag{4.18}
\end{equation*}
$$

for every $D \in \mathcal{C}$.
Let $\tilde{x}$ be any Lebesgue point of $\Omega_{i, \varepsilon}=\Omega_{i, \varepsilon}(y)$. Since $\mathcal{C}$ covers $\Omega$ there exist $\xi(\tilde{x}) \in \mathbb{R}^{n}, \tilde{Q}(\tilde{x}) \in S O(\underset{\tilde{C}}{n})$ such that $\tilde{C}(\tilde{x}):=\xi(\tilde{x})+\tilde{Q}(\tilde{x}) C$ belongs to $\mathcal{C}$ and $\tilde{\tilde{x}} \in$ $\tilde{C}(\tilde{x})$. For $0<r \leqq 1$ let $\tilde{C}_{r}(\tilde{x})=r \tilde{C}(\tilde{x})+(1-r) \tilde{x}$. Note that $\tilde{x} \in \tilde{C}_{r}(\tilde{x}) \subset \tilde{C}(\tilde{x})$. Define

$$
f(\tilde{x}, r)=\frac{\mathcal{L}^{n}\left(\tilde{C}_{r}(\tilde{x}) \cap \Omega_{i, \varepsilon}\right)}{\mathcal{L}^{n}\left(\tilde{C}_{r}(\tilde{x})\right)} .
$$

Then $f(\tilde{x}, r)$ is continuous in $r \in(0,1]$, and since $\tilde{x}$ is a Lebesgue point of $\Omega_{i, \varepsilon}$ we have

$$
\lim _{r \rightarrow 0} f(\tilde{x}, r)=1
$$

But by (4.18) applied to $\tilde{C}(\tilde{x})$, we have $f(\tilde{x}, 1)<\frac{1}{4}$, and so there exists $r(\tilde{x}) \in$ $(0,1]$ such that

$$
\mathcal{L}^{n}\left(\left\{x \in \tilde{C}_{r(\tilde{x})}(\tilde{x}): D y(x) \in N_{\varepsilon}\left(K_{i}\right)\right\}\right)=\frac{1}{2} \mathcal{L}^{n}\left(\tilde{C}_{r(\tilde{x})}(\tilde{x})\right)
$$

Let $B(a(C), R(C))$ be the minimal ball containing $C$. Then the balls

$$
B_{\tilde{x}}=B(r(\tilde{x})[\tilde{Q}(\tilde{x}) a(C)+\xi(\tilde{x})]+(1-r(\tilde{x})) \tilde{x}, r(\tilde{x}) R(C))
$$

are such that $C_{r(\tilde{x})}(\tilde{x}) \subset B_{\tilde{x}}$ and in particular they cover the set of Lebesgue points of $\Omega_{i, \varepsilon}$. It follows from Lemma 8 that there exists a finite or countable disjoint subfamily $\left\{B_{j}\right\}$, where $B_{j}=B_{\tilde{x}_{j}}$, such that

$$
\sum_{j} \mathcal{L}^{n}\left(B_{j}\right) \geqq c_{n} \mathcal{L}^{n}\left(\Omega_{i, \varepsilon}\right)
$$

Hence by Lemma 15, writing $\tilde{C}_{j}=\tilde{C}_{r\left(\tilde{x}_{j}\right)}\left(\tilde{x}_{j}\right)$,

$$
\begin{align*}
\int_{T_{\varepsilon}(y)}\left(1+|D y|^{p}\right) \mathrm{d} x & \geqq \sum_{j} \int_{T_{\varepsilon}(y) \cap \tilde{C}_{j}}\left(1+|D y|^{p}\right) \mathrm{d} x \\
& \geqq \gamma_{0} \sum_{j} \mathcal{L}^{n}\left(\tilde{C}_{j}\right) \\
& =\gamma_{0} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(B(0, R(C)))} \sum_{j} \mathcal{L}^{n}\left(B_{j}\right) \\
& \geqq \gamma_{0} c_{n} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(B(0, R(C)))} \mathcal{L}^{n}\left(\Omega_{i, \varepsilon}\right) \\
& \geqq \gamma_{0} c_{n}\left(1-E^{2}\right)^{\frac{n}{2}} \mathcal{L}^{n}\left(\Omega_{i, \varepsilon}\right) \tag{4.19}
\end{align*}
$$

Combining this with the previous cases we deduce that (4.12) holds with

$$
\begin{equation*}
\gamma=\min \left[\gamma_{1} \frac{\mathcal{L}^{n}(C)}{\mathcal{L}^{n}(\Omega)}, \quad \gamma_{0} c_{n}\left(1-E^{2}\right)^{\frac{n}{2}}\right], \tag{4.20}
\end{equation*}
$$

where $\gamma_{1}=\min \left(\gamma_{0}, \frac{1}{4}\right)$.
The transition layer estimate can be given an equivalent formulation in terms of gradient Young measures.

Theorem 16. Let $1<p<\infty$ and let $\Omega$ be $C$-connected. Then $K_{1}, \ldots, K_{N}$ are incompatible if and only if there exist constants $\varepsilon_{0}>0$ and $\gamma>0$ such that if $0 \leqq \varepsilon<\varepsilon_{0}$ and $\left(v_{x}\right)_{x \in \Omega}$ is an $L^{p}$ gradient Young measure then

$$
\begin{align*}
& \int_{\Omega} \int_{\left[\bigcup_{r=1}^{N} N_{\varepsilon}\left(K_{r}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x \\
& \quad \geqq \gamma \max _{1 \leqq r \leqq N} \min \left(\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{r}\right)\right) \mathrm{d} x, \quad \int_{\Omega} v_{x}\left(\bigcup_{s \neq r} N_{\varepsilon}\left(K_{s}\right)\right) \mathrm{d} x\right) \tag{4.21}
\end{align*}
$$

The constant $\varepsilon_{0}$ can be chosen to depend only on $E(C), K_{1}, \ldots, K_{N}$ and $p$, while the constant $\gamma$ can be chosen to depend only on these quantities and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$.

Note that Theorem 13 corresponds to the special case when $v_{x}=\delta_{D y(x)}$. Again we need only prove the case $N=2$ of Theorem 16, namely

Theorem 17. Let $1<p<\infty$ and let $\Omega$ be $C$-connected. A pair of disjoint compact sets $K_{1}, K_{2}$ are incompatible if and only if there exist constants $\varepsilon_{0}>0$ and $\gamma>0$ such that if $0 \leqq \varepsilon<\varepsilon_{0}$ and $\left(v_{x}\right)_{x \in \Omega}$ is an $L^{p}$ gradient Young measure then

$$
\begin{align*}
& \int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x \\
& \quad \geqq \gamma \min \left(\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x, \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x\right) . \tag{4.22}
\end{align*}
$$

The constant $\varepsilon_{0}$ can be chosen to depend only on $E(C), K_{1}, K_{2}$ and $p$, while the constant $\gamma$ can be chosen to depend only on these quantities and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$.

Proof of Theorem 17. Since Theorem 14 is a special case of Theorem 17 we need only show that if $K_{1}, K_{2}$ are incompatible then (4.22) holds. Let $\varepsilon_{0}, \gamma$ be as in Theorem 14, and let $0 \leqq \varepsilon<\varepsilon^{\prime}<\varepsilon_{0}$. Let $\left(v_{x}\right)_{x \in \Omega}$ be an $L^{p}$ gradient Young measure. By Theorem 1, we may suppose that $\left(v_{x}\right)_{x \in \Omega}$ is generated by a sequence $D y^{(j)}$ of gradients which is such that $\left|D y^{(j)}\right|^{p}$ is weakly convergent in $L^{1}(\Omega)$. Also

$$
\begin{equation*}
\int_{\Omega} \int_{M^{m \times n}}|A|^{p} \mathrm{~d} v_{x}(A) \mathrm{d} x<\infty \tag{4.23}
\end{equation*}
$$

For $k=1,2, \ldots$ let $\varphi_{k}: M^{m \times n} \rightarrow[0,1]$ be continuous and satisfy

$$
\varphi_{k}(A)=\left\{\begin{array}{l}
1 \text { if } A \in\left[N_{\varepsilon^{\prime}}\left(K_{1}\right) \cup N_{\varepsilon^{\prime}}\left(K_{2}\right)\right]^{c},  \tag{4.24}\\
0 \text { if } A \in N_{\varepsilon^{\prime}-\frac{1}{k}}\left(K_{1}\right) \cup N_{\varepsilon^{\prime}-\frac{1}{k}}\left(K_{2}\right),
\end{array}\right.
$$

with $\varphi_{k}$ nonincreasing in $k$. The existence of $\tilde{\varphi}_{k}$ satisfying all but the last condition follows from Urysohn's lemma, and then we may set $\varphi_{k}=\min _{j \leq k} \tilde{\varphi}_{j}$. Clearly $\varphi_{k} \rightarrow \chi_{\varepsilon^{\prime}}$ pointwise, where $\chi_{\varepsilon^{\prime}}$ is the characteristic function of the closure of $\left[N_{\varepsilon^{\prime}}\left(K_{1}\right) \cup N_{\varepsilon^{\prime}}\left(K_{2}\right)\right]^{c}$. Similarly, for $l=1,2$ let $\varphi_{k}^{l}: M^{m \times n} \rightarrow[0,1]$ be continuous and satisfy

$$
\varphi_{k}^{l}(A)=\left\{\begin{array}{l}
0 \text { if } A \in N_{\varepsilon^{\prime}}\left(K_{l}\right)^{c},  \tag{4.25}\\
1 \text { if } A \in N_{\varepsilon^{\prime}-\frac{1}{k}}\left(K_{l}\right),
\end{array}\right.
$$

with $\varphi_{k}^{l}$ nondecreasing in $k$. Clearly $\varphi_{k}^{l} \rightarrow \chi\left(\operatorname{int} N_{\varepsilon^{\prime}}\left(K_{l}\right)\right)$ pointwise.
For each $j, k$ we have by Theorem 14 that

$$
\begin{aligned}
\int_{\Omega} \varphi_{k}\left(D y^{(j)}\right)\left(1+\left|D y^{(j)}\right|^{p}\right) \mathrm{d} x & \geqq \int_{\left.T_{\varepsilon^{\prime}(y)}^{(j)}\right)}\left(1+\left|D y^{(j)}\right|^{p}\right) \mathrm{d} x \\
& \geqq \gamma \min \left(\mathcal{L}^{n}\left(\Omega_{1, \varepsilon^{\prime}}\left(y^{(j)}\right)\right), \quad \mathcal{L}^{n}\left(\Omega_{2, \varepsilon^{\prime}}\left(y^{(j)}\right)\right)\right) \\
& \geqq \gamma \min \left(\int_{\Omega} \varphi_{k}^{1}\left(D y^{(j)}\right) \mathrm{d} x, \int_{\Omega} \varphi_{k}^{2}\left(D y^{(j)}\right) \mathrm{d} x\right) .
\end{aligned}
$$

Since $\left|D y^{(j)}\right|^{p}$ is weakly convergent in $L^{1}(\Omega)$, it is equi-integrable, and hence so is $\varphi_{k}\left(D y^{(j)}\right)\left(1+\left|D y^{(j)}\right|^{p}\right)$, which thus has an $L^{1}$ weakly convergent subsequence.

Letting $j \rightarrow \infty$ in this subsequence we deduce from the fundamental properties of Young measures that

$$
\begin{equation*}
\int_{\Omega}\left\langle v_{x}, \varphi_{k}(A)\left(1+|A|^{p}\right)\right\rangle \mathrm{d} x \geqq \gamma \min \left(\int_{\Omega}\left\langle v_{x}, \varphi_{k}^{1}\right\rangle \mathrm{d} x, \int_{\Omega}\left\langle v_{x}, \varphi_{k}^{2}\right\rangle \mathrm{d} x\right) . \tag{4.26}
\end{equation*}
$$

Passing to the limit $k \rightarrow \infty$, using the everywhere monotone convergence of $\varphi_{k}, \varphi_{k}^{1}, \varphi_{k}^{2}$, we obtain

$$
\begin{aligned}
& \int_{\Omega} \int_{M^{m \times n}} \chi_{\varepsilon^{\prime}}(A)\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) d x \\
& \quad \geqq \gamma \min \left(\int_{\Omega} v_{x}\left(\operatorname{int} N_{\varepsilon^{\prime}}\left(K_{1}\right)\right) \mathrm{d} x, \quad \int_{\Omega} v_{x}\left(\operatorname{int} N_{\varepsilon^{\prime}}\left(K_{2}\right)\right) \mathrm{d} x\right) \\
& \quad \geqq \gamma \min \left(\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x, \quad \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x\right)
\end{aligned}
$$

Letting $\varepsilon^{\prime} \rightarrow \varepsilon+$, and noting that $\chi_{\varepsilon^{\prime}} \rightarrow \chi\left(\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}\right)$ monotonically, we deduce by (4.23) and monotone convergence that (4.22) holds.

Corollary 18. Let $K_{1}, \ldots K_{N}$ be incompatible. Then there exists $\varepsilon_{0}>0$ such that $N_{\varepsilon}\left(K_{1}\right), \ldots, N_{\varepsilon}\left(K_{N}\right)$ are incompatible for $0 \leqq \varepsilon<\varepsilon_{0}$.

Proof. By Remark 6b we may assume that $\Omega$ is $C$-connected, while by Remark 6a we need only show that $N_{\varepsilon}\left(K_{r}\right)$ and $\bigcup_{s \neq r} N_{\varepsilon}\left(K_{s}\right)$ are incompatible. Let supp $v_{x} \subset$ $\bigcup_{r=1}^{N} N_{\varepsilon}\left(K_{r}\right)$ almost everywhere. Then the left-hand side of (4.21) is zero. Hence for each $r$ either $v_{x}\left(N_{\varepsilon}\left(K_{r}\right)\right)=0$ almost everywhere or $v_{x}\left(\bigcup_{s \neq r} N_{\varepsilon}\left(K_{s}\right)\right)=0$ almost everywhere, and hence either supp $v_{x} \subset \bigcup_{s \neq r} N_{\varepsilon}\left(K_{s}\right)$ almost everywhere or supp $v_{x} \subset N_{\varepsilon}\left(K_{r}\right)$ almost everywhere, giving the result.

Applying the above Corollary 18 to the case when each $K_{r}$ consists of a single matrix we immediately obtain

Corollary 19. For any $N$ the set of points $\left(A_{1}, \ldots, A_{N}\right) \in\left(M^{m \times n}\right)^{N}$ with $\left\{A_{1}\right\}, \ldots$, $\left\{A_{N}\right\}$ incompatible is open.

When $N=2$ this already gives interesting information. Indeed it implies a special case of Šverák's three matrix theorem [70]. In fact if $A_{1}, A_{2} \in M^{m \times n}$, with $\operatorname{rank}\left(A_{1}-A_{2}\right)>1$, we have that $\left\{A_{1}\right\},\left\{A_{2}\right\}$ are incompatible, and so if $A_{3}$ is taken sufficiently close to $A_{2}$ with rank $\left(A_{2}-A_{3}\right)>1$ we have that the sets $K_{1}=\left\{A_{1}\right\}$ and $K_{2}=\left\{A_{2}, A_{3}\right\}$ are incompatible. Thus if $\left(v_{x}\right)_{x \in \Omega}$ is a gradient Young measure with supp $v_{x} \subset\left\{A_{1}, A_{2}, A_{3}\right\}$ almost everywhere then either $v_{x}=\delta_{A_{1}}$ almost everywhere or $\operatorname{supp} v_{x} \subset\left\{A_{2}, A_{3}\right\}$ almost everywhere. In the latter case, since $\left\{A_{2}\right\},\left\{A_{3}\right\}$ are incompatible, we have that either $v_{x}=\delta_{A_{2}}$ almost everywhere or $v_{x}=\delta_{A_{3}}$ almost everywhere. Hence $v_{x}=\delta_{A_{i}}$ almost everywhere for some $i$, which is the statement of Šverák's theorem in this special case. As remarked to us
by Šverák, this special case cannot be proved using the minors relations alone. For example, taking $m=n=2$, the probability measure

$$
\nu=\frac{\varepsilon^{2}}{4-\varepsilon^{2}} \delta_{\mathbf{0}}+\frac{2-\varepsilon^{2}}{4-\varepsilon^{2}}\left(\delta_{\mathbf{1}}+\delta_{A_{\varepsilon}}\right),
$$

where $A_{\varepsilon}=\left(\begin{array}{cc}1-\varepsilon & 0 \\ 0 & 1+\varepsilon\end{array}\right)$ and $\varepsilon>0$ is sufficiently small, satisfies the minors relation $\operatorname{det} \bar{v}=\langle v, \operatorname{det}\rangle$, but by the above $\{\mathbf{0}\},\{\mathbf{1}\},\left\{A_{\varepsilon}\right\}$ are incompatible. By Theorem 10, Corollary 18 thus implies the existence of quasiconvex functions that are not polyconvex. In [13] we give a new proof of the three matrix theorem in the general case, using similar techniques as in the proof of Theorem 13 plus ingredients from the theory of quasiregular maps. Another proof using results from the theory of two dimensional quasiregular maps is due to Astala and Faraco [2].

The following simple example shows that Theorems 13, 14, 16, 17 are not true if $1+|A|^{p}$ is replaced by $|A|^{p}$ in the integrals over the transition layer, even when the volume of the transition layer is arbitrarily small.

Example 10. Let $m=n=2, \Omega=(0,1)^{2}$ and let $A_{1}=e_{2} \otimes e_{2}, A_{2}=\left(e_{1}+e_{2}\right) \otimes$ $\left(e_{1}+e_{2}\right)$. Then $K_{1}=\left\{A_{1}\right\}, K_{2}=\left\{A_{2}\right\}$ are incompatible, but $\mathbf{0}$ is compatible with both $A_{1}$ and $A_{2}$. Define for small $\delta>0$ and for $x \in \Omega$,

$$
y_{\delta}(x)= \begin{cases}x_{2} e_{2} & \text { if } 0<x_{2}<1-\delta \\ (1-\delta) e_{2} & \text { if } x_{2} \geqq 1-\delta, x_{1}+x_{2} \leqq 2-\delta, \\ \left(e_{1}+e_{2}\right)\left(x_{1}+x_{2}\right)+(\delta-2) e_{1}-e_{2} & \text { if } x_{2} \geqq 1-\delta, x_{1}+x_{2}>2-\delta\end{cases}
$$

Then

$$
D y_{\delta}(x)= \begin{cases}A_{1} & \text { if } 0<x_{2}<1-\delta \\ \mathbf{0} & \text { if } x_{2} \geqq 1-\delta, x_{1}+x_{2} \leqq 2-\delta \\ A_{2} & \text { if } x_{2} \geqq 1-\delta, x_{1}+x_{2}>2-\delta\end{cases}
$$

and we have for any $p>1$

$$
\int_{T_{0}\left(y_{\delta}\right)}\left|D y_{\delta}\right|^{p} \mathrm{~d} x=0, \quad \min \left\{\mathcal{L}^{2}\left(\Omega_{1,0}\left(y_{\delta}\right)\right), \mathcal{L}^{2}\left(\Omega_{2,0}\left(y_{\delta}\right)\right)\right\}=\frac{1}{2} \delta^{2}
$$

We now show that Theorems 13, 14, 16, 17 do not hold for general bounded domains $\Omega$. Since by Proposition 7 the hypothesis in these theorems that $\Omega$ be $C$-connected is equivalent to the cone condition, for a counterexample we need a domain not satisfying the cone condition.

Example 11. We take $\Omega$ to be the 'rooms and passages' domain of Fraenkel [39]. For simplicity we let $m=n=2$. This domain $\Omega$ consists of the union of a sequence of square rooms $Q_{j}=\left(a_{j}, 0\right)+h_{j}(-1,1)^{2}, j=1,2, \ldots$, of decreasing side $2 h_{j}>0$, centred at the points $\left(a_{j}, 0\right) \in \mathbb{R}^{2}$ on the $x_{1}$-axis, where $a_{1}=0, a_{j}>0$, together with the rectangular connecting corridors $C_{j}=\left[a_{j}+\right.$ $\left.h_{j}, a_{j+1}-h_{j+1}\right] \times\left(-d_{j}, d_{j}\right)$ of length $l_{j}=a_{j+1}-h_{j+1}-\left(a_{j}+h_{j}\right)>0$ and thickness $2 d_{j}$, where $0<d_{j}<h_{j+1}$. In order for $\Omega$ to be bounded, we require that $\sum_{j=1}^{\infty}\left(2 h_{j}+l_{j}\right)<\infty$.

Let $A_{1}, A_{2} \in M^{2 \times 2}$ with rank $\left(A_{1}-A_{2}\right)>1$, for example $A_{1}=\mathbf{0}, A_{2}=\mathbf{1}$. Thus by Example 4 the sets $K_{1}=\left\{A_{1}\right\}, K_{2}=\left\{A_{2}\right\}$ are incompatible. We define $y^{(j)}: \Omega \rightarrow \mathbb{R}^{2}$ by

$$
y^{(j)}(x)= \begin{cases}A_{1} x & \text { if } x \in \Omega_{j} \\ \frac{x_{1}-a_{j-1}-h_{j-1}}{l_{j-1}} A_{2} x+\left(1-\frac{x_{1}-a_{j-1}-h_{j-1}}{l_{j-1}}\right) A_{1} x & \text { if } x \in C_{j-1} \\ A_{2} x & \text { if } x \in Q_{j} \\ \frac{x_{1}-a_{j}-h_{j}}{l_{j}} A_{1} x+\left(1-\frac{x_{1}-a_{j}-h_{j}}{l_{j}}\right) A_{2} x & \text { if } x \in C_{j}\end{cases}
$$

where $\Omega_{j}=\Omega \backslash\left(C_{j-1} \cup Q_{j} \cup C_{j}\right)$. Thus in the corridor $C_{j-1}$

$$
\left|D y^{(j)}(x)\right| \leqq c_{0}+\frac{c_{1}}{l_{j-1}}
$$

while in the corridor $C_{j}$

$$
\left|D y^{(j)}(x)\right| \leqq c_{0}+\frac{c_{1}}{l_{j}}
$$

where $c_{0}, c_{1}$ are constants independent of $j$. Thus taking $\varepsilon=0$, we have

$$
\begin{aligned}
\int_{T_{0}\left(y^{(j)}\right)}\left(1+\left|D y^{(j)}\right|^{p}\right) \mathrm{d} x= & \int_{C_{j-1} \cup C_{j}}\left(1+\left|D y^{(j)}\right|^{p}\right) \mathrm{d} x \\
\leqq & 2 l_{j-1} d_{j-1}\left[1+\left(c_{0}+\frac{c_{1}}{l_{j-1}}\right)^{p}\right] \\
& +2 l_{j} d_{j}\left[1+\left(c_{0}+\frac{c_{1}}{l_{j}}\right)^{p}\right]
\end{aligned}
$$

while

$$
\min \left(\mathcal{L}^{2}\left(\Omega_{1,0}\left(y^{(j)}\right)\right), \mathcal{L}^{2}\left(\Omega_{2,0}\left(y^{(j)}\right)\right)=\mathcal{L}^{2}\left(Q_{j}\right)=4 h_{j}^{2}\right.
$$

Thus, fixing the sequences $h_{j}$ and $l_{j}$ and letting $d_{j} \rightarrow 0$ sufficiently rapidly as $j \rightarrow \infty$, we violate the conclusion (4.2) of Theorem 14 for any choice of $\gamma$.

For applications it is important to be able to estimate the constants $\varepsilon_{0}$ and $\gamma$ in Theorems 13, 14, 16, 17 and Corollary 18. The proof of Theorem 14 gives a lower bound on $\gamma$ (see (4.20)) in terms of the constant $\gamma_{0}$ occurring in Lemma 15. This lemma is proved by contradiction, and thus gives no estimate on $\varepsilon_{0}$ or $\gamma_{0}$. However, Zhang [83-85] has obtained estimates for the constant $\varepsilon_{0}$ in Corollary 18 using Schauder estimates in BMO and Campanato spaces for linear elliptic systems in the two cases (a) $m$ and $n$ arbitrary, $K_{r}=\left\{A_{r}\right\}, r=1, \ldots, N$, where the linear span of the distinct matrices $A_{1}, \ldots, A_{N}$ has no rank-one connections, and (b) $m=n=2$ and $K_{r}=\lambda_{r} S O(2), r=1, \ldots, N$, with $0<\lambda_{1}<\cdots<\lambda_{N}$.

As regards $\gamma$ we can obtain upper bounds by considering explicit test functions. We illustrate this in the next example for the case when $m=n, p=2, \Omega$ is a ball and $K_{1}=\{\lambda \mathbf{1}\}, K_{2}=\{\mu \mathbf{1}\}$ with $\lambda \neq \mu$.

Example 12. Let $m=n>1, \Omega=B(0,1), A_{1}=\lambda 1, A_{2}=\mu \mathbf{1}, \lambda \neq \mu$. We consider for $k>1$ and sufficiently small $\varepsilon>0$ the radial mapping

$$
\begin{equation*}
y_{\varepsilon}(x)=\frac{r_{\varepsilon}(R)}{R} x \tag{4.27}
\end{equation*}
$$

where $R=|x|$ and

$$
r_{\varepsilon}(R)= \begin{cases}\lambda R & \text { if } 0 \leqq R \leqq \varepsilon  \tag{4.28}\\ \mu R & \text { if } k \varepsilon \leqq R<1\end{cases}
$$

For $\varepsilon<R<k \varepsilon$ we choose $r_{\varepsilon}$ so that it is continuous and minimizes

$$
\begin{equation*}
\int_{\{\varepsilon<|x|<k \varepsilon\}}\left(1+|D y|^{2}\right) \mathrm{d} x \text {. } \tag{4.29}
\end{equation*}
$$

Noting that

$$
\begin{equation*}
|D y|^{2}=(n-1)\left(\frac{r}{R}\right)^{2}+\left(r^{\prime}\right)^{2} \tag{4.30}
\end{equation*}
$$

the Euler-Lagrange equation for the functional

$$
\begin{equation*}
\int_{\varepsilon}^{k \varepsilon} R^{n-1}\left(1+(n-1)\left(\frac{r}{R}\right)^{2}+\left(r^{\prime}\right)^{2}\right) \mathrm{d} R \tag{4.31}
\end{equation*}
$$

has linearly independent solutions $r=R$ and $r=R^{1-n}$. Choosing constants $A, B$ so that $r(R)=A R+B R^{1-n}$ satisfies $r(\varepsilon)=\lambda \varepsilon, r(k \varepsilon)=\mu k \varepsilon$, we find that for the optimal transition layer

$$
\begin{equation*}
r_{\varepsilon}(R)=\left(\frac{k^{n} \mu-\lambda}{k^{n}-1}\right) R+\frac{(\lambda-\mu)(\varepsilon k)^{n}}{k^{n}-1} R^{1-n}, \quad \text { if } \varepsilon<R<k \varepsilon \tag{4.32}
\end{equation*}
$$

(In fact by uniqueness of solutions to Laplace's equation this radial solution is the minimizer of (4.29) among all (not necessarily radial) maps matching the boundary conditions at $R=\varepsilon, k \varepsilon$.) Denoting by $T=\{\varepsilon<|x|<k \varepsilon\}$ the transition layer, we calculate using (4.30) that the ratio

$$
\rho=\frac{\int_{T}\left(1+|D y|^{2}\right) \mathrm{d} x}{\mathcal{L}^{n}(\{x: D y(x)=\lambda x\})}
$$

is given by

$$
\begin{aligned}
\rho & =\frac{1}{\varepsilon^{n-1} \omega_{n}} \int_{\varepsilon}^{k \varepsilon} R^{n-1}\left[1+n\left(\frac{k^{n} \mu-\lambda}{k^{n}-1}\right)^{2}+n(n-1)\left(\frac{\lambda-\mu}{k^{n}-1}\right)^{2}\left(\frac{\varepsilon k}{R}\right)^{2 n}\right] \mathrm{d} R \\
& =\int_{1}^{k} s^{n-1}\left[1+n\left(\frac{k^{n} \mu-\lambda}{k^{n}-1}\right)^{2}+n(n-1)\left(\frac{\lambda-\mu}{k^{n}-1}\right)^{2}\left(\frac{k}{s}\right)^{2 n}\right] \mathrm{d} s \\
& =\frac{k^{n}-1}{n}+\frac{\left(k^{n} \mu-\lambda\right)^{2}}{k^{n}-1}+(n-1) \frac{(\lambda-\mu)^{2} k^{n}}{k^{n}-1}
\end{aligned}
$$

Here $\omega_{n}$ denotes the ( $n-1$ )-dimensional measure of the unit sphere in $\mathbb{R}^{n}$. To find the optimal width of the transition layer, we minimize $\rho$ over $k>1$. Setting $\tau=k^{n}$
and minimizing over $\tau>1$ we find that the minimum value $\rho_{\min }$ is achieved when $\tau=1+\frac{n}{\sqrt{1+n \mu^{2}}}|\lambda-\mu|$, and that

$$
\rho_{\min }=(n-1)(\lambda-\mu)^{2}+2\left(\sqrt{1+n \mu^{2}}-\operatorname{sign}(\lambda-\mu)\right)|\lambda-\mu| .
$$

Interchanging $\lambda$ and $\mu$ we deduce finally that the constant $\gamma$ satisfies

$$
\begin{equation*}
\gamma \leqq(n-1)(\lambda-\mu)^{2}+2 h(\lambda, \mu)|\lambda-\mu| \tag{4.33}
\end{equation*}
$$

where $h(\lambda, \mu)=\min \left(\sqrt{1+n \mu^{2}}-\operatorname{sign}(\lambda-\mu), \sqrt{1+n \lambda^{2}}-\operatorname{sign}(\mu-\lambda)\right)$. Of course this upper bound tends to zero as $\lambda \rightarrow \mu$. Note that the upper bound is proportional to $|\lambda-\mu|$ when both $\lambda$ and $\mu$ are near one.

## 5. Local Minimizers and Metastability

In this section we apply the transition layer estimate to prove that certain maps or microstructures (in the parent phase) are local minimizers of the corresponding energy, the mechanism being that the values of the gradient that could potentially lower the energy (those of the product phase) are incompatible with those of the parent phase, so that the gain in energy due to the resulting transition layer is greater than the loss of energy in using the gradients of the product phase. In applications to materials undergoing solid phase transformations this provides a mechanism for incompatibility induced hysteresis.

The basic integral we consider is

$$
\begin{equation*}
I(y)=\int_{\Omega} W(D y(x)) \mathrm{d} x \tag{5.1}
\end{equation*}
$$

where $\Omega \subset \mathbb{R}^{n}$ is a bounded domain that is $C$-connected. We assume that
(H1) $W: M^{m \times n} \rightarrow \mathbb{R} \cup\{+\infty\}$ is lower semicontinuous,
(H2) There exist constants $c_{0} \in \mathbb{R}, c_{1}>0, p>1$ such that

$$
\begin{equation*}
W(A) \geqq c_{0}+c_{1}|A|^{p} \text { for all } A \in M^{m \times n} . \tag{5.2}
\end{equation*}
$$

More generally we will consider the extension (relaxation) of (5.1) to gradient Young measures

$$
\begin{equation*}
I(v)=\int_{\Omega} \int_{M^{m \times n}} W(A) \mathrm{d} v_{x}(A) \mathrm{d} x \tag{5.3}
\end{equation*}
$$

where $v=\left(v_{x}\right)_{x \in \Omega}$ is the Young measure corresponding to a sequence $D y^{(j)}$ that is bounded in $L^{p}\left(\Omega ; M^{m \times n}\right)$. The functional (5.1) corresponds to the special case when $v_{x}=\delta_{D y(x)}$ for some $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$.

We suppose that the parent and product phases are represented by the compact sets $K_{1}, K_{2} \subset M^{m \times n}$ respectively, where $K_{1}, K_{2}$ are incompatible. Let $\varepsilon_{0}=$ $\varepsilon_{0}\left(E(C), K_{1}, K_{2}, p\right)$ be as in Theorem 14, and fix $\varepsilon$ with $0<\varepsilon<\varepsilon_{0}$. We assume that
(H3) $\min _{A \in N_{\varepsilon / 2}\left(K_{1}\right)} W(A)=0, W(A) \geqq 0$ for all $A \in N_{\varepsilon}\left(K_{1}\right)$,
(H4) $W(A) \geqq-\delta$ for all $A \in N_{\varepsilon}\left(K_{2}\right)$ and some $\delta>0$,
(H5) $W(A) \geqq \alpha$ for all $A \in\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}$ and some $\alpha>0$.

Thus $W$ has a local minimizer near the well $K_{1}$, with minimum value zero, and a possibly lower local minimizer near the well $K_{2}$. We will assume later that $\delta>0$ is sufficiently small, while $\alpha>0$ remains fixed. The hypotheses (H1)-(H5) are satisfied if $W$ is a small perturbation of some $W_{0}$ which has local minimizers with equal minimum value zero at the wells $K_{1}, K_{2}$, as we now show.

Proposition 20. Assume that
$(\mathrm{H} 1)^{\prime} W_{\tau}: M^{m \times n} \rightarrow \mathbb{R} \cup\{+\infty\}$ is lower semicontinuous in $(\tau, A) \in[0,1] \times$ $M^{m \times n}$, with $W_{\tau}(A)$ continuous in $\tau$ for all $A \in M^{m \times n}$,
$(\mathrm{H} 2)^{\prime} W_{0}(A) \geqq 0$ for all $A \in M^{m \times n}$, and $W_{0}^{-1}(0)=K_{1} \cup K_{2}$,
(H3)' $\min _{A \in N_{\varepsilon}\left(K_{1}\right)} W_{\tau}(A)=0$ for all $\tau \in[0,1]$,
$(\mathrm{H} 4)^{\prime} W_{\tau}(A) \geqq c_{0}+c_{1}|A|^{p}$ for all $\tau \in[0,1], A \in M^{m \times n}$.
Then, for sufficiently small $\tau>0, W_{\tau}$ satisfies (H1)-(H5) for some fixed $\alpha>0$ and $\delta=\delta(\tau)$ satisfying

$$
\begin{equation*}
\lim _{\tau \rightarrow 0+} \delta(\tau)=0 \tag{5.4}
\end{equation*}
$$

Proof. Clearly $W_{\tau}$ satisfies (H1), (H2). To prove (H3) note that by (H3)' there exists $A_{\tau} \in N_{\varepsilon}\left(K_{1}\right)$ with $W_{\tau}\left(A_{\tau}\right)=0$. We claim that $A_{\tau} \in N_{\varepsilon / 2}\left(K_{1}\right)$ for $\tau$ sufficiently small. If not, there would exist $\tau_{j} \rightarrow 0$ with dist $\left(A_{\tau_{j}}, K_{1}\right)>\varepsilon / 2$ for all $j$, and we can suppose that $A_{\tau_{j}} \rightarrow A \notin N_{\varepsilon / 4}\left(K_{1}\right)$. But then by (H1)

$$
\begin{equation*}
0=\liminf _{j \rightarrow \infty} W_{\tau_{j}}\left(A_{\tau_{j}}\right) \geqq W_{0}(A), \tag{5.5}
\end{equation*}
$$

and so by (H2) $A \in K_{1}$, a contradiction.
To prove ( H 4$)$ note that by $\left(\mathrm{H} 1^{\prime}\right),\left(\mathrm{H} 4^{\prime}\right), W_{\tau}$ attains a minimum on $N_{\varepsilon}\left(K_{2}\right)$ at some $B_{\tau}$, so that $W_{\tau}(A) \geqq-\delta(\tau)$ for $A \in N_{\varepsilon}\left(K_{2}\right)$, where

$$
\delta(\tau)=\max \left\{-W_{\tau}\left(B_{\tau}\right), \tau\right\}>0
$$

Letting $\tau \rightarrow 0+$ we have by $\left(\mathrm{H}^{\prime}\right)$ that $0 \leqq W_{0}(B) \leqq{\lim \inf _{\tau \rightarrow 0+}}^{W_{\tau}\left(B_{\tau}\right) \text { for }}$ some $B \in N_{\varepsilon}\left(K_{2}\right)$ and so $\lim _{\tau \rightarrow 0+} \delta(\tau)=0$.

To prove (H5) note that by (H1'), (H4'), $W_{\tau}$ attains a minimum on the closure of $\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}$ at some $C_{\tau}$, where $C_{\tau}$ is bounded for sufficiently small $\tau$. If (H5) were false then there would exist a sequence $\tau_{j} \rightarrow 0+$ with $W_{\tau_{j}}\left(C_{\tau_{j}}\right) \leqq 1 / j$ and we may assume that $C_{j} \rightarrow C \notin K_{1} \cup K_{2}$. But then ( $\mathrm{H}^{\prime}$ ) and ( $\mathrm{H}^{\prime}$ ) imply that $0<W_{0}(C) \leqq \liminf _{j \rightarrow \infty} W_{\tau_{j}}\left(C_{j}\right) \leqq 0$, a contradiction.

Theorem 21. Let $\Omega$ be C-connected, and let $W$ satisfy (H1)-(H5) with $\delta$ sufficiently small, so that $0<\delta<\delta_{0}$, where $\delta_{0}$ is a constant depending only on $K_{1}, K_{2}, p, E(C), \mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega), \varepsilon, c_{0}, c_{1}$ and $\alpha$. Let $v^{*}=\left(v_{x}^{*}\right)_{x \in \Omega}$ be an $L^{p}$ gradient Young measure with supp $v_{x}^{*} \subset\left\{A \in N_{\varepsilon}\left(K_{1}\right): W(A)=0\right\}$ and
$\bar{v}_{x}^{*}=D y^{*}(x)$, where $y^{*} \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$. Then there exists $\sigma>0$, depending on the above quantities and $\mathcal{L}^{n}(\Omega)$, such that

$$
\begin{equation*}
I(v) \geqq I\left(v^{*}\right) \tag{5.6}
\end{equation*}
$$

for any $L^{p}$ gradient Young measure $v=\left(v_{x}\right)_{x \in \Omega}$ with $\bar{v}_{x}=D y(x)$ and

$$
\begin{equation*}
\left\|y-y^{*}\right\|_{L^{1}\left(\Omega ; \mathbb{R}^{m}\right)}<\sigma \tag{5.7}
\end{equation*}
$$

The inequality in (5.6) is strict unless $\operatorname{supp} v_{x} \subset\left\{A \in N_{\varepsilon}\left(K_{1}\right): W(A)=0\right\}$ for almost everywhere $x \in \Omega$.

We will use the following lemmas.
Lemma 22. Let $\Omega$ be $C$-connected. There exist $\Delta>0$ depending only on $K_{1}, K_{2}$, $p, E, \varepsilon$ and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$, and $\beta>0$ depending only on the eccentricity $E(C)$ and $\mathcal{L}^{n}(C) / \mathcal{L}^{n}(\Omega)$, such that if $v=\left(v_{x}\right)_{x \in \Omega}$ is an $L^{p}$ gradient Young measure with $\bar{v}_{x}=D y(x)$ for $y \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ and

$$
\begin{equation*}
\int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x+\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x<\Delta \mathcal{L}^{n}(\Omega) \tag{5.8}
\end{equation*}
$$

then

$$
\begin{equation*}
\|y-z\|_{L^{1}\left(\Omega ; \mathbb{R}^{m}\right)}>\beta \Delta \mathcal{L}^{n}(\Omega)^{\frac{n+1}{n}} \tag{5.9}
\end{equation*}
$$

for all $z \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ with $D z(x) \in N_{\varepsilon}\left(K_{1}\right)^{\mathrm{qc}}$ almost everywhere in $\Omega$.
Proof. We first claim that it suffices to prove the existence of $\Delta$ in the special case when $\Omega$ is the open ball $B=B\left(0, r_{n}\right)=B\left(0,\left(n / \omega_{n}\right)^{\frac{1}{n}}\right)$ for which $\mathcal{L}^{n}(B)=1$, with $\beta=1$. Indeed suppose this has been proved with corresponding $\Delta=\Delta_{B}$ and let $\Omega$ be $C$-connected with $E(C)=E$ and $\mathcal{L}^{n}(C)=\kappa \mathcal{L}^{n}(\Omega)$. Then since $\Omega$ is $C$-filled, $\Omega$ contains an open ball of radius $\frac{1}{2} r(C)$, and since $R(C) \geqq\left(\frac{n \mathcal{L}^{n}(C)}{\omega_{n}}\right)^{\frac{1}{n}}=$ $\left(\frac{n \kappa \mathcal{L}^{n}(\Omega)}{\omega_{n}}\right)^{\frac{1}{n}}, \Omega$ contains an open ball $B_{\rho}=a+\rho B(0,1)$ of radius

$$
\rho=\frac{1}{2}\left(\frac{n \kappa \mathcal{L}^{n}(\Omega)}{\omega_{n}}\right)^{\frac{1}{n}}\left(1-E^{2}\right)^{\frac{1}{2}}
$$

Therefore if (5.8) holds with $\Delta$ given by $\Delta(E, \kappa)=2^{-n} \kappa\left(1-E^{2}\right)^{\frac{n}{2}} \Delta_{B}$ then

$$
\begin{align*}
& \int_{B_{\rho}} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) d x \\
& \quad+\int_{B_{\rho}} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x<2^{-n} \kappa\left(1-E^{2}\right)^{\frac{n}{2}} \Delta_{B} \mathcal{L}^{n}(\Omega) . \tag{5.10}
\end{align*}
$$

Define $\mu=\left(\mu_{x}\right)_{x \in B}$ by $\mu_{x}=v_{a+\frac{\rho}{r_{n}} x}$ and $\tilde{y}(x)=\frac{r_{n}}{\rho} y\left(a+\frac{\rho}{r_{n}} x\right)$. Then $D \tilde{y}(x)=$ $\bar{\mu}_{x}$. Hence

$$
\begin{equation*}
\int_{B} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} \mu_{x}(A) \mathrm{d} x+\int_{B} \mu_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x<\Delta_{B} . \tag{5.11}
\end{equation*}
$$

If $z \in W^{1, p}\left(\Omega ; \mathbb{R}^{m}\right)$ with $D z(x) \in N_{\varepsilon}\left(K_{1}\right)^{\text {qc }}$ almost everywhere and $\tilde{z}(x)=$ $\frac{r_{n}}{\rho} z\left(a+\frac{\rho}{r_{n}} x\right)$ we have that $D \tilde{z}(x)=D z\left(a+\frac{\rho}{r_{n}} x\right) \in N_{\varepsilon}\left(K_{1}\right)^{\text {qc }}$ for almost every $x \in B$. Since we are assuming the result holds for $\Omega=B$ and $\beta=1$ we deduce that

$$
\|\tilde{y}-\tilde{z}\|_{L^{1}\left(B ; \mathbb{R}^{m}\right)}>\Delta_{B},
$$

which implies that

$$
\|y-z\|_{L^{1}\left(\Omega ; \mathbb{R}^{m}\right)} \geqq\|y-z\|_{L^{1}\left(B_{\rho} ; \mathbb{R}^{m}\right)}>\beta(\kappa, E) \Delta(\kappa, E) \mathcal{L}^{n}(\Omega)^{\frac{n+1}{n}},
$$

where $\beta(\kappa, E)=\frac{1}{2} \kappa^{\frac{1}{n}}\left(1-E^{2}\right)^{\frac{1}{2}}$, proving the claim.
Suppose then that the result is false for $\Omega=B$ and $\beta=1$, so that it is false for $\Delta=\frac{1}{j}$ for every $j$. Then there exist a sequence of $L^{p}$ gradient Young measures $v^{(j)}=\left(v_{x}^{(j)}\right)_{x \in B}$, and mappings $y^{(j)} \in W^{1, p}\left(B ; \mathbb{R}^{m}\right)$ with $\bar{v}_{x}^{(j)}=D y^{(j)}(x)$, $z^{(j)} \in W^{1, p}\left(B ; \mathbb{R}^{m}\right)$ with $D z^{(j)}(x) \in N_{\varepsilon}\left(K_{1}\right)^{\text {qc }}$ almost everywhere in $B$, such that

$$
\begin{equation*}
\int_{B} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}^{(j)}(A) \mathrm{d} x+\int_{B} v_{x}^{(j)}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x<j^{-1} \tag{5.12}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|y^{(j)}-z^{(j)}\right\|_{L^{1}\left(B ; \mathbb{R}^{m}\right)} \leqq j^{-1} \tag{5.13}
\end{equation*}
$$

It follows from (5.12) and the boundedness of $N_{\varepsilon}\left(K_{1}\right), N_{\varepsilon}\left(K_{2}\right)$ that

$$
\begin{equation*}
\int_{B} \int_{M^{m \times n}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}^{(j)}(A) \mathrm{d} x \leqq M<\infty \tag{5.14}
\end{equation*}
$$

for all $j$. We may suppose without loss of generality that $\int_{B} y^{(j)}(x) \mathrm{d} x=0$. We use the inequality (see Morrey [58, p. 82] for similar results and proofs)

$$
\begin{equation*}
\int_{B}|u|^{p} \mathrm{~d} x \leqq C\left(\int_{B}|D u|^{p} \mathrm{~d} x+\left|\int_{B} u \mathrm{~d} x\right|^{p}\right) \text { for all } u \in W^{1, p}\left(B ; \mathbb{R}^{m}\right) \tag{5.15}
\end{equation*}
$$

where $C$ is a constant. Applying (5.15) to $y^{(j)}$, using $\bar{v}_{x}^{(j)}=D y^{(j)}(x)$ and Hölder's inequality, we deduce that $y^{(j)}$ is bounded in $W^{1, p}\left(B ; \mathbb{R}^{m}\right)$. Extracting a subsequence (not relabelled) if necessary, we may assume that $v^{(j)} \stackrel{*}{\rightharpoonup} v$ in $L_{w}^{\infty}\left(B ; C_{0}\right.$ $\left(M^{m \times n}\right)^{*}$ ), and hence by Sychev [72, Proposition 4.5] $v=\left(v_{x}\right)_{x \in B}$ is an $L^{p}$ gradient Young measure. Thus $\bar{v}_{x}=D y(x)$ almost everywhere for some $y \in$ $W^{1, p}\left(B ; \mathbb{R}^{m}\right)$ with $\int_{B} y \mathrm{~d} x=0$. We claim that $y^{(j)} \rightharpoonup y$ in $W^{1, p}\left(B ; \mathbb{R}^{m}\right)$. To this end let $\theta_{k}:[0, \infty) \rightarrow[0,1]$ satisfy $\theta_{k}(s)=1$ for $s \in[0, k], \theta_{k}(s)=0$ for $s \in[k+1, \infty)$. Then if $\psi \in C_{0}^{\infty}(\Omega)$ we have that

$$
\begin{aligned}
& \limsup _{j \rightarrow \infty}\left|\int_{B} \psi(x)\left(D y^{(j)}(x)-D y(x)\right) \mathrm{d} x\right| \\
& \quad=\limsup _{j \rightarrow \infty}\left|\int_{B} \psi(x) \int_{M^{m \times n}} A \mathrm{~d}\left(v_{x}^{(j)}-v_{x}\right)(A) \mathrm{d} x\right|
\end{aligned}
$$

$$
\begin{aligned}
& \leqq \limsup _{j \rightarrow \infty}\left|\int_{B} \psi(x) \int_{M^{m \times n}} \theta_{k}(|A|) A \mathrm{~d}\left(v_{x}^{(j)}-v_{x}\right)(A) \mathrm{d} x\right| \\
& +\limsup _{j \rightarrow \infty}\left|\int_{B} \psi(x) \int_{|A| \geqq k}\left(1-\theta_{k}(|A|)\right) A \mathrm{~d}\left(v_{x}^{(j)}-v_{x}\right)(A) \mathrm{d} x\right| \\
& \leqq \limsup _{j \rightarrow \infty}\left|\int_{B}\right| \psi(x)\left|\left(\int_{|A| \geqq k}|A| \mathrm{d}\left(v_{x}^{(j)}+v_{x}\right)(A)\right)\right|, \\
& \leqq \frac{C}{k^{p-1}},
\end{aligned}
$$

for some constant $C$, where we have used $\nu^{(j)} \stackrel{*}{\rightharpoonup} v$ in $L_{w}^{\infty}\left(B ; C_{0}\left(M^{m \times n}\right)^{*}\right)$, (5.14) and relation (iii) of Theorem 1. Letting $k \rightarrow \infty$ we deduce that $D y^{(j)} \rightharpoonup D y$ in $L^{p}\left(B ; M^{m \times n}\right)$, from which the claim follows since $\int_{B} y^{(j)} \mathrm{d} x=\int_{B} y \mathrm{~d} x=0$. By the compactness of the embedding we have that $y^{(j)} \rightarrow y$ strongly in $L^{p}\left(B ; \mathbb{R}^{m}\right)$.

Note that by (5.12) we have that

$$
\begin{equation*}
\int_{B}\left(1-v_{x}^{(j)}\left(N_{\varepsilon}\left(K_{2}\right)\right)\right) \mathrm{d} x \leqq \frac{1}{j} \tag{5.16}
\end{equation*}
$$

Let $\varphi_{k} \in C_{0}\left(M^{m \times n}\right)$, with $0 \leqq \varphi_{k}(A) \leqq 1, \varphi_{k+1}(A) \leqq \varphi_{k}(A)$ and $\lim _{k \rightarrow \infty} \varphi_{k}(A)=$ $\chi_{N_{\varepsilon}\left(K_{2}\right)}(A)$ for all $A \in M^{m \times n}$, where $\chi_{N_{\varepsilon}\left(K_{2}\right)}$ is the characteristic function of $N_{\varepsilon}\left(K_{2}\right)$. Then by (5.16) we have that

$$
\lim _{j \rightarrow \infty} \int_{B} \int_{M^{m \times n}}\left(1-\varphi_{k}(A)\right) \mathrm{d} v_{x}^{(j)}(A) \mathrm{d} x=0
$$

and so by the weak* convergence of $v^{(j)}$ we deduce that

$$
\int_{B} \int_{M^{m \times n}}\left(1-\varphi_{k}(A)\right) \mathrm{d} v_{x}(A) \mathrm{d} x=0 .
$$

Passing to the limit $k \rightarrow \infty$ using monotone convergence we obtain

$$
\int_{B}\left[1-v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right)\right] \mathrm{d} x=0 .
$$

Thus supp $v_{x} \subset N_{\varepsilon}\left(K_{2}\right)$ almost everywhere in $\Omega$. In particular $D y(x) \in N_{\varepsilon}\left(K_{2}\right)^{\text {qc }}$ almost everywhere in $B$.

But from (5.13) we deduce that $z^{(j)} \rightarrow y$ in $L^{1}\left(B ; \mathbb{R}^{m}\right)$. Since $D z^{(j)} \in$ $N_{\varepsilon}\left(K_{1}\right)^{\text {qc }}$ it follows that $D z^{(j)} \xrightarrow{*} D y$ in $L^{\infty}\left(B ; M^{m \times n}\right)$ and thus $D y(x) \in$ $N_{\varepsilon}\left(K_{1}\right)^{\mathrm{qc}}$. But $N_{\varepsilon}\left(K_{1}\right)^{\mathrm{qc}}$ and $N_{\varepsilon}\left(K_{2}\right)^{\mathrm{qc}}$ are disjoint by Corollary 9 , giving the desired contradiction.

Lemma 23. Let $W$ satisfy (H2) and (H5). Then

$$
\begin{equation*}
W(A) \geqq K\left(1+|A|^{p}\right) \text { for all } A \in\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}, \tag{5.17}
\end{equation*}
$$

where

$$
K= \begin{cases}c_{1} & \text { if } c_{0} \geqq c_{1}, \\ c_{0} & \text { if } \alpha \leqq c_{0}<c_{1}, \\ \frac{\alpha c_{1}}{\alpha+c_{1}-c_{0}} & \text { if } \alpha>c_{0}, c_{1}>c_{0} .\end{cases}
$$

Proof. This is elementary.
Proof of Theorem 21. With $\Delta, \beta, K$ chosen as in Lemmas 22, 23 respectively, and $\gamma>0$ the constant in the transition layer estimate (4.22), choose $\delta>0$ with

$$
\begin{equation*}
\delta<\frac{K}{2} \min (\gamma, \Delta \min (1, \gamma)), \tag{5.18}
\end{equation*}
$$

and let $\sigma=\beta \Delta \mathcal{L}^{n}(\Omega)^{\frac{n+1}{n}}$.
For $v, v^{*}$ as in the statement of the theorem we have that

$$
\begin{align*}
I(v)-I\left(v^{*}\right)= & I(v)-0 \\
= & \int_{\Omega} \int_{N_{\varepsilon}\left(K_{1}\right)} W(A) \mathrm{d} v_{x}(A) \mathrm{d} x+\int_{\Omega} \int_{N_{\varepsilon}\left(K_{2}\right)} W(A) \mathrm{d} v_{x}(A) \mathrm{d} x \\
& +\int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}} W(A) \mathrm{d} v_{x}(A) \mathrm{d} x \\
\geqq & 0-\delta \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x \\
& +K \int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x \\
\geqq & -\delta \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x \\
& +\frac{K}{2} \int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x \\
& +\frac{K}{2} \gamma \min \left(\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x, \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x\right) . \tag{5.19}
\end{align*}
$$

If $\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x \leqq \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x$ then, since $D y^{*}(x) \in N_{\varepsilon}\left(K_{1}\right)^{\text {qc }}$, by Lemma 22 we have that

$$
\int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right]^{c}\right.}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x+\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x \geqq \Delta \mathcal{L}^{n}(\Omega),
$$

and hence by (5.18), (5.19)

$$
\begin{equation*}
I(v)-I\left(v^{*}\right) \geqq-\delta \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x+\frac{K}{2} \min (1, \gamma) \Delta \mathcal{L}^{n}(\Omega)>0 \tag{5.20}
\end{equation*}
$$

On the other hand if $\int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right)\right) \mathrm{d} x \leqq \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{1}\right)\right) \mathrm{d} x$ then

$$
\begin{align*}
I(v)-I\left(v^{*}\right) \geqq & \left(\frac{K}{2} \gamma-\delta\right) \int_{\Omega} v_{x}\left(N_{\varepsilon}\left(K_{2}\right) \mathrm{d} x\right. \\
& +\frac{K}{2} \int_{\Omega} \int_{\left[N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)\right]^{c}}\left(1+|A|^{p}\right) \mathrm{d} v_{x}(A) \mathrm{d} x \geqq 0 . \tag{5.21}
\end{align*}
$$

From (5.20), (5.21) we see that $I(v)=I\left(v^{*}\right)$ if and only if $\operatorname{supp} v_{x} \subset\{A \in$ $\left.N_{\varepsilon}\left(K_{1}\right): W(A)=0\right\}$, completing the proof.

## 6. Applications

In this section we discuss the application of the results given above to materials that undergo diffusionless phase transformations involving a change of shape, usually called martensitic phase transformations.

### 6.1. Variant Rearrangement Under Biaxial Stress

The original motivation for this paper were experiments of Chu and James on the response of single crystal plates of martensitic material to biaxial stress. The experimental details are presented elsewhere [26,27]. In the design of these experiments attention was paid to the design of the loading device so as to correspond to the total free energy

$$
\begin{equation*}
\mathcal{E}(y)=\int_{\Omega} \varphi(D y(x), \theta)-T \cdot D y(x) \mathrm{d} x \tag{6.1}
\end{equation*}
$$

where $y: \Omega \rightarrow \mathbb{R}^{3}, \Omega$ is a thin rectangular plate-like domain in $\mathbb{R}^{3}, \theta>0$ is the temperature, and $T=\sigma_{1} e_{1} \otimes e_{1}+\sigma_{2} e_{2} \otimes e_{2}, \sigma_{1}>0, \sigma_{2}>0$ with $e_{1}, e_{2} \in \mathbb{R}^{3}$ (the orthonormal "machine basis"). The first term in (6.1) represents the free energy of the transforming material, and the second term is the loading device energy.

In the experiments described here the temperature was held fixed at a value $\theta_{0}$ below the phase transformation temperature. For this reason we henceforth drop $\theta$ from the notation. The assigned $\sigma_{1}>0, \sigma_{2}>0$ are interpreted as the tractions (per unit reference area) applied to the edges of the specimen in the directions $e_{1}, e_{2}$, respectively. These were varied either incrementally or continuously during the tests. The material was the alloy $\mathrm{Cu}-14 \mathrm{wt} . \% \mathrm{Al}-4.0 \mathrm{wt} . \% \mathrm{Ni}$ having a cubic-toorthorhombic phase transformation, leading to six variants of martensite at the test temperature. These are modeled as energy wells of $\varphi$ of the form

$$
\begin{equation*}
\varphi(A) \geqq 0, \quad \varphi(A)=0 \Longleftrightarrow A \in \mathcal{M}=S O(3) U_{1} \cup \cdots \cup S O(3) U_{6} \tag{6.2}
\end{equation*}
$$

with

$$
\begin{array}{ll}
U_{1} & =\left(\begin{array}{ccc}
\frac{\alpha+\gamma}{2} & \frac{\alpha-\gamma}{2} & 0 \\
\frac{\alpha-\gamma}{2} & \frac{\alpha+\gamma}{2} & 0 \\
0 & 0 & \beta
\end{array}\right), \quad U_{2}=\left(\begin{array}{ccc}
\frac{\alpha+\gamma}{2} & \frac{\gamma-\alpha}{2} & 0 \\
\frac{\gamma-\alpha}{2} & \frac{\alpha+\gamma}{2} & 0 \\
0 & 0 & \beta
\end{array}\right), \\
U_{3}=\left(\begin{array}{ccc}
\frac{\alpha+\gamma}{2} & 0 & \frac{\alpha-\gamma}{2} \\
0 & \beta & 0 \\
\frac{\alpha-\gamma}{2} & 0 & \frac{\alpha+\gamma}{2}
\end{array}\right), \quad U_{4}=\left(\begin{array}{ccc}
\frac{\alpha+\gamma}{2} & 0 & \frac{\gamma-\alpha}{2} \\
0 & \beta & 0 \\
\frac{\gamma-\alpha}{2} & 0 & \frac{\alpha+\gamma}{2}
\end{array}\right), \\
U_{5}=\left(\begin{array}{ccc}
\beta & 0 & 0 \\
0 & \frac{\alpha+\gamma}{2} & \frac{\alpha-\gamma}{2} \\
0 & \frac{\alpha-\gamma}{2} & \frac{\alpha+\gamma}{2}
\end{array}\right), \quad U_{6}=\left(\begin{array}{ccc}
\beta & 0 & 0 \\
0 & \frac{\alpha+\gamma}{2} & \frac{\gamma-\alpha}{2} \\
0 & \frac{\gamma-\alpha}{2} & \frac{\alpha+\gamma}{2}
\end{array}\right), \tag{6.3}
\end{array}
$$

all expressed in an orthonormal basis $\hat{e}_{1}, \hat{e}_{2}, \hat{e}_{3}$ (the "material basis"). The measured values of $\alpha, \beta, \gamma$ for this alloy are $\alpha=1.0619, \beta=0.9178$ and $\gamma=1.0230$ (Duggin and Rachinger [35], Otsuka and Shimizu [61]). The deviation of the
material basis from the machine basis measures the orientation of the specimen. Several orientations were tested.

For many purposes, including the design of the orientations of crystals used in the tests, a simpler constrained theory was used, valid in the regime that $|T| / \kappa$ is small ${ }^{1}, \kappa$ being the minimum eigenvalue of the linearized elasticity tensor, linearized about $U_{1}$. The constrained theory is based on the total free energy

$$
\mathcal{E}(v)= \begin{cases}-\int_{\Omega} \int_{\mathcal{M}} T \cdot A \mathrm{~d} v_{x}(A) \mathrm{d} x & \text { if supp } v_{x} \subset \mathcal{M} \text { for almost every } x \in \Omega,  \tag{6.4}\\ +\infty & \text { otherwise },\end{cases}
$$

defined on the set of $L^{\infty}$ gradient Young measures $v=\left(v_{x}\right)_{x \in \Omega}$. The constrained theory has been justified as a limiting theory for Young measures of low energy sequences by Forclaz [38] using $\Gamma$-convergence, but under assumptions not allowing $W(A) \rightarrow \infty$ as $\operatorname{det} A \rightarrow 0+$; the proof is based on replacing $\varphi$ by $k \varphi$ in (6.1) and letting $k \rightarrow \infty$ (a similar procedure to letting $|T| / \kappa \rightarrow 0$ but which does not require additional smoothness assumptions on $\varphi$ ). A more general $\Gamma$ convergence analysis including the austenite energy well and allowing $W(A) \rightarrow \infty$ as $\operatorname{det} A \rightarrow 0+$ is given by [16, Proposition 1].

The design of orientations was based on the minimization of (6.4), which can be done in the following way by minimizing its integrand (see Chu [26], Chu and James [27]). The machine basis was chosen in all cases such that, for all values of $\sigma_{1}>0, \sigma_{2}>0$,

$$
\begin{equation*}
\min _{A \in S O(3) U_{1} \cup S O(3) U_{2}}-T \cdot A<\min _{A \in S O(3) U_{3} \cup \ldots \cup S O(3) U_{6}}-T \cdot A . \tag{6.5}
\end{equation*}
$$

In fact, the minimizer is unique for all points in this open quadrant, except those on a smooth, strictly monotonically increasing curve $\mathcal{C}$ : $\sigma_{2}=f\left(\sigma_{1}\right), f \in C^{\infty}(0, \infty)$, which is nearly a straight line in the range of $\sigma_{1}, \sigma_{2}$ tested. In fact, there exist functions $R_{i} \in C^{\infty}((0, \infty) \times(0, \infty) ; S O(3)), i=1,2$, such that $A=R_{1}\left(\sigma_{1}, \sigma_{2}\right) U_{1}$ is the unique minimizer of $-T \cdot A, A \in \mathcal{M}$, for $\sigma_{2}<f\left(\sigma_{1}\right)$ and $A=R_{2}\left(\sigma_{1}, \sigma_{2}\right) U_{2}$ is its unique minimizer on $\mathcal{M}$ for $\sigma_{2}>f\left(\sigma_{1}\right)$. The functions $R_{1}, R_{2}$ can and will be taken as the unique minimizers of $-T \cdot A$ on their respective energy wells $S O(3) U_{1}, S O(3) U_{2}$ on the full quadrant $\sigma_{1}>0, \sigma_{2}>0$. There are precisely two equi-minimizers of $-T \cdot A, A \in \mathcal{M}$, on $\mathcal{C}$ given by $R_{1}\left(\sigma_{1}, f\left(\sigma_{1}\right)\right) U_{1}$ and $R_{2}\left(\sigma_{1}, f\left(\sigma_{1}\right)\right) U_{2}$. The tests consisted of crossing the curve $\sigma_{2}=f\left(\sigma_{1}\right)$ by various loading programs $\left(\sigma_{1}(t), \sigma_{2}(t)\right), t>0$, and measuring the volume fractions of the subregions on the specimen where $D y \in S O$ (3) $U_{1}$ (variant 1) vs. $D y \in S O$ (3) $U_{2}$ (variant 2).

The key point for this paper is that, by direct calculation of the functions $R_{1}, R_{2}$,

$$
\begin{equation*}
\operatorname{rank}\left(R_{2}\left(\sigma_{1}, f\left(\sigma_{1}\right)\right) U_{2}-R_{1}\left(\sigma_{1}, f\left(\sigma_{1}\right)\right) U_{1}\right)>1 \tag{6.6}
\end{equation*}
$$

[^0]for all $\sigma_{1}>0$ and all orientations tested. Thus, fixing $\sigma_{1}=\sigma_{1}^{\circ} \in(0, \infty)$, we let $K_{1}=\left\{R_{1}\left(\sigma_{1}^{\circ}, f\left(\sigma_{1}^{\circ}\right)\right) U_{1}\right\}$, and $K_{2}=\left\{R_{2}\left(\sigma_{1}^{\circ}, f\left(\sigma_{1}^{\circ}\right)\right) U_{2}\right\}$. By Example $4, K_{1}$ and $K_{2}$ are $L^{p}$ incompatible for $p>1$. Letting $T_{\tau}=\sigma_{1}^{\circ} e_{1} \otimes e_{1}+\left(c_{2} \tau+f\left(\sigma_{1}^{\circ}\right)\right) e_{2} \otimes e_{2}$ and $R_{1}^{\tau}=R_{1}\left(\sigma_{1}^{\circ}, c_{2} \tau+f\left(\sigma_{1}^{\circ}\right)\right)$ for some $c_{2}>0$, a suitable function $W_{\tau}$ satisfying the hypotheses of Proposition 20 for $m=n=3$ can be defined as follows:
\[

W_{\tau}(A)= $$
\begin{cases}-T_{\tau} \cdot\left(A-R_{1}^{\tau} U_{1}\right) & \text { if } A \in \mathcal{M}  \tag{6.7}\\ \infty & \text { if } A \in \mathcal{M}^{c}\end{cases}
$$
\]

$W_{\tau}$ clearly satisfies $(\mathrm{H} 1)^{\prime},(\mathrm{H} 2)^{\prime}$ and $(\mathrm{H} 4)^{\prime}$, while $(\mathrm{H} 3)^{\prime}$ is satisfied by choosing $c_{2}>0$ sufficiently small that $R_{1}^{\tau} U_{1} \in N_{\varepsilon}\left(K_{1}\right)$ for $0 \leqq \tau \leqq 1$. The region occupied by the specimen was approximately a thin rectangular plate, so we assume $\Omega$ is a rectangular solid. In particular $\Omega$ is $\Omega$-connected. The energy density $W_{\tau}$ differs from that of the constrained theory by a trivial additive constant. Theorem 21 then implies that the Young measure $\nu_{\tau}^{*}=\delta_{R_{1}^{\tau} U_{1}}$ is metastable for sufficiently small $\tau>0$ in the sense given there.

In this formulation we have used $\sigma_{2}$ as the parameter that moves the wells up and down. One could equally well use a parameterization of any other curve that crosses $\mathcal{C}$ transversally.

Experimentally, transformation occurred by a sudden avalanche of transformation from variant 1 to variant 2 or vice-versa. The transformation was sufficiently abrupt that a point in the $\sigma_{1}, \sigma_{2}$ plane could be associated with the transformation. The series of points obtained in this way from diverse monotonic loading programmes, including those for which $\sigma_{1}(t)=$ const., or $\sigma_{2}(t)=$ const., or $\sigma_{1}(t)+\sigma_{2}(t)=$ const., all starting from a point $\sigma_{1}(0), \sigma_{2}(0)$ satisfying $\sigma_{2}(0) \ll$ $f\left(\sigma_{1}(0)\right)$, at which the specimen was observed to be in variant 1 , gave abrupt transformation to variant 2 at points lying very near a line $\mathcal{C}^{+}: \sigma_{2}=f^{+}\left(\sigma_{1}\right)>$ $f\left(\sigma_{1}\right), 0<a<\sigma_{1}<b$. Similarly, the same kinds of loading programmes but run backwards, beginning from variant 2 , led to transformation to variant 1 near a line $\mathcal{C}^{-}: \sigma_{2}=f^{-}\left(\sigma_{1}\right)<f\left(\sigma_{1}\right), 0<a<\sigma_{1}<b$. For all orientations tested, the three curves $\mathcal{C}, \mathcal{C}^{+}, \mathcal{C}^{-}$were nearly parallel, but the "width of the hysteresis", dist $\left(\mathcal{C}^{+}, \mathcal{C}^{-}\right)$, varied significantly with orientation.

The concept developed in this paper is consistent with the behaviour described above. We can examine this further by seeking an upper bound on the value of $\tau$ in (6.7) beyond which $v_{\tau}^{*}=\delta_{R_{1}^{\tau} U_{1}}$ ceases to be metastable in the sense of Theorem 21. As $\tau>0$ increases, there are more and more matrices $A \in S O(3) U_{2}$ with a negative value of the integrand $W_{\tau}(A)$. Suppose a value $\tau^{+}$is reached such that for $\tau \gtrsim \tau^{+}$, that is $\tau \geqq \tau^{+}$with $\tau-\tau^{+}$sufficiently small, there is a matrix $B \in S O$ (3) $U_{2}$ with $\operatorname{rank}\left(B-R_{1}^{\tau} U_{1}\right)=1$, such that $W_{\tau}(B)<W_{\tau}\left(R_{1}^{\tau} U_{1}\right)$. Then $\nu_{\tau}^{*}=\delta_{R_{1}^{\tau} U_{1}}$ ceases to be metastable in the sense of Theorem 21. In fact, it fails to be metastable even if $L^{1}$ in (5.7) is replaced by $L^{\infty}$. In the case that $B-R_{1}^{\tau_{1}} U_{1}=a \otimes n$, $\tau_{1} \gtrsim \tau^{+}$, the counterexample is the family of competitors $v_{x}=\delta_{D y_{\xi}(x)}, \xi>0$, defined for $x_{0} \in \Omega$ by the $W^{1, \infty}\left(\Omega, \mathbb{R}^{3}\right)$ mapping

$$
y_{\xi}(x)= \begin{cases}R_{1}^{\tau_{1}} U_{1}\left(x-x_{0}\right) & \text { if }\left(x-x_{0}\right) \cdot n<0, \\ B\left(x-x_{0}\right) & \text { if } 0 \leqq\left(x-x_{0}\right) \cdot n \leqq \xi, \\ R_{1}^{\tau_{1}} U_{1}\left(x-x_{0}\right)+\xi a & \text { if }\left(x-x_{0}\right) \cdot n>\xi .\end{cases}
$$

Since $\left\|y_{\xi}-R_{1}^{\tau_{1}} U_{1}\left(x-x_{0}\right)\right\|_{L^{1}\left(\Omega, \mathbb{R}^{3}\right)} \leqq C \xi|a|$ for a constant $C=C(\Omega)$, then $v$ can be made to fall into any preassigned neighbourhood of $\nu_{\tau}^{*}$ in the sense of (5.7) of Theorem 21 by making $\xi$ sufficiently small, and this competitor also works in the $L^{\infty}$ case. But clearly, since $W_{\tau}(B)<W_{\tau}\left(R_{1}^{\tau} U_{1}\right)$ we have that $\mathcal{E}(\nu)<\mathcal{E}\left(v_{\tau}^{*}\right)$, so $\nu_{\tau}^{*}$ is not metastable for $\tau \gtrsim \tau^{+}$.

This qualitative argument for the sequence stable-metastable-unstable as $\tau$ increases, in the sense discussed here, is complete if we can show that there exists $B$ with the properties given above. This is true by direct calculation for all the orientations tested. This is done by first calculating explicitly $R_{1}^{\tau} U_{1}$, and then noticing that the wells $S O$ (3) $U_{1}$ and $S O(3) U_{2}$ are compatible. That is, even though (6.6) holds, there are precisely two matrices $\hat{R}_{a}^{\tau} U_{2}, \hat{R}_{b}^{\tau} U_{2} \in S O(3) U_{2}$ that differ from $R_{1}^{\tau} U_{1}$ by a matrix of rank 1 for $\tau>0$, and there exists a smallest value $\tau^{+}>0$ such that for $\tau>\tau^{+}, W_{\tau}(B)<W_{\tau}\left(R_{1}^{\tau} U_{1}\right)$ where $B$ is either $\hat{R}_{a}^{\tau} U_{2}$ or $\hat{R}_{b}^{\tau} U_{2}$.

Unless the orientation is special, the two matrices $\hat{R}_{a}^{\tau} U_{2}$ or $\hat{R}_{b}^{\tau} U_{2}$ do not give the same value of $W_{\tau}$, suggesting a preference for one of them, assuming that these examples deliver the point of first loss of metastability. Let us suppose for definiteness that the preference is for $\hat{R}_{a}^{\tau} U_{2}$, so $\hat{R}_{a}^{\tau} U_{2}-R_{1}^{\tau} U_{1}=a_{\tau} \otimes n_{\tau}$ and $W_{\tau}\left(\hat{R}_{a}^{\tau} U_{2}\right) \leqq W_{\tau}\left(R_{1}^{\tau} U_{1}\right)$ for $\tau \geqq \tau^{+}$with equality precisely at $\tau=\tau^{+}$. Combining these two conditions, we have

$$
\begin{equation*}
a_{\tau^{+}} \cdot T_{\tau^{+}} n_{\tau^{+}}=0 \tag{6.8}
\end{equation*}
$$

This is formally equivalent to the well-known Schmid law (with Schmid constant 0) [66]. The left-hand side of (6.8) is usually interpreted as the "critical resolved stress on the twin plane", but in that case Tn is interpreted as the actual Piola-Kirchhoff traction on a pre-existing twin plane with unit normal $n$ and $a=\left(F^{+}-F^{-}\right) n$, where $F^{ \pm}$are local limiting values of the deformation gradient. The Schmid law prescribes a critical value of $a \cdot T n$ at which this plane begins to move. The emergence of (6.8) here has apparently nothing to do with stress in the specimen at all, which is expected to be extremely complicated once bands of the second variant appear, but rather concerns the loading device energy.

In fact, as discussed in $[11,38]$, for a suitable $C$-connected domain $\Omega$ with corners, these simple counterexamples to metastability do not deliver the points of first loss of metastability. More complicated microstructures still in an $L^{\infty}$ local neighbourhood, which are not simply Dirac masses, serve as counterexamples to metastability at values of $\tau \in\left(\tau_{1}^{+}, \tau^{+}\right)$for some $0<\tau_{1}^{+}<\tau^{+}$. The experimentally observed microstructure at transition (that is, near $\mathcal{C}^{+}$) is still somewhat more complicated than these, and is clearly not a simple laminate. If we accept that the basis of the Schmid law is metastability as noted above, these more complicated examples call into question the validity of that law in this context and also indicate a dependence of hysteresis on the shape of the domain. The latter is also expected based on Example 11.

A detailed comparison of these upper bounds, either the one associated to $\tau^{+}$ or to $\tau_{1}^{+}$, with the experimentally measured width of the hysteresis is difficult. Experimentally, it is easiest to identify $\mathcal{C}^{+}$with a possible loss of metastability, but the shoulder of the hysteresis loop is not perfectly sharp, and some bands appear
before reaching $\mathcal{C}^{+}$, as $\tau$ is increased. Because of this ambiguity, it is unclear where one should declare that the homogeneous variant has begun to transform. However, the overall impression one gets when attempting this comparison is that the upper bounds associated to both $\tau^{+}$or to $\tau_{1}^{+}$underestimate the size of the hysteresis. Nevertheless there is rather good qualitative agreement, in the sense that, for two specimens of different orientation having widths of the hysteresis dist $\left(\mathcal{C}^{+}, \mathcal{C}^{-}\right)$ differing by a factor of 2 , the corresponding upper bounds for the two cases also differ by a factor of about 2 .

### 6.2. Dilatational Transformation Strain

Martensitic transformations having a pure dilatational transformation strain are rare, but some examples are known in diffusional transformations, which involve shape change and short or long range diffusion, depending on the overall composition of the alloy. The best known example is perhaps the ordering transformation from a disordered FCC phase to an $\mathrm{L} 2_{1}$ phase in $\mathrm{Ni}_{3} \mathrm{Al}$ [76], for which the ideas given above may be relevant.

As a general treatment of dilatational transformation strains, consider two compact disjoint subsets $k_{1}, k_{2}$ of $(0, \infty)$, and corresponding energy wells $K_{1}=$ $k_{1} S O$ (3) and $K_{2}=k_{2} S O(3)$, where $k_{i} S O(3)=\left\{k S O(3): k \in k_{i}\right\}$. That $K_{1}$ and $K_{2}$ are incompatible follows from [9, Theorem 4.4] and Lemma 1, and also follows from the construction below, as we will indicate.

We will construct a polyconvex function $W_{0}$ that vanishes exactly on $K_{1} \cup K_{2}$. This construction will enable us to embed $W_{0}$ in a family $W_{\tau}, 0 \leqq \tau \leqq 1$, for which we will prove metastability in the sense of Theorem 21.

Following an observation of [17] (see also [5,7]), let $1<\alpha<3$ and let $\bar{h}: \mathbb{R} \rightarrow[0, \infty]$ be continuous with $\bar{h}=\infty$ on $(-\infty, 0], \bar{h} \in C^{2}(0, \infty)$ and $\bar{h}^{-1}(0)=\left\{k^{3}: k \in k_{1} \cup k_{2}\right\}$. We assume that $\bar{h}$ is convex outside a compact subset $[a, b] \subset(0, \infty)$ containing $\bar{h}^{-1}(0)$, so that there exists $\gamma>0$ such that $\bar{h}^{\prime \prime} \geqq-\gamma$ on $(0, \infty)$. Let a convex function $\tilde{h} \in C^{2}(\mathbb{R})$ satisfy

$$
\tilde{h}(t)= \begin{cases}-3 c_{1} t^{\alpha / 3} & \text { if } a<t<b  \tag{6.9}\\ -3 c_{1}(b+1)^{\alpha / 3} & \text { if } t>b+1\end{cases}
$$

Such a convex function exists because the tangent at $t=b$ to $-3 c_{1} t^{\alpha / 3}$ lies below the constant function $-3 c_{1}(b+1)^{\alpha / 3}$ at $t=b+1$.

Define $h(t)=\bar{h}(t)+\tilde{h}(t)$. Since $\bar{h}^{\prime \prime} \geqq-\gamma, 1<\alpha<3$, and $\bar{h}$ is convex outside [ $a, b]$, there is $c_{1}>0$ such that

$$
\begin{equation*}
h^{\prime \prime}(t)=\bar{h}^{\prime \prime}(t)+\frac{1}{3} c_{1} \alpha(3-\alpha) t^{-2+\alpha / 3}>0 \tag{6.10}
\end{equation*}
$$

on $[a, b]$ and so $h$ is convex on $\mathbb{R}$ and bounded below by $c_{0}=-3 c_{1}(b+1)^{\alpha / 3}$.
Define an energy density for an isotropic elastic material by

$$
\begin{equation*}
W_{0}(A)=c_{1}\left(\lambda_{1}^{\alpha}+\lambda_{2}^{\alpha}+\lambda_{3}^{\alpha}\right)+h\left(\lambda_{1} \lambda_{2} \lambda_{3}\right), \tag{6.11}
\end{equation*}
$$

where $\lambda_{1}, \lambda_{2}, \lambda_{3}$ are the eigenvalues of $\sqrt{A^{T} A}$. Because $h$ is convex and $1<\alpha<3$, $W_{0}$ is polyconvex by [6, Theorem 5.1].

Now we observe that $W_{0}$ has strict minima on $K_{1} \cup K_{2}$. Indeed, since $h$ is bounded below and $h(0)=\infty$, the function $\sum_{i} c_{1} \lambda_{i}^{\alpha}+h\left(\lambda_{1} \lambda_{2} \lambda_{3}\right)$ attains a minimum for $\lambda_{1}>0, \lambda_{2}>0, \lambda_{3}>0$, where

$$
\begin{equation*}
c_{1} \alpha \lambda_{i}^{\alpha}=-h^{\prime}\left(\lambda_{1} \lambda_{2} \lambda_{3}\right) \lambda_{1} \lambda_{2} \lambda_{3} . \tag{6.12}
\end{equation*}
$$

Hence $\lambda_{1}=\lambda_{2}=\lambda_{3}=t^{1 / 3}$, where $c_{1} \alpha t^{\alpha / 3}=-h^{\prime}(t) t$. These values of $t$ are critical points of the function $\bar{h}(t)=3 c_{1} t^{\alpha / 3}+h(t)=W_{0}\left(t^{1 / 3} I\right)$, which has minimizers precisely on the set $\bar{h}^{-1}(0)$ by construction. Hence, $W_{0}(A)$ has minimizers precisely on $K_{1} \cup K_{2}$, where $W_{0}(A)=0$.

Since $h$ is bounded below by $c_{0}$, the energy density $W_{0}$ satisfies the growth condition

$$
\begin{equation*}
W_{0}(A)=c_{1}\left(\lambda_{1}^{\alpha}+\lambda_{2}^{\alpha}+\lambda_{3}^{\alpha}\right)+h\left(\lambda_{1} \lambda_{2} \lambda_{3}\right) \geqq c_{0}+c_{1}|A|^{\alpha} \tag{6.13}
\end{equation*}
$$

so that $W_{0}$ satisfies conditions (H1) and (H2) of Section 5 for $p=\alpha$.
To show that $K_{1}, K_{2}$ are incompatible we can consider the special case $\alpha=2$, when

$$
W_{0}(A)=c_{1}|A|^{2}+h(\operatorname{det} A)
$$

If $v=\left(v_{x}\right)_{x \in \Omega}$ is an $L^{\infty}$ gradient Young measure with supp $v_{x} \subset K_{1} \cup K_{2}$ almost everywhere, we have that

$$
\left.0=\left\langle v_{x}, W_{0}\right\rangle=\left.c_{1}\left\langle v_{x},\right| A\right|^{2}\right\rangle+\left\langle v_{x}, h(\operatorname{det} A)\right\rangle
$$

Applying Jensen's inequality for the quasiconvex functions $|A|^{2}$ and $h(\operatorname{det} A)$, we have that

$$
\left.\left.\left\langle v_{x},\right| A\right|^{2}\right\rangle \geqq\left|\bar{v}_{x}\right|^{2}, \quad\left\langle v_{x}, h(\operatorname{det} A)\right\rangle \geqq h\left(\operatorname{det} \bar{v}_{x}\right)
$$

But $c_{1}\left|\bar{v}_{x}\right|^{2}+h\left(\operatorname{det} \bar{v}_{x}\right)=W_{0}\left(\bar{v}_{x}\right) \geqq 0$. Hence $\left.\left.\left\langle v_{x},\right| A\right|^{2}\right\rangle=\left|\bar{v}_{x}\right|^{2}$, so that $\left\langle v_{x},\right| A-$ $\left.\left.\bar{v}_{x}\right|^{2}\right\rangle=0$ and hence $\nu_{x}=\delta_{D y(x)}$ with $\bar{v}_{x}=D y(x)$. But $D y(x) \in K_{1} \cup K_{2}$ almost everywhere, so that $y$ is a $W^{1, \infty}$ conformal mapping in 3 dimensions. By classic results of Reshetnyak [64] all such mappings are smooth and therefore Dy cannot be supported nontrivially on disjoint closed sets. Thus, $K_{1}, K_{2}$ are incompatible.

The energy density $W_{0}$ can easily be extended to a family $W_{\tau}$ satisfying the hypotheses $(\mathrm{H} 1)^{\prime}-(\mathrm{H} 4)^{\prime}$ of Proposition 20. Let $\varepsilon_{0}, \gamma$ be as in the transition layer estimate (Theorem 17) and let $0<\varepsilon<\varepsilon_{0}$ be fixed. Since $N_{\varepsilon}\left(K_{1}\right)$ and $N_{\varepsilon}\left(K_{2}\right)$ are disjoint, we can let

$$
\begin{equation*}
W_{\tau}(A)=W_{0}(A)-\tau H(\operatorname{det} A), \tag{6.14}
\end{equation*}
$$

where $H: \mathbb{R} \rightarrow[0,1]$ is a smooth function satisfying

$$
H(t)=\left\{\begin{array}{l}
1 \text { if } t \in\left\{k^{3}: k \in k_{2}\right\}:=N_{2}, \\
0 \text { if dist }\left(t, N_{2}\right)>\rho(\varepsilon),
\end{array}\right.
$$

where $\rho(\varepsilon)>0$ is sufficiently small. Clearly, $W_{\tau}$ satisfies the hypotheses (H1)'(H4)' with $p=\alpha$. Therefore, any $L^{p}$ gradient Young measure $\nu^{*}=\left(v_{x}^{*}\right)_{x \in \Omega}$ satisfying $\operatorname{supp} v_{x}^{*} \subset\left\{A \in N_{\varepsilon}\left(K_{1}\right): W(A)=0\right\}$ is metastable in the sense of

Theorem 21 for sufficiently small $\tau>0$, even though $W_{\tau}(A)=0$ for $A \in K_{1}$ and $W_{\tau}(A)=-\tau$ for $A \in K_{2}$. In [17, Theorem 3.5] it is shown that such a result for free-energy functions of the form (6.11) is not valid if the second energy well is arbitrarily deep.

Depending on the structure of $K_{1}$ the form of these metastable Young measures is strongly restricted by Reshetnyak's theorem, but $v_{x}^{*}=\delta_{D y^{*}(x)}$, where $y^{*}$ is a conformal mapping, is a possibility.

Although it is interesting that pure dilatational phase transformations can be described by polyconvex free-energy functions, the functions $W_{\tau}$ also serve as lower bounds for free-energy functions for which metastability in the sense of Theorem 21 also holds. For example, by multiplying through the metastability estimate by a sufficiently small positive constant, $W_{\tau}$ can be a lower bound for a variety of non-polyconvex energy densities, with various choices of positive-definite linear elastic moduli. Of course, this modification also decreases $\gamma$, including the largest value of $\gamma$ for which there is an $\varepsilon_{0}>0$ satisfying the metastability theorem. In this sense, softening a material, but keeping the wells the same, lowers the barrier for metastability.

### 6.3. Terephthalic Acid

Terephthalic acid $[4,30]$ is an interesting example in this context, since, among all reversible structural transformations, it has an exceptionally large transformation strain. It is the largest strain in a nominally reversible transformation in terms of dist ( $K_{1}, K_{2}$ ) of which we are aware in a material that has no rank-one connections between $K_{1}$ and $K_{2}$, that is, no solutions $A, B \in M^{3 \times 3}$ of $\operatorname{rank}(B-A)=1$, $A \in K_{1}, B \in K_{2}$. The clearly visible large change-of-shape shown by Davey et AL. [30] is remarkable.

Terephthalic acid undergoes the transformation from Form I to Form II between 80 and $100^{\circ} \mathrm{C}$ [30]. The transformation is reversible upon cooling to $30^{\circ} \mathrm{C}$, at least for a subset of crystallites; the application of a slight stress aids the reverse transformation. The crystal structure and lattice parameter measurements of the I-II transformation have been determined by Bailey et al. [4]. Knowledge of these two structures and lattice parameters does not imply a unique transformation stretch matrix due to the existence of infinitely many linear transformations that take a lattice to itself. The transformation stretch matrix

$$
U=\left(\begin{array}{ccc}
0.970 & 0.038 & -0.121  \tag{6.15}\\
0.038 & 0.835 & -0.017 \\
-0.121 & -0.017 & 1.298
\end{array}\right)
$$

is the one delivered by an algorithm [24] designed to give the smallest distortion measured by an appropriate norm. The associated lattice correspondence of the two phases (that is, which vector is transformed to which vector) agrees with descriptions of the transformation [4] and, semi-quantitatively, with photographs of crystals of the two phases [30]. The eigenvalues of $U$ are $1.339,0.939,0.825$. Nominally, there are two wells $K_{1}=S O(3), K_{2}=S O(3) U$. In fact twinning is observed in the Form I, but this appears to be growth twinning [30], and not
produced during transformation. (Both phases are triclinic, so there is no lowering of symmetry during transformation.) Since the middle eigenvalue of $U$ is not 1 , there are no rank-one connections between $K_{1}$ and $K_{2}$ [14].

The best sufficient conditions known that two wells $K_{1}$ and $K_{2}$ of this form are incompatible are due to Dolzmann, Kirchheim, Müller and Šverák [34]. Condition (ii) of their Theorem 1.2 is satisfied by $U$. Therefore, $K_{1}$ and $K_{2}$ are incompatible, and our metastability theorem applies to this case.

## 7. Perspective on Metastability and Hysteresis

In recent years different but related concepts of metastability have appeared in the literature [23,28,32,42,48,49,86,87], motivated by some experimental results on a dramatic lattice parameter dependence of the sizes of hysteresis loops. These observations call for new mathematical concepts of metastability whose form is not at all clear.

Typical martensitic materials have energy wells of the form $K_{1}=S O$ (3) and $K_{2}=S O(3) U_{1} \cup \cdots \cup S O$ (3) $U_{n}$, with $n \geqq 1$, and positive-definite, symmetric matrices $U_{1}, \ldots, U_{n} \in M^{3 \times 3}$ satisfying $\left\{\overline{U_{1}}, \ldots, U_{n}\right\}=\left\{Q U_{1} Q^{T}: Q \in G\right\}$, where $G$ is a finite group of orthogonal matrices [cf., (6.3)]. Modulo the comments in Section 6.3 on the difficulties of determining the transformation stretch matrix, $U_{1}$ for a particular material can be inferred from X-ray measurements. All first order martensitic phase transformations have some amount of thermal hysteresis, which refers to the fact that the transformation path on cooling differs from that on heating. A measurement of the fraction of the sample that has transformed vs. temperature during a heating/cooling cycle gives a loop, called the hysteresis loop, whose width is a typical measure of the hysteresis. While indicative of dissipation, the hysteresis loop does not collapse to zero as the loop is traversed more and more slowly, and so is apparently not due to thermally activated processes, or dissipative mechanisms like viscosity or viscoelasticity.

The matrix $U_{1}$ can be changed by changing the composition of the material. Suppose the ordered eigenvalues of $U_{1}$ are $\lambda_{1} \leqq \lambda_{2} \leqq \lambda_{3}$. The main experimental observation underlying the analysis of hysteresis in the papers listed above is that, if a family of alloys is prepared having a sequence of values of $\lambda_{2}$ approaching 1 , the hysteresis gets dramatically small. Experimental graphs [28] of hysteresis vs. $\lambda_{2}$ show an apparent cusp-like singularity at $\lambda_{2}=1$, that is, an extreme sensitivity of the size of the hysteresis to $\left|\lambda_{2}-1\right|$. Very careful changes of composition in increments of $1 / 4 \%$ lead to alloys with exceptionally low hysteresis of $2-3^{\circ} \mathrm{C}$ in a variety of systems [23,80]. Since $\lambda_{2}=1$ is a necessary and sufficient condition that there is a rank-one connection between $K_{1}$ and $K_{2}$, these results indicate that the removal of stressed transition layers by strengthening conditions of compatibility is relevant to hysteresis.

A strict application of the ideas in this paper does not explain this behaviour. That is because, in all of these cases that have been studied experimentally, $K_{1}$ and $K_{2}$ are compatible even in the starting alloys for which $\lambda_{2}$ is relatively far from 1. In fact, all of these cases support solutions of the crystallographic theory
of martensite [14,77], implying that there exist $A, B \in K_{2}$ and $C \in K_{1}$, such that $\operatorname{rank}(B-A)=1$ and $\operatorname{rank}(\lambda B+(1-\lambda) A-C)=1$ for some $0<\lambda<1$. This series of rank one connections implies the existence of a Young measure $\left(v_{x}\right)_{x \in \Omega}$ supported nontrivially on $K_{1}, K_{2}$, consisting of a laminate of two martensite variants $\ldots A / B / A / B \ldots$ meeting the austenite $C$ phase across a vanishingly small planar transition layer. In fact, the laminated martensite can be confined between two such parallel planes which can be arbitrarily close together (see [12] for details). This family of test measures then provide a counterexample to the metastability of say $v^{*}=\delta_{C}$ in the sense of Theorem 21, even if $L^{1}$ in (5.7) is replaced by $L^{\infty}$.

A special family of test functions $y_{\varepsilon}$ of the type just described-a laminate $\ldots A / B / A / B \ldots$ confined between parallel planes at the distance $\varepsilon$ and interpolated with $C$ in a layer near these planes-can be constructed explicitly. Its energy can then be calculated by using a bulk energy of the type studied in this paper with a suitable elastic energy density $W_{\tau}$, together with a interfacial energy per unit area (taken as constant) on the $A / B$ boundaries. In this case $-\tau$ is interpreted as the temperature and $\tau=0$ is the transformation temperature. This has been done in [86] and improved by Zwicknagl [87]. A graph of total energy vs. $\varepsilon$ gives a barrier whose height is very sensitive to $\left|\lambda_{2}-1\right|$, and decreases with decreasing temperature $-\tau$. If a critical value $\varepsilon=\varepsilon_{\text {crit }}$ is introduced (modelling a pre-existing martensite nucleus of this type), and the temperature $\theta_{c}=-\tau$ is calculated at which $\varepsilon=\varepsilon_{\text {crit }}$, then the resulting graph of $0-\theta_{c}$ vs. $\lambda_{2}$, all else fixed, has a singularity at $\lambda_{2}=1$ and a shape similar to the experimental graph of hysteresis vs. $\lambda_{2}$.

A related idea for a geometrically linear theory of the cubic-to-tetragonal transformation and a sharp interface model of interfacial energy is presented by Knüpfer, Kohn and Otto [49] (see also [48]). They show that the minimal bulk + interfacial energy of an inclusion of martensite of volume $V$ scales as the maximum of $V^{2 / 3}, V^{9 / 11}$. Minimal assumptions are made on the shape of the inclusion. If a bulk term is added to this energy of the form $-c \tau V, c>0$, modelling a lowering of the martensite wells as the temperature $-\tau$ is decreased below transformation temperature, then their result gives an energy barrier of the type described above. They note that it would be interesting to do a similar analysis of an austenite inclusion in martensite, and they conjecture a higher energy barrier for the reverse transformation. This is open, as is a similar analysis for the cubic-to-orthorhombic case, where it would be interesting to investigate the dependence of the predicted barrier on $\lambda_{2}$.

Recently, even stronger conditions of compatibility called the cofactor conditions [23,42] have been closely satisfied in the ZnCuAu system by compositional changes, leading to the alloy $\mathrm{Zn}_{45} \mathrm{Au}_{30} \mathrm{Cu}_{25}$. The cofactor conditions imply not only $\lambda_{2}=1$ but also a variety of other microstructures with zero elastic energy. The alloy $\mathrm{Zn}_{45} \mathrm{Au}_{30} \mathrm{Cu}_{25}$ has a transformation strain $|U-I|$ comparable to that of the alloys tuned to satisfy only $\lambda_{2}=1$, but shows still smaller hysteresis than the lowest achieved by the $\lambda_{2}=1$ alloys, and also exceptional reversibility [67]. This example may indicate that metastability in phase transformations is not only sensitive to the wells being gradient compatible, but also to the presence of a variety of different functions whose gradients are nontrivially supported on $K_{1}, K_{2}$. Another possibly relevant hypothesis is that metastability is influenced by a possible sudden
increase of the size of the quasiconvex hull of the energy wells when the cofactor conditions are satisfied.

An apparently obvious reconciliation of these concepts is to retain the idea of metastability, quantified by local minimization, but to include a contribution for interfacial energy. Accepted models of this type fall into two classes: sharp interface models and gradient models. However, when combined with accepted notions of local minimization, neither of these models give the behaviour described above. Before commenting on these two cases, we first note that concepts of linearized stability are not relevant: most measured values of linearized elastic moduli do soften as temperature is lowered to the phase transformation temperature, but the limiting value of the minimum eigenvalue of the elasticity tensor is clearly positive at transition in most cases, and this is the rule for strongly first order phase transformations.

A typical sharp interface model assigns an energy per unit area to the jump set of $D y$. A comparative discussion of the energy minimisation problem for several versions of these models is discussed in [18]. Consider the simple but relevant case of deciding whether a linear deformation $y^{*}(x)=A x, x \in \Omega$, is metastable in some sense, where $A \in K_{1}, W_{\tau}(A)=0$ and $W_{\tau}\left(K_{2}\right)=-\tau$, with $K_{1}$ and $K_{2}$ independent of $\tau$. Suppose we have favoured the low hysteresis situation by tuning the material as described above so that there exists $B \in K_{2}$ such that $B-A=a \otimes n$. Putting aside linearized stability, relevant concepts of local minimizer have the property that competitors can have gradients on or near $K_{2}$, at least on sufficiently small sets. Trivially, if the underlying function space allows us to smooth jumps of $D y$, then a mollified version of the continuous function given for $x_{0} \in \Omega$ by

$$
y_{\varepsilon}(x)=\left\{\begin{array}{l}
B\left(x-x_{0}\right) \text { if } 0<\left(x-x_{0}\right) \cdot n<\varepsilon  \tag{7.1}\\
A\left(x-x_{0}\right) \text { otherwise }
\end{array}\right.
$$

defeats metastability in $L^{\infty}$ as soon as $\tau>0$, predicting zero hysteresis. Thus, of course, we have to prevent smoothing. This is easily done by forcing a jump, by restricting the domain of $W_{\tau}$ to, say, $N_{\varepsilon}\left(K_{1}\right) \cup N_{\varepsilon}\left(K_{2}\right)$ with $\varepsilon$ sufficiently small. However, in that case, the prototypical test function (7.1) for $\varepsilon$ sufficiently small has positive energy regardless how big is the value of $\tau$. Thus, apparently for any of the accepted notions of local minimizer, infinite hysteresis is predicted.

This dominance of interfacial energy at small scales, which overstabilizes linear deformations, also occurs when gradient models of interfacial energy are combined with the bulk energies studied here, as shown in [12]. Consider a frame-indifferent energy density $W_{\tau} \in C^{2}\left(M_{+}^{3 \times 3}\right)$, continuous in $\tau$ and satisfying $W_{\tau}(A) \rightarrow \infty$ as $\operatorname{det} A \rightarrow 0$, and having positive-definite linearized elasticity tensor at $I$. Suppose $W_{\tau}\left(K_{1}\right)=0$ and $W_{\tau}\left(K_{2}\right)=-\tau$, for disjoint sets $K_{1}=S O(3)$ and $K_{2}=S O(3) U_{1} \cup \cdots \cup S O(3) U_{n}$, and assume a total energy of the form

$$
\begin{equation*}
I(y)=\int_{\Omega} W_{\tau}(D y)+\alpha\left|D^{2} y\right|^{2} \mathrm{~d} x \tag{7.2}
\end{equation*}
$$

with $\alpha>0$. In [12] it is shown that $y^{*}(x)=R x+c, R \in S O(3), c \in \mathbb{R}^{3}$ is a local minimizer of $I$ in $L^{1}$ for every $\tau>0$. Again, infinite hysteresis is predicted.

Note that there may or may not be rank-one connections between $K_{1}$ and $K_{2}$. It is probable that the the model introduced in [18], that includes contributions from both sharp and diffuse interfacial energies, also leads to a metastability result similar to that in [12], though this has not been checked.

This inevitability of either zero hysteresis or infinite hysteresis, or, in the case of linearized stability, predicted hysteresis that is too large, is avoided in models with interfacial energy if, instead of using the standard approach to local minimization, one uses a fixed neighbourhood of the proposed metastable deformation $y^{*}$, for example, $\left\|y-y^{*}\right\|_{L^{1}} \leqq \varepsilon_{\text {crit }}$. This is similar in spirit to the introduction of the critical nucleus size above (also called $\varepsilon_{\text {crit }}$ ). While this ultimately requires the formulation of an additional theory to predict $\varepsilon_{\text {crit }}$, it would nevertheless be interesting to know whether this approach is consistent with the observed lattice parameter dependence of hysteresis, as mentioned above.

Exotic models of interfacial energy that decrease the interfacial energy contribution when two interfaces get close together could also restore finite hysteresis. These are not widely accepted.

A better accepted idea, that is related to the introduction of the fixed neighbourhood using $\varepsilon_{\text {crit }}$, is that, above transformation temperature, there are a variety of small nuclei of martensite, stabilized by defects, waiting to grow, and there are similar islands of austenite below transformation temperature. While this consistent with the (usually mild) dependence of hysteresis on preliminary processing, it is puzzling how this could yield hysteresis that is observed to be quite reproducible from alloy to alloy, given similar processing. However, such thinking is based on the idea of a single "most dangerous" nucleus determining transformation. If, on the other hand, macroscopic transformation arises from a collective interaction among many defects, so that something like the law of large numbers is applicable, then one can imagine a reproducible size of the hysteresis. This kind of collective nucleation around defects, modelled by a position dependent dissipation rate, can be seen in the recent numerical simulations of DeSimone and Kruží [33].

Once metastability is lost, complex dissipative dynamic processes take place, involving interface motion, microstructural evolution, and creation and annihilation of microstructure. There is currently insufficient information to formulate such dynamic laws, and the mathematical theory in general of the dynamics of microstructure is primitive. There are a number of known possible approaches, including constitutive modelling, the sharp interface kinetics of Abeyaratne and Knowles [1] and the method of quasistatic evolution of Mielke and Theil [57]. All of these are reasonable based on general principles, but the latter seems to be the only one at present that can deal with sufficient complexity of microstructure to begin to contemplate faithful dynamic predictions [33]. It is not yet known if these would be consistent with the sensitivity to conditions of compatibility mentioned above.

The surprising influence of conditions like $\lambda_{2}=1$ suggest that simple kinematic approaches are valuable. Their simplicity lies in the observation that the conditions for loss of metastability seem to be much simpler than the description of the dynamic process that takes place once metastability is lost. From the perspective of this paper, and the apparent success of the cofactor conditions, it would be interesting to have methods of quantifying the possibility of having many functions whose gradients
are supported nontrivially on $K_{1}$ and $K_{2}$, especially those having finite area of the jump set of the gradient. A step in this direction is taken in the recent work of RÜLAND [65].

Acknowledgements. The research of JMB was supported by by the EC (TMR contract FMRX-CT EU98-0229 and ERBSCI**CT000670), by EPSRC (GRIJ03466, the Science and Innovation award to the Oxford Centre for Nonlinear PDEEP/E035027/1, and EP/J014494/1), the European Research Council under the European Union's Seventh Framework Programme (FP7/2007-2013)/ERC grant agreement no 291053 and by a Royal Society Wolfson Research Merit Award. The research of RDJ was supported by NSF-PIRE (OISE-0967140), the MURI project Managing the Mosaic of Microstructure (FA9550-12-1-0458, administered by AFOSR), ONR (N00014-14-1-0714) and AFOSR (FA9550-15-1-0207). We are especially grateful to Jan Kristensen and Vladimir Šverák for suggestions and advice, and to David Kinderlehrer, Bob Kohn, Pablo Pedregal and Gregory Seregin for their interest and helpful comments. We also thank the referees for their careful reading of the paper and useful suggestions for improvement.

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(Received July 22, 2014 / Accepted May 6, 2015)
Published online May 27, 2015 - © Springer-Verlag Berlin Heidelberg (2015)


[^0]:    ${ }^{1}$ Using measured moduli of Yasunaga et al. [78,79], for this alloy gives $\kappa \sim 15 \mathrm{GPa}$. A typical maximum value of $|T|$ in the tests was 15 MPa , yielding $|T| / \kappa \sim 15 \mathrm{MPa} / 15 \mathrm{GPa}$ $=10^{-3}$.

